



Sedbergh
SCHOOL

SPORTS REPORT

18 NOVEMBER - 24 NOVEMBER 2024

SPORTS RESULTS

Sport Colours

Rugby

Archie A, Lukas W, Harry T & Matthew C

Brown Blazer

Will B (1st XV Captain)

Running

UK Athletics Cross Challenge – European Cross Country Trials

On a bleak Saturday morning, Sedbergh School Running Club braved sleet and winds for the two-hour journey to Liverpool's Sefton Park. Despite initial concerns, the weather at the venue proved mercifully mild, albeit overcast, as the team prepared to compete in one of the UK's premier cross-country fixtures. The event doubled as the European Cross Country Championships trials, attracting an elite field vying for places on Team GB's plane to Antalya, Türkiye, next month.

U15 Boys

The day began with drama in the U15 Boys race, as George M (10H) suffered an early tumble at the starter's gun. Undeterred, George showcased his resilience, clawing his way through a dense field of over 150 runners to claim a respectable 39th place.

U15 Girls

Lucia C (9R) took centre stage in the U15 Girls race, delivering a bold and confident performance. Her determination from the gun saw her finish an outstanding 14th in this highly competitive category.

U17 & U20 Women

The mixed-age U17 and U20 Women's race presented a significant challenge for Sedbergh's older girls. Daisy F (11L) was the standout, fighting through a congested field and the deteriorating course conditions to finish in 70th.

U17 Boys

The day's final race for Sedbergh runners saw Hugo B (11SH) in action. Running alongside U20 competitors, Hugo took a measured approach, conserving energy early on before ramping up his effort as the course became increasingly boggy. His tactical execution and powerful finish over the last 800m propelled him to an exceptional 11th place, a testament to his consistency and growing experience on the national stage.

Reflections and Next Steps

With the UK's highest cross-country standard on display, the Sedbergh runners gained invaluable experience against elite competition. It was a day of lessons, resilience, and pride for the team, with standout performances from Lucia and Hugo.

The Cross Challenge Series continues in Glasgow on 11th January, where the Sedbergh contingent will look to build on their experiences from Sefton Park.



Netball

Girls U14A v County Round (H)

The team fought hard from the start and got some great results early on. A particular highlight was reaching double figures in the first match, despite the matches only being 14 minutes long. Bella and Emily-Pearl were very accurate and the feeds into the D were brilliant from Minnie, Caitlin and Ursula. In some of the latter group matches, the competition was a bit tougher and in our final match, we were only one up at half time. There was some excellent defence from Lottie, Annable, Penny and Emily and we were able to pull away in the second half, which meant that we were through to the semi-final. Playing Ulverston High School was a good challenge and again the defence were called upon to work hard and win us the ball. Lara and Bella did some great shooting to win the match and take us through to the final, which meant that we had also qualified for regionals. The final saw everyone giving it a good go, after 7 matches, and it was a really close-fought match, eventually ending up with Kirkby Stephen winning by one goal : 5-4. It was a brilliant day and showed real promise for the main netball term. Special thanks to Annabel and Lottie for being captain and vice-captain.

Girls U18A v Manchester High School For Girls (A) Won 40-22

In a tense and closely contested encounter, Sedbergh emerged victorious over Manchester High School for Girls with a 40-22 win, securing their place in the quarter-finals of the Plate Competition.

The match began with both teams feeling the pressure, as early errors and nerves resulted in a tight first quarter. Sedbergh's attack struggled to find their rhythm, while Manchester's persistent defense kept the game in the balance. Despite the mistakes, the score remained close, with both sides battling to get a foothold.

In the second quarter, Sedbergh began to settle into their game, gradually building momentum. However, Manchester maintained the pressure and continued to challenge every pass and shot. The half-time whistle blew with the game still very much up for grabs, with both teams showing strong defensive qualities.

It was in the third quarter that Sedbergh truly turned the tide. A series of crucial interceptions and turnovers in defense saw them open up a commanding lead. The midcourt worked tirelessly to transition the ball quickly, and the shooters, finding better space, were clinical in their finishing. Sedbergh's defense, in particular, dominated, denying Manchester any easy opportunities.

In the final quarter, Sedbergh played with greater freedom, showing off their confidence and flair. The ball into the shooters was precise and accurate, and they duly rewarded the team with a string of goals. Manchester, despite their best efforts, couldn't close the gap, and the game finished with Sedbergh securing a well-deserved 40-22 victory.

Both teams gave their all in what was a competitive and exciting match, but it was Sedbergh who progressed to the next round. They will now look forward to the quarter-finals, where they will face even tougher competition.

Girls U18B v Stonyhurst College (A) Lost 30-33

Sedbergh 2nd team gave Stonyhurst 1st team a very competitive and well contested game. After losing the first quarter the girls showed grit and determination to come back and win the next quarter by 7 goals. However, the pressure of the fixture was too much and the girls couldn't hold onto their lead. Despite the result there were some very promising passages of play and performances from the girls.

OPOM: Fen

CPOM: Eleanor





Hockey

Boys U14A v Cumbria Tournament (H)

The U14 Hockey Boys kicked off their Hockey season with the Cumbria Cup. The first game was against The Lakes School which the boys won 1-0, after Jake put away an awesome team goal. The second game was against Windermere School, where Wilf managed to score 7 goals in a 9-0 win. With Teddy adding the other 2. The boys finished as winners of the Cup.

