

# SPORTS REPORT



SEDBERGH  
SCHOOL

FOUNDED 1525

20 NOVEMBER - 26 NOVEMBER 2023



*"ALL IT TAKES IS  
ALL YOU'VE GOT."*



@SEDBERGHGIRLS



@SEDBERGHSPORT

# SPORTS RESULTS

## Netball

### 2nd VII v Woodhouse Grove (A) Lost 41-22

We started off strong with a competitive first quarter, going neck and neck with the opposition due to lots of interceptions and good movement through the court with strong shooting in the end third. This left us 8:7 down with 3/4 left, however due to a strong opposition capitalising quickly off of many of our mistakes they broadened their lead which we never caught up to. It was a competitive match throughout however there was many simple errors on our part that we will work on in training. Final score 40-22. Well done to Scout on her PoM which shows how well she has fit into the team and what a strong addition she is.

### U14A County Finals (H) - 1st Place

On Wednesday 22 November, the U14A netball team played the county rounds after getting through the south lakes tournament. The teams we played were tough especially Kirby Stephen who wanted that first place position. We played four matches winning three but losing to Kirby Stephen 10-6. We managed to get through to the semi finals, then we won that match and got through to the final. This meant playing Kirby Stephen again. Our team came back fierce and stronger which got us in first place. Regionals here we come!

## Hockey

### 1st XI v Yarm (H) Won 5-0

Sedbergh played some glorious hockey in a convincing display against a spirited Yarm side. They played with purpose and speed. Moving the ball well. O Barley making her first appearance in this competition for the 1's scored the first after some great interplay between multiple players resulted in a tap in in front of goal. After this Sedbergh's territorial dominance slowly turned into chances and the pressure telling on Yarm's backline. They conceded a number of penalty corners and Sinclair-Bruce was on form, converting two in the first half for a 3-0 lead at the break. Into the second period and continued dominance for the Home side. Sinclair-Bruce added two more PC strikes and Sedbergh cruised to a comfortable 5-0 win.

### 1st XI v RGS Newcastle (H) Lost 1-0

Frustrating, disappointing and ultimately pointless. Sedbergh threw absolutely everything at RGS on Saturday afternoon but just couldn't find a way past the Newcastle defence. Midway through the first half Newcastle's best player beat two tackles and entered the D unpressured hitting a strong shot past Dinsdale to take the lead. This would actually be Newcastle's only shot in the whole 70 minutes. However, the slick passing, movement, interchange and some great individual skill just couldn't unlock RGS. Some individual performances suck out though with Thompson and Newman having superb matches and with Milbourn who made the most of every minute and created Sedbergh's best chance.

### 2nd XI v RGS Newcastle (H) Won 2-0

Goals from Evie R and Izzy F, one in each half, secured a comfortable victory for the 2nd XI against a side they drew 2-2 with earlier in the season. Sedbergh dominated possession and territory for the entire game, with goalkeeper Alice B not touching the ball at any stage in the match. Sedbergh's midfield dominated the game with space created by the forwards getting high and stretching the pitch, allowing the wing backs to overload down the flanks and create overloads that lead to a number of opportunities. Another excellent performance from a team superbly led by captain Annie K all year.



### **3rd XI v RGS Newcastle (H) Lost 2-0**

On Saturday U18C hockey team played against RGS Newcastle. First half of the game our team had a slow start due to the crispy cold weather and RGS slipped away with a strike in the corner of the goal. Second half we were determined to score and worked hard with the movement of the ball and transferring, however the time was against us. The final score was 2-0 to RGS. Well done to everyone for the effort and determination.

### **U15A v RGS Newcastle (A) Won 5-0**

### **U14A v RGS Newcastle (A) Won 8-0**

The U14A travelled to Newcastle to play RGS in the block fixture. The girls had prepared well and were excited for the match up. It became clear early on that Sedbergh had the upper hand and 2 early goals were scored in the first few minutes. The girls showed they were able to play with pace and play forwards quickly which is something they'd been working on in training. However, towards the end of the first half, being 5-0 up, the girls were given some challenges at half term: can we play 2/3-touch hockey with the focus on maintaining possession and building attacking play with control. They executed this brilliantly in the second half and it was great to see the girls looking to make positive connections across the pitch.

## **Rugby**

### **1st XV v Wellington College (A) Lost 33-7**

Wellington were too good on the night and deserved this strong victory. Some unfortunate errors and ill-discipline combined with high execution from the opposition proved too much for Sedbergh in a brilliant fixture and occasion at Broadstreet RFC as always.

### **2nd XV v Wellington College (A) Won 22-12**

In what was anticipated as the biggest test of the season for Sedbergh's Second XV, the match against Wellington's Second XV lived up to the pre-game hype. The first half was a tense affair with Wellington taking the lead by capitalising on Sedbergh errors. Despite facing sustained pressure and dominance in field position from Wellington, Sedbergh's defence held strong, notably led by Eliot M, who made a brilliant covering tackle.

