



Sedbergh
SCHOOL

SPORTS REPORT

28 OCTOBER - 03 NOVEMBER 2024

SPORTS RESULTS

Running

Senior, Intermediate, Junior Boys & Girls v English cross country relays (A)

The Sedbergh School running team hit the road early to take part in the prestigious National Cross Country Relays at Berry Hill Park in Mansfield, a competition attracting some of the country's elite club and university runners. Spirits were high, with Sedbergh pupils thrilled to meet Olympian Phoebe Gill, who graciously took photos with the team before the races. The day began with the U20 Women, who battled hard and finished a respectable 33rd out of 47 teams—an impressive showing given the caliber of the competition. Among Sedbergh's teams, the standout performance came from the U17 Women. Daisy F (L), Elif S (R), and Jemima H (L) secured a commendable 38th place out of 66 teams, demonstrating determination and team spirit throughout their legs.

For the U17 Boys, Hugo B (SH) started strongly with an impressive 11th-place finish in his leg (most of it with one shoe!), setting the tone for the team. Ultimately, they concluded the event in 64th place out of 92 teams, gaining valuable experience on a challenging course. The U15 Girls team, featuring Julia F (L), Sophie N (L), and Betsy H (L), competed well, earning 55th place out of 89 teams. Meanwhile, in the U15 Boys race, George M (H) had a fantastic lead leg, finishing 40th—a feat made all the more notable by the fact that mere seconds in this highly competitive field could mean a shift of 20 places. Newcomer Alec M (P) took on the second leg with confidence, followed by Logan S (E), a Year 9 runner showing impressive promise. They wrapped up in 58th place out of 91 teams.

The National Cross Country Relays remain one of the most organized and competitive events on the calendar, providing Sedbergh's runners with invaluable experience. It was an inspiring day for the team, packed with learning moments and camaraderie among some of the best young runners in the country.

Sailing

Mixed U18A v CCF National Regatta (A)

The Sailing 1st and 2nd teams headed down to Southport for the CCF National Regatta, sailing in Fusions and Argo's with Asymmetric spinnakers. There was a good turnout from schools across the country and the fleet was 19 boats.

Both teams had a great first competition day. Showing excellent teamwork and the patience needed for light winds. The 1st team Captained by Angus placed 2nd in the Team Cup, 4th in the Argo Cup and 4th in the Fusion Cup. The 2nd team Captained by James placed 4th in the Team Cup, 9th in the Argo Cup and 5th in the Fusion Cup.

On the second competition day the teams showed further improved teamwork which also came with higher winds. Racing was very close and the positions were fought throughout the day.

The Sedbergh Teams did very well against some experienced competition and achieved the following results at the end of the regatta.

1st Sedbergh Team
2nd prize overall in the Team cup
3rd place in the Argo Cup
3rd place in the Fusion Cup
2nd Sedbergh team
4th prize overall in Team cup
8th in the Argo Cup
6th in the Fusion cup.

Hockey

Sedbergh HC v Wigton 2's (A) Lost 7-1

Sedbergh HC faced a challenging match on Monday night against Wigton 2s. We encountered difficulties in effectively transitioning the ball from our defense to our forwards, which impacted our ability to create solid scoring opportunities. Additionally, we struggled to establish sufficient width and height across the field, limiting our capacity to stretch Wigton's defensive structure and find space. These areas have highlighted aspects of our game that we need to refine, and we're committed to focusing on these improvements during our upcoming training sessions. With Saturday's fixture ahead, we're determined to come back stronger and improve these key parts of our play.

Girls U18B v Rossall School (A) Won 3-0

Sedbergh made a strong start in their away match against Rossall. Ginny opened the scoring with a sharp finish in the first half, giving Sedbergh an early lead. In the second half, Sedbergh kept up the pressure, with Bella Kirby finding the net to make it 2-0. Shortly after, Penny Vincent added a third, securing a comfortable win for the visitors.

Sedbergh HC v Carlisle 2 (H) Lost 10-1

It was a challenging week for Sedbergh HC, as we faced Carlisle 2s on Saturday. We knew it would be a tough game, and despite fighting until the very end, Carlisle 2s proved too strong across the board. We'll be training hard this week, focused on preparing for our next challenge.

Girls U15B v Rossall School (A) Won 1-0

In a hard-fought match the team very much dominated and had a lot of the possession, the score was a 1-0 victory, highlighted by Evie's goal.

The team passed the ball from the back down the right wing and crossed it into the D, with a quick first touch, Evie slapped the ball into the goal, securing the lead. Defensively, the team was rock-solid, with defenders putting in a strong performance. Despite some late pressure, the back line held firm, ensuring a well-deserved win. It was a complete team effort.

Girls U14B v Rossall School (A) Lost 3-1

The U14B girls travelled to Rossall to play there U14A team. The Sedbergh girls went 1-0 up after a good goal from Lula Cook. The Rossall team for the remainder of the first half were hounding the Sedbergh goal, there was some great saves from Mariia Pomazan however the Rossal girls then managed to score 3 goals. A great game to watch and the girls battled well against a strong Rossall A team.

Rugby

Boys U18C v George Watson's College U18B (A) Won 24-12

In their best performance of the season so far the 3rds soaked up early pressure from a big physical George Watson team before breaking away and scoring a full length team try with Rumunn finishing the move under the posts. Watson's immediately hit back levelling the score before the 3rds managed another try on the stroke of half time as Wells crashed over from a 5m scrum.

The second half continued as the first with both teams scoring well worked tries. However it was the 3rds who held on for well deserved victory.





Boys U16A v George Watson's College (A) Won 21-17

It was great to get another chance to play this good team in the same season and use the performance as a measuring stick to how much development has happened across the previous 8 weeks.

