

SPORTS REPORT



SEDBERGH
SCHOOL

FOUNDED 1525

30 OCTOBER - 05 NOVEMBER 2023



*“ALL IT TAKES IS
ALL YOU’VE GOT.”*



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SPORTS RESULTS

Boys' Hockey

U16 Boys Cumbria tournament

1-0 win Windermere

1-0 win v QES

3-0 win v Cockermouth

0-1 loss v The Lakes

Despite very little pitch time the lads were able to put together three decent performances guaranteeing the under 16s qualified for the North-West finals next term. Despite losing to the Lakes there were many positives and valuable lessons; Tom B's strength at short corners; Will A's strength in the centre and Rocco C's attacking flair all stood out whilst in the final game the loss of composure after conceding early on resulted in panic on the ball, a loss of touch and the boys losing their passing game resulting in a poor team performance - valuable lessons that will be taken in next term as this team looks to qualify for Nationals once again.

Girls' Hockey

1st XI v Dean Close (H) Lost 3-0

For the first time under lights Sedbergh 1st Team took on one of the best teams in the country when they faced Dean Close. Missing captain Lindsey and vice-captain Sinclair-Bruce through illness Sedbergh showed tremendous character and fight to keep the scores 0-0 at the break. All members of the side working tirelessly. Thompson, Newman and Barley all made countless tackles while upfront, seniors Dunkin and Captain Broderick were unceasing in their tenaciousness.

With 5 mins remaining in the third quarter and with the rain pouring down Dinsdale was finally beaten with a very good piece of skill. The final quarter produced two good chances for Sedbergh when a slick move put Goodhart through, only to be fouled. The resulting corner led to Newman firing the ball across goal but no one could get the final touch. In the last 5 minutes Dean Close scored two more identical goals as Sedbergh tired and the gaps appeared. A great evening and a very worthwhile match with big cup fixtures on the horizon.

2nd XI v Rossall (A) Lost 2-0

The 2-1 loss in the corresponding fixture at the start of term, the girls only defeat to date, was motivation enough to ensure the girls put in a dogged performance. Hannah M scored on the counter twice in the first half as Sedbergh defended deep and hit their opponents on the break with quick passing down the lines and the forwards working hard to get high up the pitch.

The first finish, a dink over the onrushing Rossall keeper was a particularly composed finish. After the break Rossall pressed hard and secured a number of short corner, but last ditch dogged defence and some good saves from Alice B kept a clean sheet a secured victory. Special mention to Izzy G and Hannah M, joint players of the day.

3rd XI v Rossall (A) Lost 2-0

Despite an excellent first half performance in which the girls dominated possession, they fell to a slightly disappointing loss after conceding to the only chance Rossall had just before half time and then gifting a second midway through the second half after a misjudged pass across the D. Tilly G, Imo K and Bea L dominated the central areas of the pitch for long spells, whilst Ayira B moved the ball with pace and accuracy down the right wing, often setting up Sedbergh's attacks.

Unfortunately the forwards failed to get into the opposition D consistently and many opportunities to score went begging. The second half saw the play become more disjointed and Rossall have the lion's share of opportunities, but Imo K's introduction at centre forward saw Sedbergh come close to scoring in a late surge. Unfortunately however the girls failed to find the back of the net and found themselves on the wrong side of the result.

U14A v Rossall U15A (H) Won 2-0

The U14 A team played the Rossall's U15 team and it was a very tough match but lots was learnt from it. Sedbergh won 2-0 and Matilda scored both of the goals. Rossall didn't play with a usual structure which made it tough to play against and we found we lost our shape and structure at times too and played very narrow in the first half. But in the second half, after the team talk, we upped our standard and played much better hockey passing the ball stick to stick and holding our structure a lot better than the first half.

(Written by Harriet)

U14B v Rossall U14A (H) - Lost 1-0

Our team played consistently well with good possession throughout the game. We did some good passing but still areas we could improve. But we showed good grit and determination. A massive well done to our well deserved player of the match Ruby K. We are building our skills and gameplay well and are looking forward to performing well for the rest of our season!

