

SPORTS REPORT



SEDBERGH
SCHOOL

FOUNDED 1525

03 JUNE - 09 JUNE 2024



*“ALL IT TAKES IS
ALL YOU’VE GOT.”*



@SEDBERGHGIRLS



@SEDBERGHSPORT

SPORTS RESULTS

Great North Swim | Lake Windermere

Daisy M was the 1st in her age group in the 10km swim (marathon equivalent)

Florence B was 3rd U19 female in the 5km (half marathon equivalent)

Sophia T was 5th U19 female in the mile

Kitty M was 8th U19 female in the half mile

The following year 12 girls also volunteered at the Swim Run event on Saturday where they marshaled and gave out refreshments as well as a much needed morale boost to cold and exhausted swim runners at Brathay:

Sophia B
Maddie B
Isla D
Amber G
Tilly H
Maddie L
Evie R
Sophie S
Sophia T
Grace Y



Cricket

Girls U15A v Scarborough College (A) Lost

The girls just lost out in a tight cup game with a good Scarborough college team. Jones and Barker played well at the top of the order, Hetherington added a quick 28 to post a competitive total off 100 on a slow pitch.

Scarborough got off to a quick start but lost regular wickets to keep the game in the balance. When Scarborough collapsed from 87/5 to 94/8 the win looked possible once again. Unfortunately it wasn't to be and Scarborough progress through to the next round.

Boys U14A v QES KL (H) Won by 97 runs

Sedbergh 155 for 6, 20 overs beat QES 58 for 3 from 14.3 overs

Sedbergh won the toss and, with rain in the air elected to bat first. Their total of 155 was built on two partnerships. Firstly between Bentley (29 from 25 balls) and Hewson (46 from 32) who put on 65 for the second wicket. And then Hetherington (45 not out from 24 balls) and Birkbeck 8 not out. In both cases, aggressive running between the wickets mixed with powerful hitting combined to build a sizable score.

In reply, the QES batsman struggled to score at anywhere near the required rate. Taylor opened with 2 overs for just 3 runs. Gawthorpe 3 overs 1 for 11 and Hetherington 3 overs 2 for 12 made it impossible and when the rain came again QES were 51 runs behind where they needed to be on DL.

Girls U14B v Carnforth CC (A) Won by 10 wickets

Sedbergh School U14 Girls XI v Carnforth U13 Boys XI Sedbergh won by 10 wickets.

Carnforth U13 Boys XI 66 (19.0 overs)

Mycielska 3-2-1-3

Rennison 3-0-9-3

Farnsworth 1-0-6-3

Sedbergh School U14 Girls XI 70-0 (10.3 overs)

Mycielska 27*

Sedbergh comprehensively beat Carnforth by 10 wickets in a Thursday evening Westmorland League fixture with Mycielska the star player with superb bowling figures of 3 wickets for just 1 run in her 3 overs, and 27 not out with the bat. Rennison and Farnsworth also picked up 3 wickets apiece.

Boys U18A v Lancaster Royal Grammar School (H) Lost

On a damp Saturday morning in front of the newly reopened pavilion the toss was going to be crucial, unfortunately it was won by Lancaster. At 38/6 it looked even more crucial, enter Bellamy. He's started slowly before becoming more attacking as the ball got older a to top score with 63 and get Sedbergh to a more respectable total of 126. On a pitch still offering some help to the bowlers Lancaster were reduced to 60 for 5.

A half century stand for the 6th wicket was enough to take the game away as Sedbergh fell to a 4 wicket defeat. A game between two evenly matched sides was ultimately decided in the first hour of play. The fightback bun the middle lower order and the performance of the bowling unit are positives that can be taken from the day.



Girls U18A v Ampleforth College (A) Won

In an exciting encounter, Ampleforth College won the toss and opted to field against Sedbergh Girls 1st XI. Sedbergh's innings began poorly, losing Hawson on the first ball and Jones-Perrott on the second. Captain Hetherington and Starling aimed to stabilize but Hetherington was dismissed in the next over, leaving Sedbergh at a precarious 11 for 3.

However, Starling and Harrison's resilient partnership revived Sedbergh's innings, pushing the score to 62 before Harrison's wicket fell. Starling added 10 more runs before Ampleforth's captain, Dyer, ended her stay on a well-played 24 from 35 balls. Dyer finished with impressive figures of 3 overs, 13 runs, and 3 wickets. Cooke and Newman's explosive 29-run addition propelled Sedbergh to a defendable total of 120.

In response, Ampleforth's chase started cautiously against the sharp bowling of Hetherington and Jones-Perrott. Striking early, Hetherington and Hawson's double-wicket burst further troubled Ampleforth. Despite opener Tench's efforts, she was run out for 33 by Gawthorpe's brilliant direct hit. Hawson and Jones-Perrott continued to take crucial wickets, eventually sealing the victory for Sedbergh.

Starling and Harrison were pivotal in Sedbergh's triumph, showcasing exceptional cricket under pressure. Their performances ensured Sedbergh defended their total effectively, clinching a well-deserved victory. The team is diligently preparing for the forthcoming cup games, and we anticipate their continued success.

