

SPORTS REPORT



SEDBERGH
SCHOOL

FOUNDED 1525

18 SEPTEMBER - 24 SEPTEMBER 2023



*“ALL IT TAKES IS
ALL YOU’VE GOT.”*



@SEDBERGHGIRLS



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SPORTS RESULTS

Hockey

1st XI vs King's School, Chester (A) | Won 1-0

Our first team travelled to Kings Chester this Wednesday leaving the wind and rain behind them to find Chester bathed in sunshine. On a quick pitch the team started strongly. Controlling possession and stretching King's across the pitch. Barley in centre midfield showcased her passing range finding team mates close and far. Upfront Goodhart continues to build momentum this year with another display full of powerful runs and high-quality pressing. The first half in truth should have produced some goals for Sedbergh with Goodhart hitting the post and three other shots going just wide. With the King's keeper making a few other good saves the girls came off feeling frustrated.

In the second half, once again Sedbergh controlled play, with the occasional King's attack. Dinsdale made two excellent saves and in one 3 minute period our defence repelled 4 consecutive penalty corners. Eventually the deadlock was broken when another slick move resulted in a powerful hit into the D where Hodgins expertly deflected into the Kings net. In the final few minutes Kings fought hard for an equaliser with a few lessons learner by our players around calmness in deep defence and seeing out the clock. With Kings winning a corner in the final minute Sedbergh had Pringle to thank for an excellent goal line, volleyed, clearance to ensure Sedbergh came away with the win.



2nd XI vs King's School, Chester (A) | Won 4-0

The 2nd XI Girls started quick! A transfer of the push back saw Olivia B surging down the left-hand wing. A shift V-drag left two players for dust before she calmly picked her spot and placed the ball in the back of the net. The brown 1-0 with less than 30 seconds on the clock!

King Chester recovered well and for much of the opening 15 minutes the game was closely fought. Anna, Jemima, Liv G and Scarlett linked nicely through the middle and a spell of attacking play was rewarded with two shift goals as Bella scored two goals in quick succession the second of which squeezed under a flying King keeper!.

The three-goal cushion provided the perfect platform for the girls to approach the second half with a focus on basic principles and free flowing hockey. Despite looking a much more defensively compact and attackingly accurate side, Sedbergh were only able to add one goal to their lead with Hannah taking advantage of a rebound.

This week result reflects the intensity of training but there remains an overwhelming feeling that this group of players have the potential to improve exponentially.

3rd XI vs Westholme School (A) | Won 3-2

The girls travelled away to Westholme on Wednesday afternoon and happily left the rain behind them in Sedbergh. With lots of matches taking place and team illness, the girls had only 1 sub and so knew fitness was going to play a key role in today's match. Sedbergh had an uneasy start, with little possession in the first 5 minutes. Despite this, the girls found their flow and between Alice and Tilly, managed to find the back of the net to take Sedbergh into the lead. The match was end-to-end, however, and Westholme quickly gained a short corner. Although they did not score from the short, they made good use of taking the resulting long corner quickly and equalised after 7 minutes.

Westholme scored their second goal within 3 minutes, while Sedbergh were trying to rediscover their flow. After some more end to end hockey, and some fantastic shots against a very able goalkeeper for the opposition, Alice managed to find the backboard for a further 2 goals in quick succession. The girls played really well and worked their socks off getting back to defend, and also making sure they were part of the attack. Communication was much better today, and moving forward they have gelled well together. After the exeat, we will work hard at strong and accurate passing, and meeting the ball, to strengthen our game further. Robyn was voted player of the match by the opposition, and Bea was voted player of the match by the opposition umpire.



U15A vs Manchester High School for Girls U18A (A) | Won 4-2 (Written by Darcie and Vi)

U15A competed in a hockey match against Manchester High School for Girls on Wednesday. Daisy scored off the rebound from the goalkeeper in the first two minutes of the game to give them a great start. After a quick goal from Sedbergh, Manchester girls were keen to get the ball and scored a goal, initiated from a powerful pass from midfield to tie the game at 1-1.

