

SPORTS REPORT



SEDBERGH
SCHOOL

FOUNDED 1525

19 FEBRUARY - 25 FEBRUARY 2024



*“ALL IT TAKES IS
ALL YOU’VE GOT.”*



@SEDBERGHGIRLS



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SPORTS RESULTS

Special Mentions - Badminton

Sam M played exceptionally, winning all of his games today and in most matches throughout the year. His game has developed massively since last year. He has a greater variety of shots and the depth and speed of his smash has really improved too. He has led the team by example always having a positive approach and encouraging others. We have had an unbeaten season which is massively because of him.

Equestrian

National Schools Championship Qualifier

On Tuesday the Equestrian Team headed down to Kelsall Hill in Cheshire to compete in a National Schools Championship Qualifier and Windsor Qualifier. Nina competed in the 70cm class, with her and Hazel improving every round. There were two Sedbergh Teams entered into the 80cm class, the Gold team of Hattie, Ava, Sophie and Bella finishing in first place. They were the only team to finish on zero in a very competitive class. The Brown Team of Ella, Sophie and Olivia were close behind in 3rd place. The 90cm Windsor qualifier was extremely competitive but the Brown Team did very well to finish 4th overall. Just to highlight individual performances Olivia and Hattie both had two clear rounds which are hard to come by, and Sophie completed 4 stylish and successful rounds for her first competition for the school.



Equestrian

Events Challenge Qualifier

On the 25th of February the team travelled to Northallerton equestrian centre not only to meet the PM but to also take part in an Eventers Challenge qualifier for Hickstead later in the year. The course was very challenging and questioning for all but the 75cm team of Nina, Ava and Elsie gave it their best attempt and learnt a lot. The 85cm team of Hattie, Olivia, Elsie and Ava had four impressive rounds to finish in 1st place and gaining the qualification to Hickstead. Whilst Hattie also placed 1st individually with a spectacular round spot on the optimum time, and with Elsie close behind in 3rd and both securing the individual qualifications. Finally, in the 95cm Olivia had a confident round finishing in 3rd and Hattie had a second great round to end in 7th.



Basketball

Basketball v Giggleswick (A) Won 28-26

The boys took an early lead in the first quarter really putting Giggleswick under pressure, however Giggleswick came back within the 2nd and 3rd quarter with some good 3pt shooting taking the lead leading into the 4th and last quarter however the boys came together and with some good mid-range jumpers took the lead and held onto it until the final whistle.

Basketball v Stonyhurst (A) Lost 42-26

With a depleted team we were on the back-foot even before the tip-off. But to take anything away from the Stonyhurst performance would be an injustice to them. They were well drilled, found space well, but the big difference was that they were incredibly quick. A couple of their star players were almost unstoppable, but we tried. Mull bagged four 3 pointers, Paidi sank a couple too, and Barrett kept the team ticking over swapping his defensive and attacking duties in the blink of an eye. Tingardt, Nowak, Otten and Melia (making his debut) played well defensively, and Jayden and the Prince did their bit in attack.

We have learned a lot from this loss. Rossall are next and we want to return to winning ways.

Badminton

Badminton v Giggleswick (A) Won 15-1

It was another very successful day for the badminton team as they beat Giggleswick 15 games to 1. There was good mix of singles, doubles, and mixed doubles, all played to 21 points, with all players keen to get involved. Quoting their captain, "your team played with great quality whilst being very humble". It was another day of the team displaying the Sedbergh values on and off the court. Well done to Sam, Akira, Aviv, Seme, Mahika and Valentina.

Badminton v Stonyhurst (H) Won 9-4

Another victory for the magnificent Badminton Team 9 games to 4.

Stonyhurst brought just 4 players but we still managed to have a good match. Starting with singles there were some excellent games particularly watching Sam and Quentin, Sam winning his and Quentin losing narrowly 21-19. Both Luke Williams and Hannah Nowak won their games too. We then moved onto doubles with Sam and Hannah winning their game. Luke and Connor losing narrowly both games were a good standard and good to watch. Some more good competitive wins came from Sam and Seme, Luke and Hannah and Sam and Quentin. Generally a very good match with some long rallies and competitive games.