Towards the end of the first half, Sedbergh found their rhythm, and a try from Gus S propelled them into the break with a lead. The second half saw Sedbergh burst out of the blocks, but a series of injuries and rotations disrupted their structure, allowing Wellington to capitalise and narrow the score to 15-12. Again, Sedbergh's defence faced relentless waves of Wellington attacks but remained resolute. The turning point came with a brilliant individual score from Fergus M, capping off a multifaceted attack that ultimately secured the game for Sedbergh. Player of the match went to Scott J, who once again proved to be a focal point for Sedbergh in both attack and defence, with his powerful carries and hard-hitting defensive efforts. Overall, it was a brilliant game of rugby and a fantastic display of determination from Sedbergh's Second XV.

### **U16A v Wellington College (A) Won 43-0**

A1 as a side have grown in confidence and ability this season, and Wednesdays emphatic win over a strong Wellington side was proof of that. From start to finish the Brown dominated the game. Against a resolute defence A1 kept their patience and moved the ball into strong areas to score. First half tries from Flanker Kirby, McCall, Ashton and Taylor with T Jacques making 2 out of the four conversions made the half time scoreline 24-0. The Wellington side tried to gain parity with the Brown though some really pleasing defence and desire to win the ball back once lost was evident for all to see. Three more second half tries from Hawkins, a second for in form centre Ashton and another brace for the dynamic ball carrier McCall sealed the win. T Jacques converting two more. The final score 43-0 to the Brown



GOAL MUST BE  
ATTACHED  
TO THE WALL

GS

GA

GK

GD

WA

GS

WD

GA

C

### **U15A v Wellington College (A) Won 15-10**

In the first half B1 played some good attacking rugby against a strong Wellington side. Wellington had some very good centres and a good full back but defensively they ensured their tackles stuck. There is some frustration regarding a malfunctioning lineout and decisions to not kick points but overall a great team effort.

### **U14A v Wellington College (A) Lost 5-10**

C1 just lost out in a closely fought contest at Broadstreet. Playing against the breeze in the first half Wellington had most of the ball and territory but c1 defended well but unfortunately a Wellington try with the last play off the half tilted the game their way. Despite having more possession in the second half C1 didn't manage the game well enough and did not play enough of the game in the right areas. Wellington defended well and we only managed to cross the line in the final minute which proved to be too little too late.

### **3rd XV v RGS Lancaster 2nd XV (A) Won 22-7**

In difficult conditions the 3rds put in a good display against a dogged Lancaster team who never gave up. Notable performances by A Dayman and R Eyres in defence built the foundations for a good away win.

### **5th XV v RGS Lancaster 3rd XV (A) Won 27-0**

The 5XV team returned to Lancaster to play a respectable 3XV team. The two teams were evenly matched for a considerable period before

some good carries by the forwards opened a gap for backs to score the corner. This set the momentum for another try before half time.

Lancaster was well structured in the second half and put Sedbergh under some defensive pressure. However, Sedbergh adapted well and were able to keep turning the ball over, leading to two more tries. A late lineout and some innovative phases enable Sedbergh to secure the win, scoring under the posts on one the whistle.

### **U15B v Kirkbie Kendal (H) Lost 22-3**

In a well contested game Kirkby Kendal scored on the final whistle to extend the lead in another good performance for B2 against A team opposition.

### **U14B v Kirkbie Kendal (H) Lost 20-5**

### **U14C v Kirkbie Kendal (H) Won 27-24**

A brilliant win for C3 in a great home fixture.

### **1st XV v Kings Macclesfield (A) Won 24-20**

After a tough start against a strong Kings Macc side, Sedbergh found themselves down 10-5 at the half time break. With 25 minutes to play Sedbergh raised the level of their physicality, intent, and tempo in an extremely impressive period of play. Two further tries to C Turnbull to go with his first half score and a brilliantly worked team try finished off from G Burton sealed a strong victory away from home. Kings Macc had the last say with a score on full time to close the gap – but this was a well deserved and an impressive win from the 1st XV. Congratulations to Harry P, Finn W & Billy B who were awarded 1st XV colours after the game.

### **3rd XV v Kings Macclesfield 2nd XV (A) Won 51-7**

The 3rds started their game well and overpowered a young Kings Macclesfield team. With the forwards providing good quality ball the backs ran in tries at will to complete a commanding performance.



## **4th XV Triangular v Oakham & Stamford (A) Won Both Matches**

### **v Oakham**

Having driven for 5 hrs we still had plenty of time to warm up while we waited for the home side to turn up 20 minutes late for kick off. The high energy run throughs paid off and Sedbergh started with good momentum snatching 3 quick tries from Tilburn, Wells, and Holden on the postage stamp pitch we had been allocated.

Despite extensive pre-match negotiation on the length of the halves we found ourselves managing it out for a prolonged period, something fortunately well practiced the day before. The second half saw the adjudication of the match become increasingly partisan, and we gained valuable practice in discipline and avoiding infringing the more obscure laws of the game. 19-0 as a final score flattered the home side.

### **v Stamford**

While Oakham took a break before their local derby, we found ourselves restarting after only 2 minutes. Stamford were a better side and it was only in the last minutes of the first half that we were able to compromise their structure and both Green and Coad found routes through the defence. A similar set of breaks were applied to the start of the second half as the last game, but this time Sedbergh were able to adapt and put together 6 minutes of champagne rugby at the end with Tilburn jinking through twice, and even Wells developed a sidestep to add to his route one power to score a final try.