Sedbergh responded to the situation with strong defensive tackling before sending an explosive pass to Penny for a shot into the bottom right corner of the goal. We entered the second half with our spirits up and were prepared to have a greater impact on the game following a motivational team talk from Miss Thompson. We were confident we could add another goal with the score at 3-2. We won a short corner after dominating the field. Ginny took it from the top and drag flicked it into bottom right corner of the goal. The team finished the second half strong and won 4-2. Player of the match was Darcie. Well done to everyone.

U14A vs Manchester High School for Girls (A) | Won 2-1

Today was a good match against Manchester grammar school and it was a tough match but we won the match 2-1 which is going to be a good confidence boost for everyone. We are new to playing 11-a-side hockey together on the bigger pitch and so need to keep working on our structure and shape, especially when we play against an opposition who play very narrow like Manchester did.

We work well together as a team and as the season goes on and we really gel together, we will have an exciting season. We worked hard in transition and everyone jumped back defensively when needed. The central defenders did a great job pushing the ball wide and using the half backs to attack the lines and keep to speed of play going forward. Everyone is very eager to get the ball and will work very hard for it. After more practise we will be ready to give some tough competition for the cup match.



Netball

2nd VI vs Newcastle High School for Girls (A) | SIS cup match. Won 40-29

The game started well with the team settling in and yr11 Izzy making her impact straight away winning lots of tips/turnovers, which was backed up by Bea. With Emily and Evie helping in attack, the ball moved swiftly down court into the attacking circle, with great shooting from holding shooter Lily. In defence, Bella and Liv made many goal saving interceptions with Valentina also quick on her toes after every ball. Overall, it was a great team performance to come away with the win and look forward to Round 2.

U14B vs Settlebeck School (A) | Won 20-3

(Written by India)

As our first match of the season, the team started very strongly. We controlled the ball up the court and took an early lead. The score increased quickly, as our centre court players were determined to win the match. Jessica and Octavia worked extremely hard and won interceptions to get the ball to the shooters, Savansha and Arabella. However, on the other side of the pitch our confident defenders, Amelia and Lily, made sure no balls entered the 'D'. We had a friendly and fun match against our local opposition. Our thoroughly well-deserved player of the match was awarded to Georgie for her excellent, constant movement throughout the match.

U14C vs Settlebeck school (A) | Won 21-5

(Written by Ava)

In our Netball match against Settlebeck everyone played their best. We started strong and continued to play with enthusiasm. This was our first match of the season so new players were working together and there was great teamwork. The shooters did well, scoring 21 goals. We rotated positions, trialling different combinations, with some girls trying GS and GA for the first time and doing really well. During the game, we had some good interceptions, especially in defence with our GK and GD dominating our goal third and keeping the oppositions score to a minimum. For the next matches we will work on our drive towards the ball and more accurate passes. Settlebeck chose Matilda as our teams player of the match, well done!

U14A vs Kirkham Grammar School (H) | SIS Cup match. Won 34-21

On Tuesday 19th September the U14A team won the first round of the SIS Cup beating Kirkham Grammar School 34-21. Our team played amazingly with brilliant defending and by doing this we got lots of turnovers. The attack got the ball through the court giving our shooters lots of opportunities, which they converted with some great shooting stats for the shooters. A great team performance, ready to go again in Round 2!





U16A South Lakes Netball Tournament (H) | 1st Place (Written by Annie)

Off the back of a great Bradford Grammar win, The Under 16 girls had the South Lakes tournament held in the Hirst Centre. The girls had a positive warm up and went into the first game, against QES knowing this was going to be their hardest game of the day. Being 12 -0 up, having no goals conceded at half time, with superb defence from Annie, Eleanor and Sonia, the girls went into the second half with their heads held high. This put us into two more pool games against Cartmel and Dallam, finishing the group stages with two wins, put us into a semi-final against the Lakes School. A strong win brought us into the final playing QES again, the Sedbergh girls came away with gold. Thank you to Miss Umaga, Miss Ascough, Mrs Killgren and Mrs Walker for hosting, scoring and coaching a fantastic day.