Hockey

Hockey U18A v Kirkby Stephen (A) Won 6-1

The boys got off to a good start applying pressure and created a couple chances straight away, this led to an early goal from J Langley. They kept up the pressure scoring another goal before half time with an impressive finish from H Sanders. The second half continued as the first half had finished, with a dominant defence lead by Brew at the back, with S Jones coming off the bench and continuing this strong performance. The link up from Langley and Barnard up front which resulted in 2 quick goals, with Bousfield also getting on the scoresheet. Unfortunately, Kirkby Stephen managed to get one back on the break, but it wasn't enough to change the tide of the game as it finished 6-1.



Hockey U14A v Kirkby Stephen (A) Won 5-0

The U14 boys bounced back from their recent loss against St Peters before half-term with a dominant performance against Kirkby-Stephen. M Hetherington led from the front with an impressive 4 goals. Sedbergh improved as the first half went on and the majority of play was in the central part of the pitch from O Dunkin and H Sewel. Kirkby Stephen tried to carve through the defence but W Gawthorpe, P Mercer along with W Seymour in goal made a good job to keep a clean sheet. Overall, a very good effort from the boys.

Hockey U16A Girls v Epsom (H) Lost 3-1

The U16 took on Epsom College in the tier one national quarter final in what promised to be a tough match.

Sedbergh started well, a high press provided turnover ball in high area's of the pitch. An interception by Darcie put Penny through one on one with the keeper. Despite the Epsom keeper making a quality save, Penny jumped on the rebound to provide Sedbergh with a 1-0 lead.

The game remained extremely tight with Sedbergh having the better look at some good chances. However, a counter attack late in the first half levelled the score into half time. Sedbergh continued to prove dangerous, securing a flurry of short corners. Sedbergh we're unable to covert these and mid way through the second half Epsom capatlisd on a loose ball to provide them with the lead.

Sedbergh continued to create opportunities with a number of shots falling just either side of the post. With Sedbergh 2-1 down and with five on the clock, Sedbergh removed their keeper and went all out! Sedbergh showed enormous character, battling to the bitter end. A deflected shot fell agonisingly close. However, with one minute on the clock Epsom counted and converted.

The U16's have gone toe to toe with school hockey's elite this seasons and the team should be extremely proud of their season!

Hockey U16A v Rossall (A) Drew 2-2

In this thrilling U16 field hockey match, the Rossall team showed off their incredible skills and determination. They played with great teamwork, passing the ball smoothly and creating numerous scoring opportunities. The defense was solid as a rock, making it tough for the other team to break through. With their relentless effort and impressive stick work, from Rossall it concluded with a final score of score of 2-2. It was an amazing game well done to all the lads who were involved.

Written by Will and Pablo

Hockey U14A v Rossall (A) (A) Won 2-0

The U14 boys completed their preparations for next weeks North West Finals with an improved performance against a good Rossall team. The boys began the first half a bit rushed and struggled to find the connections and space needed resulting in a goalless first half.

In the second period Sedbergh improved. Dunkin controlled midfield while Gawthorpe increased his raids from the back. A good move resulted in Lawrence tapping in the first. 5 minutes later Gawthorpe smashed the post from a penalty corner and Dunkin clinically finished the rebound for a good win.

Hockey Sedbergh HC v Dalston (A) (A) Won 4-1

Sedbergh Hockey Club girls travelled away to Wigton to play against Dalston on Saturday. The team was made up of girls who don't usually play together, and many were very excited about this. We arrived with plenty of time to talk tactics and warm up well on the pitch, and we really started with fire in our bellies!

Sedbergh dominated from the start, and the girls played amazing hockey, with big transfers around the back, working the ball up towards the D. Ishani A was instrumental in many of Sedbergh's attacks, positioning herself excellently. Dalston played very defensively, making it difficult to penetrate the D. After 14 minutes of hard work, our first goal came when Anna H made a fantastic run from the half way line, passing the ball to Elsie B on the baseline, who found Liv M on the P spot. Liv found the backboard with purpose. Now that Sedbergh had found their stride, after several penalty corners, a fast injection from Liv M allowed Ruby H to strike the ball hard, scoring our 2nd goal.

Within 2 minutes of the second goal, Elsie B made a fantastic cross to Rose S, who made a perfectly timed run, passing the ball to Liv M in the D, who found her second goal, and Sedbergh's third goal of the game. The ball barely left Sedbergh's attacking half for the duration of the first half. Nell B and Izzy G's relentlessness on the wings put Dalston under pressure at all times, and Bea P's setting of the press was excellent, allowing nothing to pass through Sedbergh's players. The second half was a little more tough, as multiple injuries from the opposition caused a break down in play, and led Sedbergh to lose their flow a little. During a momentary lapse of concentration, Dalston's fastest player managed to get a break for a one-on-one shot against our keeper, Hannah S, which they successfully put away.

