

# SPORTS REPORT



SEDBERGH  
SCHOOL

FOUNDED 1525

13 NOVEMBER - 19 NOVEMBER 2023



*“ALL IT TAKES IS  
ALL YOU’VE GOT.”*



@SEDBERGHGIRLS



@SEDBERGHSPORT

# SPORTS RESULTS

## Rugby

### 1st XV v Mount St Marys (A) Won 12-5

In a very competitive fixture under lights Sedbergh squeezed MSM in an impressive defensive display and execution of second half territory. This was a very pleasing performance where Sedbergh's energy, desire and intent as a team was clear to see.

**1st XV Colours – A Stewart, N Glanville & W Holmes.**

### 2nd XV v Mount St Marys (A) Won 50-0

The Second Team secured an impressive win against Mount St. Mary's, showcasing their strength with impressive multi-phased attacks and tries. Standout players included Scott J, Guss W, and Roman A, with special mention to Archie T for his outstanding carrying and defensive work rate. Looking forward, the team is gearing up for a significant match against Wellington next week.

### 3rd XV v Prince Henrys GS (A) Won 35-7

In a tight first half the 3rds played into a strong headwind and were pleased with a 7-7 half time score against a big physical Prince Henry's team. In the second half the 3rds played good territory and stretched the home defence scoring four well worked tries for a fantastic win.

### 4th XV v Ermysteds (H) Won 47-0

With the 3rds only having won their fixture by 24 points we were anticipating a very tight contest, and the boys were focused on the challenge. A tough first 10 minutes saw some heroic defence against a much bigger side. Suddenly however we lifted our game to another level and played some incredible rugby. Three quick tries all from a succession of well worked phases saw the opposition moral break and Sedbergh's belief soar. A fourth followed just before HT leaving us with a 26-0 advantage which was not reflective of the difference between the sides. Ermysted's fought back in the second half, but the defence remained solid and Sedbergh were able to maintain the pressure and capitalise as the opposition structure started to break down. The final score of 47-0 was heavily contributed to by the boot of Green who hit 6/7 conversions 5 of which were from the touchline. Having contributed 73 points so far in this his second season for the 4thXV Green deservedly received his 4XV colours.

**4th XV Colours – W Green**

### U16A/B v St Peter York U16A (A) Won 43-0

Buoyed by their second half performance from last weekend against Warwick, the Brown started strongly, retaining possession, and playing at pace. Sedbergh were 12-0 up in the first five minutes through tries from Prop McCall and Scrum half Bayston. The latter converted by Fly Half Taylor. Momentum slowed for the next 10-15 minutes, and ill-discipline and a yellow card that led to the hosts camped in the Sedbergh 22. However, the determination and sheer bravery of the A1 side prevented St Peters from dotting down through tackle after tackle and strong line speed. As frustrations grew for St Peters, it was the Brown that having endured the referee's high penalty count, led to some brilliant counter attacking play. Three further tries in the first half from Wing Marshall, and one each for the Jacques brothers sealed the first half. T Jacques converting both.

The weather in the second half deteriorated and for the first 10-15 minutes the game became error strewn, another yellow card given, but the Brown upped a gear and two further tries were scored through Hooker Hodgson and a second for in form Jacques A. A week to prepare for the travel down south to Broadstreet to look forward to but one to get excited about.

## **U15A (National Cup) v RGS Lancaster (A) Won 31-7**

B1 scored some excellent tries against a physical opposition by making use of the width on Buskholme 1. T Bentley's cross field kick D De Lannoy being a highlight. Sedbergh played well for the first half of the first half but allowed Lancaster to impose their game plan on proceedings; the score at half time was 19-7 to Sedbergh. The second half was dominated by the Lancaster driving maul and hard carrying however the majority of this was in the middle third of the pitch. The little possession B1 had was put to good use as they ran in a further two tries. It was a pleasing win, the opportunities that were gifted to B1 were taken but the B1 did not dictate the match as the scoreline would suggest.

## **Boys' Hockey**

### **U14 County Cup – Group stage – Overall Winners**

#### **Results:**

**Sedbergh 3 – 0 KSGS**

**Sedbergh 3 – 0 QEGS**

**Sedbergh 7 – 0 Nelson Tomlinson**

Sedbergh qualified in first place from their group playing three excellent matches against good opposition. The first game was possibly the toughest, facing Kirkby Stephen Grammar School on home turf. With this being the boys first ever match playing together the first half was an understandably scruffy start. However, just before half time Hetherington found space from a through ball and squared to Captain Birkbeck who calmly passed the ball into the corner of the goal. 1-0 and the boys relaxed and increased their pace. In the second period an excellent strike from Thompson on the backhand doubled the lead with a third goal following shortly there after.

The second game, although the same score line was markedly different in nature. Sedbergh dominated possession and territory but struggled to find a way past the excellent QEGS Keeper. Bentley eventually found the answer with a strong first-time finish. Goals for Lawrence and Hetherington in the second half sealed a comfortable win. Sewell acted effectively as the glue-guy in midfield, showcasing an impressive array of passing options.