(Written by India)

Netball

U14A South Lakes Tournament - 1st place

We started off with a great match and really bonded well as a team. The centre passes were strong, our attackers were ready, and our defenders were determined. We stayed like this throughout the tournament with impressive, strong passes. We were consistent throughout the games and won with very promising scores. We finished with a very good score in the final and are ready for the fight in our next tournaments and games!

(Written by Bea)

2nd VII v QEGS Penrith (A) Won 21-14

We started off slowly, but making good possession and space down the court with some game-changing shooting from Emily and Eve. The opposition then brought it back in the last third however some swift interceptions from the MVP Bea and quick feet from Georgie we ended the game with a 21:14 win. Well played everyone.

(Written by Millie)



U16B v QEGS Penrith (A) Won 15-12

In the first quarter we had a good start with Elif as GA and Alice as GS shooting. We got an early lead making some good interceptions and were in control of play finishing the first quarter. The second quarter we carried on with high intensity and push pressure on the defence. Our target in the third quarter was to slow play and focus on accuracy of our passing and decisions. We finished 15-12 with Alice getting player of the match.
(Written by Hattie)

1st VII v Scarsbrick Hall (H) Won 52-30

The 1st VII Netball Team took on Scarsbrick. This was a match we wanted to win to get us through to the next round of the sisters and sister cup. We started off with a strong warm up getting us pumped for the match. In the 1st quarter we started off strong by pressuring the ball from the defence off the back line. This was then carried down the court through to the attack where Liz put up the first shot to get us on the board.

This gave the team a big boost to get them going. After this play we all worked hard for 15 minutes within four units to pull away open up the score. In the 2nd quarter we had a dip as a team but we didn't let that affect our game as we fought through and worked the ball around in attack with Ella doing some great feeds into the D and the shooters working well off each other. The 3rd and 4th quarter we were very strong as a team pressuring the ball throughout the court. This then led to Liz making some exceptional interceptions. Heather's composed shooting meant as a team we pulled away from the opposition. Overall as a team I think we played one of the best games against Scarsbrick, leading the final score to be 52-30 to Sedbergh. Good match girls.

(Written by Hannah)

Running

National XC Relays – Berry Hill Park, Mansfield

Six teams made the journey down to Mansfield for the National XC Relays at Berry Hill Park, Mansfield. The National XC Relays attract the best runners in the country. The event is superbly organised and our athletes acquitted themselves well despite the very wet conditions and the tough opposition. The standout performance of the day was by Hugo B (10SH) in the first Leg of the U15 Boys team. Hugo set off with the leaders and ran strongly to hand over in a highly commendable 4th place. His teammates Harry S (9S) and George M (9H) tried their best but couldn't live with the pace of the older runners and the team finished 27th / 92 teams. It is good for our athletes to measure themselves against higher level competitors and all runners learned a great deal from the experience and they will go back to training with a redoubled enthusiasm.