1st VI vs Bury Grammar School (H) – SIS cup | Won 55-40

The 1st team found themselves up against Bury Grammar in round 1 of the SIS cup and what a great game it was. The game started off closely, both teams going goal for goal but the Sedbergh girls soon settled into the game and started to pull away at the end of Q1 with a score of 15-5.

As the game went on the units started to gel and the confidence grew every quarter. Full court defensive pressure backed up the defence unit, who were getting their hands to ball and making some key intercepts. The midcourt quickly found their feet, linking well to take the ball through court down to our attackers. The shooting duo were very much on form with some amazing shooting rounding up a great team performance.

Although a very contested game, the Sedbergh girls managed to maintain the lead throughout, taking the win 55-40 and seeing them through to Round 2.

Rugby

U18B vs Harrogate Grammar School (A) | Won 33-12

The match was a testament to Sedbergh's resilience and determination, as they had to overcome an early setback when their bus broke down, leaving them with limited time for warm-up before kick-off.

Despite this adversity, Sedbergh controlled the first half, taking the lead with tries from A Mounsey, H Trail, and R Lynes. However, a few costly errors allowed Harrogate to close the gap with a couple of tries. The second half saw Harrogate dominating possession, putting Sedbergh's defence to the test for extended periods. Yet, Sedbergh's commitment and physicality in defence held firm, preventing Harrogate from crossing the try line. Sedbergh managed to weather these challenging moments unscathed. In the final 10 minutes of the game, Sedbergh asserted their dominance, running in two late scores courtesy of J Yamada and H Trail. Standout performances were seen from R Bentham, S Jackson, and M Moss. However, it was M Cooke's exceptional leadership that shone through, guiding the team through the tough spells in the second half.

U16A vs Prince Henry's Grammar School (A) 57-10

On the back of a strong win away at Dame Allan's at the weekend, A1 faced a physical encounter. With the inclement weather, and Powell pitch very much 'Soggy', A1 made their debut on the Field of Dreams that is Lupton Pitch. A bright start from the A1 forwards, with some strong carries; most notably Ben J and James M, it was not long before the Brown had crossed the whitewash and had taken the lead. In form Lock Nico J with the touchdown after several phases. The opposition, a bit shell shocked, by the speed of ball and the aggressive contact skills of A1 soon folded in and some great fixing of players led to a second try by Moore. A further three tries from Adam J and a double from Henry B finished off the first half well, albeit a missed tackle in the centres leading to a breakaway try. The Half time – 33-5. The second half was a bit tighter, though some superb running rugby led by the Jacques Twins and the powerful carrying of centre O Ashton led to 3 more tries; A Jacques getting his second, N Jones also his second, a great finish from Full Back Thompstone. The opposition did not give up and they caused a few problems around the fringes and a second try for the visitors was scored before A1 Lock Moore grabbed his second. A pleasing victory but also good to see players step up well from A2; R Cockcroft and H Ball with his brace to mention two.

U16B vs Durham Cathedral Schools Foundation (A) | Lost 19-5

A2 lost narrowly to Durham in a match where they had chances. This will be a great learning experience going forward as we look forward to Giggleswick on Wednesday.

U15B vs Harrogate Grammar School U15A (A) | Won 50-0

B2 went over to Harrogate with a strong side with several of the team looking to stake a claim for a B1 shirt. Harrogate filled the pitch well defensively, but Sedbergh's handling was good enough to find space out wide. This allowed Kaka W and Max C (wingers) to get plenty of ball and dot down themselves. Harrison R was very composed under the high ball and made an excellent try saving tackle. The score does not do Harrogate justice for their overall play. The tries racked up as Harrogate were keen to kick for territory which played into B2's hands and allowed the broken field runners an opportunity to get well over the gain line and give B2 platforms from which they score regularly in the second half.

1st XV vs Dollar Academy (H) Won 38-21

In difficult playing conditions Sedbergh kept their nerve in a 38-21 victory on Busk. Three late tries sealed the win and put the game beyond doubt against a spirited Dollar side. We now look forward to Ipswich in a huge away fixture next Saturday.



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