However, Sedbergh quickly recovered, and it was Hattie N's tenacity on multiple rebounds that allowed her to find Sedbergh's fourth and final goal, successfully winning the game. The girls came off the pitch saying it was the most enjoyable game of hockey they had played, and their spirits were high throughout. Special mention to Elsie B and Hannah S who stepped in at the 11th hour to play today's game. All of the girls showed true Sedbergh spirit and resilience in today's game, but particular mention must go to Liv M, who truly demonstrated Sedbergh's value of kindness in supporting other players throughout the game, being an excellent role model for all girls who play hockey at Sedbergh.



Netball

Netball U16A v LRGS 1st VII (H) Won 27-8

The U16A team took to court against Lancaster Royal Grammar school on Wednesday. From the first whilst the defence unit applied lots of pressure to try and turn over ball which they did with success throughout the match. The mid court group were clinical in their transition from defence to attack, bringing the ball through court swiftly. Linking with the attackers, the mid court had some great feeds into the circle with our shooters rotating the circle well. Finding lots of space and making themselves available, the shooters had their eyes in with some great accuracy and high volume shots. The final score ended 27-8, a great team performance all round left the girls in high spirits ready for the next fixture. Well done!

Netball 3rd VII v LRGS 2nd VII (H) Won 21-10

Written by Bella P

In the first quarter of the match Ruby stepped out of her usual position to play C. She made lots of interceptions which threw the other team off and brought the ball down to GS quickly with solid passes. They had a strong defence but GS Feyi and GA Dani quickly adapted to how the opposition were playing and finished 10 goals up at half-time. The centre court play was controlled with players driving onto the ball and brought it safely down to the other end of the court. The other team had a good defence that stuck to their players but our team were able to adapt to their gameplay and maintain possession for the majority of the match. Eadie and Indi played strongly in the centre court making lots of tips and interceptions. Alice played GD in the second half and defended well by finding space to receive the ball and applying pressure in the D. The player of the match was Feyi (GA).

Netball 3rd VII v Rossall U18A (H) Won 28-4

The 3rd team looked to build on their win against LRGS as they took on Rossall in their second match of the day. A steady start from the girls saw them get some goals on the board but Rossall replied with a couple of their own. The defence started to build their partnership though and applied the pressure to take the interceptions. A few errors through court but the girls reset and mid court brought the ball through court with more patience and time. The shooters were on form with some very accurate shooting working well with each other. A strong performance from all the girls saw them take the win 28-4, a great display of netball from everyone across both games.

Netball 1st VII v Ampleforth (A) Won 39-19

The 1s played against Ampleforth in a good competitive fixture. The game started very evenly matched, going goal for goal but the defence put on the pressure and started to win some ball. The mid court were ready and transitioned well from defence to attack linking well to take the ball through court. Attack were patient with the ball, moving it around well, and waiting for the right options to open up to feed the circle. The shooters presented well for the ball making some great drives to post. With some great accuracy from the shooters the final score ended 39-19. Heather received oppositions POM for some great work in attack and accurate shooter. Amber picked up coaches POM for some awesome defensive pressure and taking many interceptions.

Netball 2nd VII v Ampleforth (A) Won 33-8

Playing away against Ampleforth with a few key missing players meant we had Olivia, Bella S and Bella P step up from the 3rd team to help us win 33:8. This along with some exciting shooting from Jemima in the second half strengthened our lead and was even more impressive due to her playing out of her normal position. Also some great interceptions from the defence throughout the match, kept the ball from entering the defensive D to a minimum. Well played to everyone involved and thank you for Ampleforth for hosting us.

Netball 3rd VII v Ampleforth (A) Lost 25-19

A beautiful sunny match against a solid Ampleforth side. Strong shooting from their excellent shooter meant that they managed to pull away in the final quarter, but a competitive match was played by all. We were able to dominate in the centre court with fast play from Eliza Barlow and Eadie Bell who fed brilliantly into Alice Barnard in the circle. A little more accuracy on goal and a win would have been ours!

