

SPORTS REPORT



SEDBERGH
SCHOOL

FOUNDED 1525

25 SEPTEMBER - 01 OCTOBER 2023



*“ALL IT TAKES IS
ALL YOU’VE GOT.”*



@SEDBERGHGIRLS



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SPORTS RESULTS

Basketball

1st Team v QES Kirkby Lonsdale (A) | Won 60-36

Our first fixture of the year proved to be a close affair in the first half seeing Sedbergh hold a narrow lead of 19-16 at half time.

The second half however showed the superior fitness of the Sedbergh boys who ran QES ragged with quick incisive attacks. Special mentions go to Will B (H) who orchestrated the attack superbly, and Benedikt T (E) whose 3rd quarter performance as a Year 10 competing against Sixth formers was top drawer.

There's plenty to work on but this is a good start to the season.

Hockey

U15A v Kirkham GS (H) Tier 1 Cup | Won 4-0

On Tuesday, the u15a took on Kirkham grammar school at home. Sedbergh started off strong scoring in the first 10 minutes by Darcy! Another goal followed in quick succession with most ball play in our attacking quarter. Sedbergh won many short corners with Ginny scoring an excellent drag flick to get the 3rd goal. Sedbergh came back strong after half time, keeping possession and individual players showing off their skillz. Penny got a deflection after a cross in from Ruby making the score 4-0. At the final whistle, Sedbergh were very pleased with the result and the way the team had conducted themselves. A great outcome for Sedbergh school and existing prospects for the u15 season.

U14A v Pocklington (A) Tier 1 cup | Won 8-0

The U14A team had a long journey to Pocklington to play in the first round of the Tier 1 Cup. The girls started well, showing clear desire to come away with the win, chasing down loose passes, executing the press early, and not allowing Pocklington space to play their hockey.

Bea scored the first goal after 6 minutes of play which settled the nerves and the girl's confidence grew. They had lots of opportunities, with the opposition keeper making some good saves, particularly saving a top corner reverse shot from Sophie. However, the girls kept the pressure high, and goals quickly followed from Harriet, Poppy, Bea and Nicole.

It was brilliant to see the team gel and work together, holding shape well and linking up across the pitch. The team press was very effective, with the opposition struggling to outlet, resulting in us winning the ball high and continuing to apply pressure. This was an exciting first cup game, with lots of practice on out attacking play, but the girls moving forward know the key areas of focus are how we collectively defend and outlet under pressure ready for when we face tougher opponents during the cup run.

U16A South Cumbria Tournament (A) – 1st Place

The U16 travelled to compete in the local county championship. This was the first time many of the payers had played together. The format was four 15 minute one way games which can prove testing with the limited time to break down opposition.

However, Sedbergh we're more than prepared for the test, starting the first game with superb intensity. This trend echoed through the entirety of the day with spells of outstanding fluid hockey deserved with goals galore.

Sedbergh won all four games 2-0, 1-0, 2-0, 4-0 with captain Liv. Barley and seniors players Jemima, Elsie, Anna and Freja all putting in strong performances. Sterner test await the U16 this week as they begin their tier 1 campaign.

1st XI v Repton (A) | Lost 4-1

The 1st Team played a Repton Saturday team in preparation for the league game this coming Tuesday. The game left all feeling frustrated in a performance that promised much but also clearly highlighted the teams short comings. Dominating the first 20 minutes of play Sedbergh looked imperious. Full of energy, pressing and speed. They created numerous chances with Goodhart, Broderick and Sinclair-Bruce all going close. When Lindsey hit the post and then shot just wide a feeling that a goal was coming was inevitable. Then out of the blue, Repton countered, shot and scored. Changing the complexion of the game completely. Sedbergh went into chase mode, and the chances kept coming, and going, the levels of anxiety grew too. After the break, Sedbergh again started strong and Lindsey equalised, relief. Sedbergh pushed for a second, Repton broke once more and scored again! From this point on as Sedbergh fought to find a way past a very capable Repton Keeper the fear at the other end led to doubt and some poor choices. With Repton scoring two more times, ending with a crazy statistic of four shots on target, four goals.

Hopefully, for Sedbergh this will be a real learning moment. They must understand the importance of taking chances when presented while staying calm and focused across the pitch and making sound decisions in deep defence.

2nd XI v Repton (A) | Won 3-0

Sedbergh had a very positive performance against Repton's 3rd XI. The first half saw Sedbergh dominate but fail to convert possession and territory until just before half time when Evie R finished off with a tap in on the left post a move down the right wing and slip left bypassing the excellent Repton keeper. Sedbergh continued to dominate in the second half and two further goals, a perfectly executed short corner routine resulting in a Annie K score and a first time deflection by Hannah M gave Sedbergh the score line their dominance deserved.