Boys U15A v Lancaster Royal Grammar School (A) Won

Sedbergh won the toss, batted first and were bowled out for 110. A fantastic opening partnership of 68 between Westmoreland (21) and Lythe (34) was the main stay of the innings. LRGs were then bowled out for 103 with Cameron taking 2 wickets, Bellamy 3 wickets and Bradley 3 wickets. A very close game that could have gone either way and the Sedbergh boys did well to keep their nerve at the end.

Girls U14A v Ampleforth College (A) Lost
Ampleforth College U15 Girls XI 172-2 (20.0 overs)
Anderson 4-0-28-1

Sedbergh School U14 Girls XI 33 (8.4 overs)
Askew 10

15 girls travelled to Ampleforth with many playing their first game of hard ball cricket. The girls' enthusiasm, support of one another and bravery, despite a gulf in cricketing experience with Ampleforth, was excellent. Anderson was the most economical bowler, bowling just a single wide in her 4 overs and picking up the wicket of an experienced Ampleforth batter. Emily Askew top scored with 10 including two well struck boundaries in Sedbergh's reply.

Tennis

Boys U18A v Bradford Grammar School (H) Won

The 1st team tennis performed exceptionally this Saturday. With all three pairings winning their doubles games before a clean sweep of singles matches. Huge congratulations to Wyndham who returned despite finishing his A levels on Thursday to lead the team to the best result of the season. Wyndham has awarded his colours for commitment and leadership over the last two years. He has been a sensational captain!

Girls U18A v Bradford Grammar School (A)

The U18A travelled to Bradford to play 2 matches on a sunny Saturday afternoon. All matches were very competitive and close and could have gone either way. our 1st pair lost to Bradford 6-2 but came back strongly to beat the 2nd pair 6-4. Our second trio were unlucky against strong opponents coming out with a 6-4 and 6-1 loss. The five girls worked hard and remained positive throughout. Well done to all girls on their positivity, resilience and friendly approach to the fixture it was a pleasure to coach. Special thanks to parents who came to support and huge congratulations to Ruby H for receiving player of the match.



Girls U15A v Bradford Grammar School (A) Draw

The team were in good spirits as we got off the bus and they were up for a good match. Things got off to a good start with Penny doing some great volleying and Poppy hitting some strong cross-court backhands. Zara was also very consistent in this first lot of matches. We played timed matches, 30 minutes each, so at the end of the first round, we came away with one win and two losses. Things got better after that, with the players having got used to the hard court surface and the much bouncier balls. Overall, we came away with a draw, winning 4 and drawing one.

Girls U14A v Bradford Grammar School (A)

This looked like it was going to be a tough match, as we arrived and saw the opposition warming up. However, as we moved into match play, it was clear that we might have the edge, with Ava and Ainhoa hitting some excellent balls and dominating from the start. They won both of their matches: 8-3 and 6-4 (we were playing a timed format). Unfortunately the opposition were very strong and although Ruby and Daisy, and India and Ana put up an excellent fight, they were defeated in three out of the four. In the final match, they drew 4-4, which goes to show that we were just getting warmed up! Overall it was a great effort from the team and the competitive spirit was evident throughout.

Athletics

ESAA Track and Field Cup Regional B Final (A)

The year 9/10 team girls team won the regional B round, in Blackpool, scoring 316 points. The girls put in some great performance despite the tough conditions, which paused the event for 30 minutes. Many athletes achieved district and county standards, but the performance of the day went to Victoria C (L) for setting school records in 100m (12.6s) and high jump (1.60m) which are both national standards.

Click [HERE](#) to watch Victoria's record-breaking high jump performance.

CSAA Track and Field Championship (A)

32 athletes competed for the South Lakes District in Carlisle. It was an extremely competitive day. Notable performances from Emma S, breaking the 100m (12.3s) & 200m (26.0s) school records, achieving national standard, Victoria C 100m record from Wednesday (12.5s), Hugo B won the IB 1500m. Alex S won Javelin and Lucas M won the shot putt. Multiple other pupils finished in the top 2 and will be selected to compete for Cumbria next week.

Golf

Mixed U18A v Ashville Harrogate (A) Lost

Sedbergh travelled to the beautiful Oakdale Golf Club in Harrogate. Sedbergh travelled with a young team led by Evan Williams and many were playing in the 1st team for the first time. It was a combined Stapleford score that counted overall.

It is essential not to make excuses but on this occasion, local course knowledge was a massive home advantage for the Ashville team but their victory was certainly well deserved. We were brilliantly hosted by our Yorkshire neighbours and we look forward to playing them again in a return fixture.

Mixed U18A v Giggleswick School (A) Won

We took a young team of three L6th and two Yr10 golfers to play Giggleswick. Settle Golf Club is very picturesque, testing, and at times, challenging.

Some of the Giggleswick boys struggled at their own home course despite their high handicaps. Sedbergh were clear winners but it was a very enjoyable afternoon.

We look forward to our midweek fixture v Ermysteds.

Sailing

Mixed U18A v Winsford Flash Competition (A) Won

On Saturday, the sailing team travelled to Winsford Flash to compete in the North West Travellers series in both the single and double handed competition. In strong winds averaging close to 30 knots, the team performed excellently with Jamie and Toby taking the lead in the double handed competition after the first two races. However, with brilliant tactics and gooz winging from Ava and Angus, they won the final race of the day propelling them into first place and winning the double hander competition.





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