The final match was a one-sided affair against Nelson Tomlinson who already knew they could not qualify. Sedbergh however, played some really nice passing hockey, linking well and playing at a high tempo. Dunkin shone in the middle while Keith showed pace on the right. Central defensive pairing of Gawthorpe and Rowley not only intercepted any stray balls but pressed through into midfield, providing the extra man to good effect.

The County Final will be held at Sedbergh before the end of term.

## **Girls' Hockey**

### **U16A v Manchester High School for Girls (H) Lost 4-2**

The U16's took on a very strong MHSG team on Wednesday. The quality of competition was outstanding. Sedbergh started slow and invited MHSG pressure with a loose pass eventually proving divisive as a MHSG counterattacked down the right and tapped in on the back post.

However, Sedbergh retained their structure and a period of dominance before half time was rewarded when Sedbergh converted from a short corner to level the score at the half time whistle. Captain Olivia B, Jemima H and Ruby C all stepped up to the occasion as did Bella H who was defensively excellent.

Unfortunately, Sedbergh's concentration lapsed at the beginning of the second half and MHGS capitalised scoring three in ten minutes. Despite this, Sedbergh showed real determination and once again played their way back into the game. Some outstanding saves preserved MHSG lead. Darcie C was awarded a short corner after a drive down the baseline. Ginnie jumped on the rebound after a well worked short corner to put Sedbergh back in the game with five to play. Despite showing real fight MHSG closed out the game.



## Netball

### U14A v St Mary's Sports College (SIS CUP) (H) Won 25-19

Under 14A team played Saint Mary school at home, we had first centre pass and quickly got the ball down the court to Ruby who got the first goal. Saint Mary's had a good team who are very physical and scored a few goals after us in the first half. In the first half of the school ended up being 7-3, the second half, we gained confidence as we quick made our way up the court. They were strong side . The last quarter Saint Mary's made a comeback and scored quite a few goals, leaving it quite even the pressure got to us a bit and our passes weren't as strong, our determination was high, and Emily and Nicole helped pass the ball at the court. Overall we played well, but we need to work on giving accurate passes and not rushing with the ball. Well played everyone.

### 1st VII v RGS Newcastle (A) Won 28-17

The 1VII Netball team travelled to RGS for a great game. In the first Quarter we had a hard 12 minutes with some great balls into the D by Sadie and with Pippa doing some great drives out for the centre passes. The score after the first half was 7-7 meaning we knew we had to fight hard to pull the score away. In the second quarter we did this by Libby and Hannah intercepting the ball cleanly. This meant as a team we pulled the score away. At half time we had to adapt to play two six minutes. Meaning we all worked hard as a team to keep the lead we had. This was done by Maddie making some great feeds and brilliant interceptions. The final score was 28-17 to Sedbergh. Well played girls!

### 2nd VII v RGS Newcastle (A) Won 46-13

The match started off slowly in the first quarter we led 8:5, however we pulled away in the second quarter with some excellent attacking from our newest valuable addition to the team, scout. Throughout the game we had a few weak plays however the team adapted well and due to some incredible interceptions from the defense, especially with lots of tips from bea. Some amazing play in the last quarter with the opposition scoring no goals due to our player of the match, liv, performing multiple interceptions in the defensive circle. This meant that the final score was 46:13, due to excellent teamwork and netball throughout.



### **U16 Cumbria County Finals - 1st place**

It was the County Netball Rounds for the U16A Netball team today and the girls had trained excellently leading up to this. They had put time and effort into their sessions and were pumped to get on court. With a few new combinations of girls playing in the squad today, with Fran G and Alice E, it was great to see them slotting in perfectly in defence and attack.

The whole team had taken on board what we had worked on in training, and it was brilliant to see the extra sessions the girls had been doing in their free time had paid off. We started the day off strong against Austin Friars (18-5), going into another win against Trinity School (21-1). The girls had a few games off to rest and then we were back on finishing the last two games with wins - Appleby (17-2) and Dowdales (15-1).

With morale high and lots of positivity, the girls were up against QEGS in the semi-final, and we came away with a 15-4 win. It was down to the final now, against a strong and tall QES team. It was a game of two halves with QES starting off strong and dominant, but the girls quickly realised what they needed to do with Sonia G and Annie C working diligently to get many turnovers. The mid court of Daisy C and Emilia S was excellent, linking the defence and attack brilliantly. It was great to see the girls enjoying their netball and there were many things we can still take away from this going into next week's training sessions. A brilliant day of netball girls, well done all!

### **U15A v Lytham High (A) Lost 19-29**

Our u15A's went up against Lytham High on Wednesday 15th November, moments of brilliance were overshadowed by rushed and overcrowded play resulting in a final score of 19-29 in their favour. Despite the loss, there were some standout performances; Daniella nailed some impressive goals, Elsie May did an excellent job of swiftly moving the ball through the center third. But it was the team's spirits remaining high throughout the game that really impressed us.

As it was our first time playing as a squad of 10, there's is plenty of room for improvement, especially with set plays. We're going to keep working hard, practicing, and refining those through court drives. We hope to come back stronger in the next match!

### **U14A v Lytham High (A) Won 20-10**

The U14 A played Lytham high school. It was a tough game but one in which we battled through and ended up winning 20-10. Lytham made us work hard but we managed to control ourselves and play our own game. We had some players missing so we had to switch around positions but that was no problem.





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