3rd XI v Carlisle 3rd XI (A) | Drew 1-1

Sedbergh Hockey Club travelled to Carlisle early on Saturday morning, eager to win but unsure what to expect, as for many of the girls, this was their first time playing ladies league hockey. Upon arrival the team were a little sleepy, so Captain Bea led a lively warmup so the girls could commence the match with intensity and purpose. We settled well into play, and there was lots of end to end hockey. Fran, Robyn and Elif maintained width excellently, and Hattie, Ellie and Lilleah kept the height. Team structure was something the girls have been working on in training, so it was lovely to see them put this into practice. Both Carlisle and Sedbergh had many shots on goal, but Heidi was able to keep these out. Sonia, Belinda, Alice and Eleanor had to work hard at the back to cope with the Carlisle attack. Towards the end of the first half, Carlisle capitalised on a Sedbergh miss-pass and went 1-0 up at half time. Sedbergh received 4 short corners in the first half, but were unfortunately unable to convert any of these, with one hitting the crossbar.

At half time, the girls reiterated that we needed to maintain our width, as well as run to meet the ball when it is passed to them. The girls came back in the second half with fire in their bellies, and were looking the stronger team. A fantastic goal came from a penalty corner, with Scarlett sinking the ball into the top left of the net, scoring Sedbergh Hockey Club's first ever goal, and equalising with around 5 minutes to go until the end. Sedbergh kept this pressure up, and continued to look dangerous. There was, unfortunately, not enough time to capitalise on this pressure, and the final result was a 1-1 draw. The girls voted for their player of the match, with many votes going to Bea, Scarlett and Heidi, but Izzy came out on top for her relentless defending and play-making from the middle. The girls will continue to work on the accuracy and speed of their passing, as well as meeting the ball in training sessions this week, ahead of their fixture against Penrith 2s next week.

U15A v Repton (H) | Lost 5-1

Today we had an exciting game against Repton. With the first few minutes being a very intense match with them scoring two back to back goals by narrowly getting past our defence. We did not let this get our heads down and with pure resilience we scored our first goal by a deflection off Dani ending our half time nicely.

We had a very encouraging team talk and re focus and came back to the pitch with our Intensity level as high as ever. We fought hard with determination for the first ten minutes and defended short corners really well but unfortunately as we started to get tired and our intensity levels dropped and they managed to score a few goals. We didn't let this drop our spirit and we kept getting brake throughs but unluckily we didn't score from them as their defence was strong. Ending in 5-1 to Repton and a very well played match by everyone.

U15B v Repton (H) | Lost 5-0

(Report written by Heidi)

The Repton game was a tough match and U15 second team learnt a lot. The first half was a hard match but after we had a team talk from Miss Thompson, we started to use the whole of the pitch's width more. This was a learning experience but with an unfortunate loss of 5-0.

U14A v Repton (H) | Lost 4-0

After a successful game earlier in the week, and a very productive training session on Friday focusing on individual and collective defensive responsibilities, the girls knew this game was going to be challenging, but they were all up for the test. After a delayed start and some very adverse weather conditions, the game started evenly with both teams showing good attacking and defensive play in some end-to-end hockey. Our back four defenders worked hard at maintaining shape and trying to transfer the ball, and Harriet, Bea, Poppy and Matilda in the midfield had brilliant work rates trying to support the outletting play. early. The game was end-to-end and really tested the teams fitness. Whilst the score doesn't reflect the close and competitive nature of the game, the girls know their workrate was brilliant and that they continue to improve each game they play.

U14B v Repton (H) Lost 1-0

(Written by Lily and Ruby D)

The team were feeling good despite the rain in Sedbergh. The match was going to be a challenge, but we think the team played brilliantly. The team got stuck in and pushed forward into tackles, winning the ball and driving into space well. Our defence were strong with great support from attackers that drove forward when receiving a powerful hit. Emily Rycroft our goalkeeper received player of the match, for fantastic saves from Repton attacking side. The final result was 1-0 to Repton. The team played well and so many members of the team deserved player of the match and lots of effort put in from the whole team.

Running

Eskdale Show

Illness and injury meant a slightly reduced contingent of 9 hardy Sedberghians toed the start line in the drizzle at Eskdale Show, to tackle the 4.5 mile route covering some tricky terrain. Getting out of the starting field was the first challenge, with a stream crossing and a fence to vault, before a steady climb up to the ridge and Blea Tarn.

A blast along the ridge was followed by a steep, technical descent back to the intake fields, before the fence and stream crossing were cleared again, this time on tired legs. Luke Cosgrove gets the prize for artistic merit, successfully vaulting the fence at speed. The drizzle had become a heavy downpour by this time, but all were in high spirits and there were some excellent performances, and lots of support for each other on the fell. The organiser's decision to incorporate some of the junior races into the main race meant there were lots of individual battles, and all of the runners performed well.