Girls U18A v Manchester High School For Girls (H) Won 5-2

A chilly and bright afternoon saw Sedbergh make it two wins on the trot with another convincing performance. Taking an early lead through Glover after superb play from Goodhart Sedbergh controlled the opening quarter. However, MHGS were dangerous on the counter attack and from one of these they gained a penalty corner which was converted to bring the scores level. Sedbergh lost a bit of composure at this stage and the next 10 minutes saw sloppy passes and lazy tackles. Nerves were settled on the stroke of halftime as the brilliant Gresswell made an interception and run forward finding Milbourn in front of the keeper and her lifted finish was superb.

2-1 ahead at the break turned into three as Goodhart was low and ready to score when the ball popped up to her. Things got shaky again as MGHS replied once more with another penalty corner strike. However in the final 10 minutes Gresswell stepped up twice more to secure the points with two excellent finishes.

Wolf of the Day: Gresswell

Rugby

Boys U18A v Wellington College (A) Won 28-7

In a much-anticipated annual fixture against Wellington at Broadstreet RUFC under lights. Wellington started strongly and capitalised on good territory to score three early tries and build pressure on Sedbergh. O Hinds replied with a well finished try as we went into the break trailing 17-7.

Sedbergh on attack came out a different side after half term and raised their physicality levels to create great front foot possession. Hinds and Bellamy then scored two brilliant team tries to take Sedbergh's first lead of the match. With under ten minutes remaining, Wellington again capitalised on territory from ill discipline to score next to the posts and led by 6 points. With five mins to play Sedbergh through everything they had at the wellington defence and remained extremely patient as they edged inch by inch closer to the line in the final minutes. From two metres out S Jackson's powerful carry supported by teammates took him over for an outstanding try. M Cooke then kicked a crucial conversion and with nerves of steel to give Sedbergh the lead 28-27 with a minute to play.

Sedbergh were then handed a scrum on the final play where F Mainey delivered the pass to Cooke who kick the ball into the Broadstreet stands for a famous win. A brilliant victory and moment for the group.

CLICK [HERE](#) TO WATCH THE HIGHLIGHTS

Boys U18B v Wellington College (A) Lost 5-10

Sedbergh faced Wellington at Broadstreet, aiming for a third consecutive win over Wellington's Second XV. Sedbergh started strong, flying out of the blocks with a well-worked move finished by Ash F in the corner. However, Wellington responded swiftly, scoring an immediate try and adding a penalty to take a 10-5 lead into halftime.

The second half saw Sedbergh dominate possession and territory, playing some brilliant patient rugby. Despite creating several good opportunities, they struggled to break down Wellington's defence, who held firm and even managed to stop and hold up Sedbergh over the line on two occasions.

In the dying moments of the game, Wellington's defence was tested once more as they were reduced to 14 men following a yellow card for repeated infringements. Sedbergh pushed hard for the win in the final play, but Wellington held firm, forcing a turnover to secure a dramatic victory. It was a bitterly disappointing loss for Sedbergh, who will rue missed chances. Attention now turns to their final home game this Wednesday against Stonyhurst.

Boys U18C v Wilmslow High School U18A (A) Won 17-23

The 3rds managed to win a scrappy game against a competitive Wilmslow side on a cold frosty day in Cheshire. The 3rds flankers Dodgson and Lilley were outstanding turning the ball over several times and making important tackles under pressure in defence. Not the best performance by the 3rds but a good win under the circumstances.

Boys U16A v Wellington College (A) Lost 14-31

As ever, this landmark fixture was a key part of the season so far.

Despite some poor defending off set piece across the board, throughout the first half Sedbergh played a lot of good rugby and went into the break 14-7 down. The attacking shape and intent was as good as they have displayed.

However, due to lack of fitness and poor commitment to the tackle area, the stronger ball carriers from the Wellington side regularly put the Sedbergh side under too much pressure in the second half and the defence wall cracked too many times.

By the end of the game, Sedbergh were hanging on and seemed stretched. A good lesson that both sides of the game need the same amount of respect and commitment.

Boys U15A v Wellington College (A) Lost 3-15

In a game where the honours were very much even, it was the side from Berkshire that took the spoils, pouncing on numerous Sedbergh errors and scoring two late tries to seal the win. B1 travelled down to Broadstreet eager to make amends for last year's defeat, and whilst there were sparks of good play, far too many handling errors and poor passing meant far too many scoring opportunities were blundered, especially in the oppositions 22. For the first time all season, B1 failed to cross the whitewash.

The game itself was tight, and with the score only 5-3 at the break to Wellington, the game could have gone Sedbergh's way. Unfortunately, it was not to be. A poor performance in the end by the men in Brown, but enough to put fire in the belly in preparation for Saturday's game against Kings Macclesfield and to prove their worth.

Boys U14A v Wellington College (A) Won 17-5

C1 returned to winning ways at Broadstreet RFC against a Wellington College XV who fought hard to try and record their first victory of the season.

Sedbergh started positively with a try scored by Harry Riley in the opening two minutes after strong carries from the forwards. However, Brown failed to capitalise on their physical advantage throughout the remainder of the first half by neglecting to look after the ball at the breakdown and making too many unforced handling errors. Wellington came back into the game with a try created by an intelligent kick in behind the Sedbergh defence.

In the second half Sedbergh started brightly again and scored two more tries through James Hooper. When Brown played at pace Wellington were unable to cope with the Sedbergh attack but regrettably these passages were too few in number.

These highlights and the final result were cause for celebration, but Colts C will need to be much better again in future weeks.

T: Riley, Hooper (2)

C: Simmons

Credit: Nickbimages





EST. 1525

Sedbergh

SCHOOL

Admissions@sedberghschool.org
015396 20535

WWW.SEDBERGHSCHOOL.ORG