A highly rated team hosted us, however, using the positive experiences from last half-term the A1 side knew how much effort and desire can swing the game. They proved this to be the case, flustering the opposition's attack and then taking their own opportunities to score.

Where execution has previously been lacking, both the backs and forwards did well to take chances and score three brilliant tries. The scores the home side had, were well earned but they were kept wide which was a deciding factor in the result.

For the last 10 minutes Sedbergh were camped in their own 5m line defending to see the game out. They succeeded and the reward was another feeling of team joy. A great performance all-round.

Boys U18C v Parkview Academy 1st XV (H) Drew 14-14

4ths came up against a big physical Park View team on a grizzly day on Powell. Both teams struggled to keep the ball but it was Park View who scored two first half tries to take a 14 point lead into half time. The 4ths were bolstered in the second half by Smith and Kelly who were returning from injury and it was Smith who scored to reduce the difference to 7 points. The 4ths continued to press and Cooke took the ball from a ruck and ran down the blind side to score under the posts. The try was converted to make the final result a fair 14-14 draw.

Boys U18A v Northampton School for Boys (A) Won 40-12

Sedbergh started the game strong with a lot of opportunities to get on top but unfortunately couldn't convert to points. NSB then scored a try out of nowhere, and as a result, kick started the mentality needed within the group to gain control back. Sedbergh then scored three quick tries with some fantastic rugby on show which stunned the opposition. NSB managed to get over the try line again just before half-time to keep the game alive with the scores at 17-12, however there seemed to be a calm reassuring confidence within the group that if we managed the controllables then we would be in a good position after the final whistle.

The boys produced exactly that, and we finished the game on our terms with another three scores in the second half and conceded no points to finish the game 40-12. A brilliant start to the second half of the season and building nicely for the challenges that still await us.

Boys U18B v Northampton School for Boys (A) Won 50-8

Sedbergh 2s travelled to Northampton School for Boys, looking to regain the momentum they had built before the half-term break. In the first half, they showcased exceptional rugby, building a 24-0 lead by halftime. However, this score didn't reflect the tightly contested nature of the match, as Sedbergh found themselves frustrated at times, unable to convert promising opportunities.

The second half saw Sedbergh fly out of the blocks and execute some of their best attacking sets of the season, which allowed them to pull well clear of NSB. Standout performances included Lukas W, who scored four tries, Chris Kirby, who posed a constant threat in the loose, and Zach B, who worked tirelessly across the pitch. However, Man of the Match was awarded to Freddie W, who was a consistent threat with the ball and made some key defensive moments during the game.

Boys U15A v Northampton School for Boys (H) Won 39-38

In a much-awaited game for B1, against a side that had been unbeaten pre half term, with some impressive victories along the way, it was the Brown that came out of the blocks the fastest. B1 played their best rugby to date in a first half opening period of 25 minutes, scoring four excellent team tries.

Team tries from Cameron, Rowley, Hope and Hewson set the tone, with Hope converting two. The game then became more even, and the visitors took advantage of a weak kick clearance and scored out wide. The game then ebbed back to the home side through some good defensive shifts which enabled Sedbergh to score a fifth again through Cameron which was converted.

The first half did not end there though and NSB were determined to finish the first half well, and so they did by scoring two tries, both converted which ended the first half at 31-19 to Sedbergh.

Some honest words at half time, led to the Brown starting the second half well, again having patience, going through the phases, and scoring out wide, alas the conversion hit the crossbar. The score was then added to by a penalty in front of the posts which made it 39-19. However, the visitors started to turn the screw and pressured the B1 side into making errors and conceding penalty after penalty. The visitors scored three tries in the last 10 minutes to bring the game incredibly close, but it was B1's day to hold off the final advances and win by 1 point.

A great game of schoolboy rugby but many lessons learnt for both sides.

Boys U15B v Northampton School for Boys (H) Won 29-7

Probably the strongest B2 squad fielded in recent times where up for the challenge of a school with a big reputation. We started strong and finished strong. In between there were some magical attacking moments backed up by an aggressive defence which Northampton struggled to breach.

In reality the thing that kept them in the game was the propensity of penalties we scattered through the game. Great attitudes from the boys that came from the extended B1 squad, thank you. Final score 29-7 but if we'd have cut the penalties out it could have been more. Satisfied as a coach but with away games upcoming we need to be squeaky clean. On to Tuesday.

Boys U14A v Northampton School for Boys (H) Lost 31-10

A lack of urgency and accuracy at the breakdown resulted in a penalty count significantly in NSB's favour, and lapses in both team and individual defence provided Northampton with opportunities to take the game away from Sedbergh.

Colts C's brightest moments in attack came when they ran with pace and looked to securely offload the ball out of contact. For further success Sedbergh will need to create opportunities for their exciting backs to get the ball in space. Two such occasions that did materialise saw Ben Burton and Jake Goodhart create and finish excellent solo scores.

Boys U14B v Northampton School for Boys (H) Lost 46-7

C2 came out the blocks with determination and played some of the best rugby they've played this year. Some seriously impressive structure and decision making meant we were drawing their players in and exploiting the gaps out wide. We looked like a new team and took the first points to go 7-0. C2 had to start the second half with the same intensity as the first, but with heads down, we struggled to deal with some big, strong runners, and we let the game slip away from us, never finding the form we showed early on. It is important to stay strong as a team and fight until the end, no matter the score. There were glimpses of nice rugby towards the end of the game, but NSB went on to win 46-7. Lots to learn from today, but also some positive to take away.



EST. 1525

Sedbergh

SCHOOL

Admissions@sedberghschool.org
015396 20535

WWW.SEDBERGHSCHOOL.ORG