Joseph H, Harry E & George S were all amongst the prizes in the U15 race, and Bruno F put in a strong display to finish well up the field. Performance of the day belonged to Dan D, who made his intentions clear from the off, pulling away from most of the field on the first climb, and chasing the much more experienced race leader home to finish second in an impressive 35 minutes.

SAILING

Sailing Youth Travellers Fixture

Toby H and Angus G competed in the final North East Youth series of the year in fickle wind conditions. A new boat and new pairing provided challenge for them both to overcome. An admirable performance saw them come 1st in class, whilst also leaving room for improvement as the year progresses.

NETBALL

1st VII v Stonyhurst (H)

The 1st VII played a thrilling game against Stonyhurst. The whole team put the pressure on from the first whistle, resulting in lots of ball being won throughout. Kaz and Sadie making some impressive interceptions in the mid court, Ella making some exceptional drives and Liz shooting very accurately leading her to be man of the match. It was another great team performance resulting in a win of 56-25 and seeing us through to the second round.

2nd VII v Stonyhurst (H)

The 2nd VII had some new faces in the team this week being called in to help out and they were great additions to the team. It didn't take the girls long to settle and they found a rhythm that was built upon throughout the game. Lots of tips and intercepts from our defence, backed up by our midcourt Millie and Bea who also took some key intercepts. Some good work in attack, with some great feeds from Georgie and some accurate shooting from Evie and Lily resulted in a win against Stonyhurst 39-19.



3rd VII v Stonyhurst (H) | Lost 29-28

The mighty 3rds played an impressively competitive match against a strong Stonyhurst side. A number of the girls donned the Brown dress for the first time and revelled in the camaraderie the 3rd team brought. A large squad meant that there were a few experimental rotations but excellent play was seen from all. Top shooting from newcomers Wilkie-Smith and Rosie N supported by the incredibly versatile Bella P, meant that end-to-end attack was brilliant to watch. Skilful centre court play from Eadie B, Jemima, Ruby F and Olivia G allowed for excellent balls into the circle. Consistent defence from Kitty W, Erin O'N, Bella S and Alice B created a very competitive match ending in an exceptionally close one-goal defeat!

U16B v Stonyhurst (H)

(Written by Hattie S)

The U16B team were up against a strong Stonyhurst 3rd team this week. The team played very well, with lots of interceptions and everyone putting all their effort in, great shooting from Elif and Alice A, the girls showed a massive improvement on passing accuracy too. There was great defensive partnerships with Charlotte P and Imogen K in the circle too, with Izzy F getting free every time and linking attack and defence through the court. Robyn S got player / coaches player of the match with the final score being 40-25 to Sedbergh.

U16A v Ripon GS (A)

The 16As travelled to Ripon Grammar for Round 1 of the SIS cup. The first quarter the girls needed to find a rhythm and settle into the game which they soon did by quarter 2, working the ball through court with more ease. In the second half they pushed on letting the ball go and taking a few risks feeding the ball into our shooters. But the constant defensive pressure and slickness in attack results in a big win of 49-11 to see them through to Round 2.



Rugby

4th XV v Kirrbie Kendal 1st XV (H) | Won 41-7

Another eclectic mix of boys took the field down on Riverside having been denied their chance to play on BH1 by storm Agnes. Conditions didn't lend themselves to expansive rugby and were a great leveller. Kirrbie Kendal lead early in the first half but organisation and structure allowed the 4ths to grind out a 41-7 victory which was actually a better contest than the score implies.

U15A v Stonyhurst (National Cup) | Won 22-0

B1 progressed to the next round of the National Cup following a very physical confrontation of a match against Stonyhurst. The weather made handling very challenging and Stonyhurst, following singing their school anthem pre kick off were fired up and quick to jackal. This disrupted Sedbergh continuity (as well as our own handling mistakes). Sedbergh went in 7-0 at half term following a dynamic D Bradley line break just before half time. The second half Sedbergh's handling improved as did their urgency to the breakdown. J Foulds marshalled the game well, O Irwin looked a likely prospect on the wing and J Patterson and W Coke put in the hardwork to ensure ball retention. It was a tough match and one that the side will learn from.

3rd XV v Ermysteds 1st XV (A) | Won 24-0

3rds played into strong wind and rain in the first half and managed to prevent a good Ermysted's team from scoring. In the second half 3rds pinned the home team down and scored three well taken tries for a fine victory in difficult conditions.



U16A v Kirkham GS (A) | Won 19-18

A1 travelled to Kirkham on Wednesday to play an opposition that would definitely challenge the Brown physically and mentally. It was a stern test for A1 who were frustrated early on in the tie due to injuries and the weather preventing them from playing a more expansive game. A knock on from a set play gave Kirkham an attacking scrum in the defensive 22, and whilst the Brown Scrum dominated, a strong carry from the Kirkham 8 dragged in A1 defenders and an early score for the hosts to lead 7-0 after 5 minutes.