U17 Girls (3 x 2.5km) 37th / 63

Leg 1: 11:02 Scarlett H; Leg 2: 11:05 Grace W; Leg 3: 10:30 Elif S

U20 Women (3 x 2.5 km) 28th / 46

Leg 1: 11:27 Heather B; Leg 2: 12:08 Sophia C; Leg 3: 10:53 Isabelle B

Junior Men (3 x 3 km) 59th / 81

Leg 1: 11:29 Rufus F; Leg 2: 11:12 Alfie S; Leg 3: 11:53 Will C

U17 Men (3 x 3km) 75th / 88

Leg 1: 11:21 Bruno F; Leg 2: 12:10 Joe H; Leg 3: 12:50 George S

U15 Girls (3 x 2km) 42nd / 93

Leg 1: 8:45 Daisy F; Leg 2: 8:56 Sophie N; Leg 3: 8:56 Julia F

U15 Boys (3 x 2km) 27th / 92

Leg 1: 6:46 Hugo B; Leg 2: 7:59 Harry S; Leg 3: 7:40 George M



Rugby

1st XV v Clifton College (A) Lost 17-7

The 1st XV lost narrowly to a strong Clifton side away from home in a very close and competitive fixture. Clifton scored a crucial try right on the stroke of half time when they capitalised on an unclaimed bouncing ball in the back field which proved pivotal. Sedbergh came out firing in the second half playing some brilliant rugby at times, but we couldn't quite get over the line against desperate opposition defence. A huge number of positives came out of this match and we now look forward to returning to Busk v Warwick on Saturday.

2nd XV v Clifton College (A) Won 45-14

In the first half, Sedbergh showed a lot of patience in the way they attacked and built a convincing lead by halftime. However, Clifton College staged a comeback after the break, scoring two tries that put Sedbergh's character to the test. It was Sedbergh's defence that ultimately shone through, and they were able to navigate their way out of this patch of the game and went on to score some crucial scores to take the game away from Clifton. Stand out performance from Jackson, who led by example with his exceptional carrying and tackling. His performance was capped with an impressive try at the end.

3rd XV v Clifton College (A) won 62-5

After a poor start the 3rds eventually found their rhythm and clicked into gear to score several tries in the first half. The strong running of O Sayer continued to punch holes, in the Clifton defence for the backs to take advantage. A good win for the 3rds against a very competitive Clifton team.



U16A v Clifton College (H) Won 29-10

In a rematch of A1's first match at the Millfield festival, the Brown took on a strong Clifton side on Busk.

A physical game it was the visitors who scored first through a penalty but the Brown retaliated through a well worked team try by winger Twigg. A second soon followed through centre Jacques T scithing through a broken Clifton defence.

Half time 10-3

Sedbergh made a few errors early in the second half but the defence stood strong. A lineout in the opposition 22 that did not go to plan actually led to prop McCall running in from 10 metres. Conversion good. However Clifton continued to frustrate the Brown and a line break led to a well worked try out wide. A very good Touchline conversion brought the game close 17-10. The Brown responded well and two further converted tries from impressive Flanker Jewsbury made the game done and dusted.

U16B v Clifton College (H) Lost 15-14

A2 were just edged out in a brilliant fixture on BH2 between two good teams.

U15A v Clifton College (H) Won 15-7

In a fiercely competitive game B1 managed to earn a win against a strong Clifton side. D De Lannoy scored a well worked try in the first half and C Lythe scored from a closed down kick. Clifton has most of the possession in the second half but B1 defended with ferocity and commitment. It was great to have T Bentley back.

U15B v Clifton College (H) Won 54-12

B2 engaged in an end-to-end battle with Clifton in the first half scoring 3 tries and conceding 2 to turn around 19-12 ahead. With the coach dealing with an injury the players delivered their own half time talk. We quickly scored 2 tries and took control scoring some good tries to finish 54-12 winners.

Note to self, stay out of the way at HT..

U14A v Clifton College (H) won 50-0

C1 produced their best performance of the season to date to run out comfortable winners against a capable Clifton side. C1 started strongly and scored early through Laird after some good phase play and strong carrying from the forwards. Two more scores put us up 17-0 at half-time and the second half saw us spread the ball more and we used the width of the pitch to good effect to add 5 more tries. Clifton had their moments but tenacious Sedbergh defence kept them out and a good performance and result was the deserved outcome.

U14B v Clifton College (H) Won 26-0

Boys started well placing Clifton under a lot of pressure and came away with two tries in the first half, second half was trickier with Clifton having a lot of the ball however our defence was strong and kept a good Clifton side 0 on the score bored with a further two tries in the second half. This side is making winning a habit.







**SEDBERGH
SCHOOL**

FOUNDED 1525

**Admissions@sedberghschool.org
015396 20535**

WWW.SEDBERGHSCHOOL.ORG