POM Alice Barnard

Netball U16A v Ampleforth (A) Won 57-7

The u16 team played Ampleforth on Saturday. It was an excellent game and Sedbergh kept their enthusiasm and sportsmanship throughout. In the first quarter we gained a comfortable lead with some great pressure from defence and attack working that's to move the ball through the court. They kept working hard till the very end and the match ended with a 57-7 win. Man of the match was Emelia she played well in mid court moving the ball to the shooters and finished with some accurate shooting to increase the score.

Written by Fran

Rugby

Rugby U14A 7's Tournament (H) Cup Winners

On Saturday Sedbergh hosted a 7's tournament, consisting of 10 teams. Sedbergh we're drawn in a tough group with Rodillian, St Peter's York, Dollar academy and Mount St Mary's. Sedbergh came out on top of the group, winning 3 out of 4 group games with a narrow loss to a strong Dollar Academy team. In the semi final, we played against a well drilled Prince Henry's team but Sedbergh's skill set eventually prevailed with perhaps their strongest performance of the tournament to progress to the final. In the final, Sedbergh were matched against a formidable Rodillian side, who were also their very first group game of the day. The game started tentative with shots thrown from both teams. At half time the score was 10-10 with neither side willing to give an inch. Rodillian started the second half strong but Sedbergh managed to hold out with some courageous defensive efforts to keep the game level.

The balance was then shifted with an awesome turnover try from nowhere. Sedbergh's tails were now up and managed to get over the try line one last time in the final play of the game to secure a 24-10 victory to win the cup. The squad showed a huge amount of courage and character throughout the day with plenty of learning to be taken forward into next week for another huge tournament at Warwick.



Football

Girls' Football v Stonyhurst (H) Lost

It was an exciting prospect as the Sedbergh girls' football team was to play its first match of the year. The girls grew into the match as it went on, gaining confidence and finding their style of play. Considering the team had limited training up to this point, they gelled well, and some nice football was put on display. The highlight of the match was the goal, when Vincent took the ball all the way to the opponent's penalty box, dribbling around players like a modern-day Diego Maradona, and played the ball to a nervous Lindsey, but she kept her nerve and cut inside the last defender, to curl the ball around their goalkeeper into the goal in true style. The girls ended up losing to the opposition but there were some very good signs from the team, and the score line could have been higher if it wasn't for some outstanding reaction saves from Browne in goal.

Boys' Football v Stonyhurst (H) Lost 4-3

When last week's man of the match goes off after 5 minutes from a collision, we're right to believe after the away win at Stonyhurst, this could well be a tough revenge match, which it was. 15 min in and Dowling, despite being his first game for us, is already seen as a threat, and as such ultimately seen flying through the air after another intense tackle, giving us a free kick which Hopkins delivered beautifully onto Kiernans head who redirected it confidently past their goalie 1-0.

Back and forth it continued till a rather nifty back heel move from Stonyhurst just outside our goalie was perfectly placed on the half hour to even things up 1-1.

We thought we'd gained the momentum into the break when Thompson received a quality cross from Davies, 2min before the half gave the lead once again back to Sedbergh 2-1. But immediately from kick off a long hopeful cross landed on a Stonyhurst head to go into that break all evens once more.

Sedbergh wanted their lead back for the third time and 2min into the second half Coed collected it for us, with absolute style, taking ball on the chest, teeing it up for himself from the edge of the box, in what felt like slow motion and volleying it into the net with 'Roy of the Rovers' force to the adoration of the crowd on both sides of the pitch. 3-2 to the Sedbergh. It stayed our lead for the next 30 out of 35mins, but giving away 3 consecutive free kicks at the edge of the box isn't going to help seal the deal, and at the third time of asking, the game was tied once more, 3-3.

It would have been representative scoreline, if it had ended that way, but Foster was forced to 'take one for the team' sliding into the goaline attacker, to stop a winning goal from sneaking in, it had to warrant a penalty, it was converted, and the whistle blew at 4-3 to elation of the away side.

The beginning of a great football rivalry, to relish that will be eagerly looked forward to seeing on the calendar next season.

Sedbergh 3 Stonyhurst 4

(7-6 on Aggregate according to skipper Hopkins)

MOM – Coed

Fives

Fives v The Y Club Manchester (A) Lost 7-1

Sedbergh travelled to central Manchester to play against The Y Club. Our opponents were far more experienced and skilful. Despite sticking valiantly to the task, we were outclassed. Griffin was the pick of the Sedbergh players and there were some promising junior performances from Diaz, Follett and Hill. Lost 7 – 1.





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