A reaction was needed and a cleverly set play from a left hand attacking scrum, witnessed Tom J rounding a player to score under the posts – 7-7. Momentum was now back on the Brown side and another jinking run, after some good retention of ball by the A1 forwards saw T Jacques go over for his second. The home side came back strong and played a physical game, but to Sedbergh's loss as influential Hooker Hodgson had to come off. The Brown stuck together and rallied well in defence. A bit of magic from Number 8 Ben J down the Blindside saw him cross the whitewash for a great try just before half time. Sedbergh 19 - Kirkham 7 at half time.

The start of the second half become more fractious and the rub of the green was definitely going the home side, and whilst the Brown battled well, frustrations led to knock on's / missed tackles and the ball being stripped in contact. With the strong wind behind them Kirkham buoyed on by the large Kirkham crowd crossed to score midway through the second half. The momentum had shifted and again another penalty to Kirkham meant the home side taking a penalty in front of the sticks to trail by 1 point. With 6 minutes to go, this is where true character would avail, and the A1 side did just that. Calm heads and not getting too frustrated with decisions, the Brown played territory and kept the home side deep in their 22. A catch and drive by A1 nearly came off, but again was sacked. A last passage of play in the final play nearly put wing Henry B in at the corner to seal the win, but to their credit a great cover tackle pushed Ball into touch. To this end the whole Kirkham support ran on the field as they had been under the impression they had won. An interesting finish.



1st XV v Ipswich (A) | Lost 32-29

In a brilliant away fixture against very strong opposition. Sedbergh unfortunately handed the home team several opportunities for points which they executed well. Behind 32-10 with just over ten minutes to go, Sedbergh unleashed a huge and nearly unthinkable finish which brought them back within a score with a minute left. But sadly, it was Ipswich's day as they held on under huge pressure and ultimately deserved the win. A great learning experience as we look forward to St Peters on Busk.

U16A v Ipswich (A) | Won 52-0

A1 travelled down to Ipswich along with the 1st XV excited about the opportunity to play a curtain raiser for the 1's v a strong Ipswich XV. Playing on a superb pitch, Sedbergh started brightly and through strong ball retention and direct running two excellent tries through tighthead Spencer were scored. Momentum continued for the Brown and keeping width a third try from wing Marshall. The home side rallied back and A1 were stretched defensively but the Brown wall stood strong. Half time. 19-0. The second half started well for Sedbergh and continuing to use width and an ambition to attack from anywhere led to 5 more tries; a Hatrick for Co-captain Jewsbury, one for Kirby after an impressive run from his own 22, and one for McCall.

3rd XV v Ipswich (A) | Lost 27-26

A fantastic game of rugby and a great team effort by the 3rds who were behind for most of the game. A missed penalty in the final minutes would have provided a well-deserved win, but unfortunately it was not to be.

U15A v Ipswich (A) | Lost 31-15

B1 came up against a talented Ipswich side who could get the ball out wide to some fast back 3 players. This combined with B1 falling off tackles and a lack of urgency with the ball in hand led to a resounding victory for Ipswich. B1 will have to think about being mentally switched on for matches and bringing their own energy into games.

U14A v Ipswich (A) | Won 38-5

C1 came through well against a decent Ipswich side, scoring 3 tries in each half to run out winners by 38 points to 5. There were encouraging signs of progress with the side offering threats both through the forwards through the middle and the backs out wide although the team know that too many errors were made and that they will need to look after possession better against stronger opposition.

2nd XV v NSB (A) | Won 57-7

In the first match of what promises to be a big week for the Second Team, they took to Kingston Park, where the surface perfectly complimented their brand of rugby. Sedbergh came charging out of the blocks, building a commanding 24-0 lead by half time.

However, there was an element of frustration as they knew they had the potential for an even bigger lead after a dominant half of rugby. After the half time break, Sedbergh showcased an outstanding performance. They held possession with patience and ran in a number of well-constructed tries. Special mentions must be made of Zak H and Harry T in the backs, who delivered impressive performances. Among the forwards, stand-out names included Paddy, Thom S, and particularly Harry B, who carried exceptionally well and set the tone with his physicality in defence. This was an impressive win against first team opposition and sets the tone for an exciting week ahead for this group.

U14B v NSB (A) | Won 57-0

The boys played some good rugby getting the ball out to the 15m channel well, our front row really putting their hands up wanting to carry hard to give us good yards in tough moments, as well our defence being strong not allowing a point in the whole game. Big shout out to Ben H who scored a hat trick 2 games on the bounce.

Golf

1st Team v Bolton (ISGA National Cup) | Lost

Bolton were too good in a great and competitive away fixture in the Cup.





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