31-0 was a fair result and a good performance for our boys. Having not played another 4th team in over a decade it was good for this side to be able to benchmark themselves against two of the other best 4thXV in the country, they can be proud of the outcome, that they stayed to watch the derby match rather than leaving early, and shocked Oakham staff by asking for a brush to clean their changing room before departure. Well done lads!

4th XV Colours to Jake T - currently highest try scorer and consistent good 'club' mentality.

### **U16B v RGS Lancaster (H) Won 31-19**

#### **U15A v Kings Macclesfield (H) Won 21-0**

Kings Macclesfield were arguably the best defensive side B1 has played this season. It was a really competitive match; B1 dominated territory and possession but were held to only three tries. B1 will have learned a lot from this match on a rather chilly day.

#### **U15B v Kings Macclesfield (H) Won 52-5**

Due to short opposition numbers B2 played a 10 a side game vs Macclesfield. We adapted well to the different challenge and scored some good tries. Most pleasing was our improved breakdown work after focusing on this area on Friday.

#### **U14A v Kings Macclesfield (H) Won 28-5**

C1 responded magnificently following Wednesday's defeat and produced their performance of the season to date to defeat a King's side who had been unbeaten for 2½ years. King's had a simple but very effective game plan and sent runner after runner at us around the fringes. However, Sedbergh showed immense pride and bravery in defence and met the challenge head on with George C and Zach E particularly to the fore. We rarely got out of our half in the first half but two long range scores from Fred Taylor put us up 14-0 before King's pulled one back just before the break.

Sedbergh started the second half strongly, standing up once again to the King's runners before an excellent passage of play ended with Roman M hitting a great line and going in from 40 yards before Ben H scored our 4th long range try of the day to put the result beyond doubt.

## U14B v Kings Macclesfield (H) Won 43-0

### Target Rifle Shooting

#### Oxford and Cambridge University Fixture

This weekend Sedbergh embarked on their inaugural matches against Cambridge and Oxford Universities. With a first team made up of seasoned shooters and the second VIII with many experiencing their first shoulder to shoulder matches we were full of hope for what would be a tough couple of away matches.

Cambridge on Saturday saw a very strong performance from the first VIII bolstered by Angus Gardiner as eighth man. Both Sedbergh teams put in averages above expectation with a noteworthy first ever performance by Holly M and Akita N. Patrick O was Sedbergh's strongest shot scoring an impressive 195 out of 200.

Sunday saw Sedbergh travel to Oxford for the second shoulder to shoulder match of the weekend. With tired shooters, Sedbergh noted a slight drop in scores from the Cambridge match high, however they kept their nerve for the second round with Chiyo S posting the highest score in the first round and Tatty P in the second, carrying Sedbergh to victory. A great result and a strong performance by the whole Sedbergh 16.

#### Final results

Sedbergh V Cambridge - Sedbergh win

Sedbergh V Oxford - Sedbergh win



## Running

### Mid Lancs XC, Sefton Park

In a spectacular display of athleticism and determination, the running team embarked on a challenging journey to Sefton Park, Liverpool, for one of the most prestigious cross-country competitions of the year. The Mid Lancs XC League joined forces with the British Athletics European XC Trials, setting the stage for a fierce battle where only the top 8 runners in each race would secure a coveted spot in the Great Britain team heading to the European XC Championships in Brussels on December 10.

The stakes were high, and the competition was nothing short of extraordinary, featuring some of the finest athletes in the United Kingdom. Adding to the grandeur of the event was the presence of Olympic legend Carl Lewis, a nine-time Olympic Gold Medalist, who graced the occasion by presenting prizes to the victorious runners.

Undeterred by the intense competition, our running team, comprised of 26 dedicated athletes, showcased exceptional skill and resilience. In an outstanding display of sportsmanship, four pupils marked their running debuts and left an indelible mark on the competition. Valentin P (12E), Will B (10P), Hannah F (13C), and Isaac T (11P) can proudly claim their moment in the spotlight, demonstrating not only their raw talent but also their courage to compete at such a high level.

While the path to victory was challenging, with every runner pushing their limits against the crème de la crème of UK competitors, the team emerged with heads held high. Each athlete gave their best, embodying the spirit of sportsmanship and determination.

Looking ahead, the team eagerly anticipates their next challenge, the South Lakes District Schools XC in Cartmel on Wednesday, November 29. With the experience gained from the Sefton Park competition, the team is poised to face the upcoming fixture with renewed vigor and a commitment to further excellence.

As the echoes of Sefton Park fade away, the running team carries the memories of an eventful day, where they tested their mettle against the best, celebrated debuts, and set the stage for future triumphs. The journey continues, and the spirit of competition burns brighter than ever within the hearts of these young athletes.





**SEDBERGH  
SCHOOL**

**FOUNDED 1525**

**Admissions@sedberghschool.org  
015396 20535**

**WWW.SEDBERGHSCHOOL.ORG**

