



Sedbergh
SCHOOL

SPORTS REPORT

13 JANUARY - 19 JANUARY 2025

SPORTS RESULTS

Colours

Hockey: A Goodhart, R Herring, F Hawson and L Milbourn

Rugby

Boys U17A v Kirkham Grammar School (A) Rescheduled

JBS U17A v Kirkham (A) match abandoned after 22 mins (Sedbergh up 5-0 at the time)

In what started in very dry and good playing conditions, soon changed to extremely heavy and unusual mist that quickly flooded the Kirkham pitches and ultimately stopped play due to limited visibility. The match was unfortunately abandoned after 22 mins with Sedbergh leading on the scoreboard 5-0. We are currently looking to reschedule this match later this half term as it was a good and very competitive hit out for both sides in the minutes that were played.

Hockey

Boys U15A v Cheadle Hulme School (H) Won 2-1

Sedbergh started their season With a brilliant cup victory. After a steady start where Cheadle had possession the boy settled. Cheadle then scored a good goal which seemed to be the stimulus Sedbergh required to go through the gears. Steadily building in confidence the game began to swing in the home sides favour.

Just before half time the boys won a penalty corner resulting in Thompson finishing very calmly to equalise.

The second half was played at a much higher tempo with Sedbergh now dominant. Dunkin and Sewell were constant threats while Birkbeck showed some classy skills. With a couple of minutes left on the clock Gawthorpe stepped up from the back to smash home the winning goal.

Girls U15B v Cumbria Cup Tournament (A) Won

The U15B team had two outstanding matches against KKS and The Lakes School, showcasing both skill and teamwork. In their first game against KKS, the team secured a well-deserved 1-0 victory, with Mannion stepping up to score the decisive goal. The second match was equally thrilling, as the girls triumphed over The Lakes School with another 1-0 win, thanks to a fantastic goal by Hippisley. Throughout both games, the team demonstrated incredible determination, working tirelessly to maintain their lead. A special mention goes to Lyle, whose impressive defensive performance ensured that no ball could get past her.

The girls should be proud of their effort and teamwork, which were evident in these hard fought wins.

Girls U18A v Scarborough College (A) Lost 4-2

Travelling back to Scarborough for the second time this season Sedbergh were determined to avenge the narrow defeat suffered before Christmas.

The girls started really well, and the game was very even. Newman and Hearld looked strong in the centre while Cosgrove was given a free role in front.

Annoyingly, the home side took the lead from a penalty corner to force Sedbergh to chase. This they did with both Gresswell and Goodhart having good chances.

After the break the girls stepped up the pressure and got their reward when Jones-Perrott and Cosgrove combined to find Gresswell in the D who finished brilliantly. The next 10 minutes were frustrating as Scarborough came back and found the net twice in quick succession. Sedbergh came back again, keeping the pressure on and forcing Scarborough back. In the final 10 minutes Scarborough scored again before Gresswell got her second from an excellent penalty corner move.

Boys U18A v Rossall School (H) Won 2-1

A fierce Friday Night Lights game against Rossall to start the season for the 1st team boys. Grateful for the crowd and support the boys felt this was a must win to start the season. Rossall started strong and managed to score a well worked short corner midway through the first half. Sedbergh gained some momentum towards the end of the half but still trailed by 1 at the break. That momentum carried on and soon Sedbergh managed to score a short corner of their own, through Will T. Shortly after the first, Sloss managed to tap away a pass from Barker. Putting Sedbergh up 2-1. Some awesome fight and lots of pressure saw the boys complete the comeback and win the game 2-1. Thank you again for all the support.

Boys U18A v St Peter's York (A) Drew 1-1

On Saturday the boys headed to York to play St Peter's. Evidence of some tired legs from the night before, the boys weren't quite clicking. St Peter's managed to score first from a good flick of a short corner. Sedbergh still wasn't clicking through most of the 2nd half but with 3 minutes to go we managed to win a short corner of our own. Wells put it away and the game was set at 1-1. Momentum was with Sedbergh for the last 2 minutes and with the last whistle of the game Langley won another short corner. This time St Peter's keeper made a good save to keep the game at 1-1. A good draw for Sedbergh based on the tiredness after Friday.

Boys U18B v St Peter's York (A) Lost 3-0

The season started with a 3-0 loss away to St Peter's, although the result might have been a fair reflection on the day, the scoreline wasn't.

It was a scrappy first half with both teams playing their first matches of the season and Sedbergh went in 0-1 down.

The second half saw both teams play much better hockey, Sedburgh putting in the pressure to equalise only to concede an incisive breakaway goal. The boys pushed hard to get back into the game but couldn't turn possession into a goal.

A late 3rd goal made the game look much more comfortable for the opposition than it was. Plenty to work on in the week to come.

Sedbergh HC v Kendal 1 (H) Won 3-1

Sedbergh HC had an excellent match against Kendal 1. It took some time for the team to find their rhythm, but towards the end of the first half, they picked up the pace, leading to a fantastic goal by Robyn. This sparked the girls' determination to secure the win. They came out strong in the second half, recognising that their speed and endurance could give them the edge as the opposition began to tire. Herring and Milbourn each scored in the second half, sealing a 3-1 victory for Sedbergh HC. The team displayed great energy throughout the game. Well done!

Boys U15A v St Peter's York (H) Lost 1-0

Sedbergh U15A put in an outstanding effort in their third game of the season, narrowly losing 1-0 to St Peter's. Will and Ollie worked brilliantly together, linking up to drive the ball into the forward line.

Seymour had a phenomenal game in goal, making crucial saves to keep Sedbergh in contention. Despite the result, the boys showed great teamwork and determination. Well done!

Boys U14A v St Peter's York (H) Lost 3-2

In the U14 boys first full match of the term there were many bright points and room for optimism despite the final score. The boys tried their utmost to play a team game, trying to pass over distance and make the pitch as big as they could. An even first half was edged by Sedbergh when Laycock was on hand to finish from close range after Anderson and carried into the D to provide the assist.

5 minutes into the second half and Sedbergh were two goals up when a scramble in the Peters D led a goal from Anderson on the rebound from the Peters Keeper.

The final 10 minutes Sedbergh lost some structure and the distances in defence got a little too big. St Peters took advantage, slicing through the Sedbergh lines. With one came two and then three as the momentum swung. However, overall a very pleasing start with lot of feedback to focus on.

Netball

Girls U14A v Loreto Grammar School (A) Lost 10-49

This was a hard-fought match from the start and there were immediately some excellent interceptions from vice-captain, Penny. Lottie also made a significant impact at Goal Defence, and they piled the pressure on the Loreto shooters. Having said that, they did manage to pull away and were 10-3 up by the end of the first quarter.

From the start of the second quarter, Caitlin made a significant impact at Centre, often marking her player out of the game and it was fingertip stuff that kept Loreto in the lead.

The third quarter brought a significant change to positions and all the girls played well, responding to this new challenge. The attack showed particular improvement, scoring lots more goals, equalling their first half total in just one quarter. The final quarter continued in a similar vein and particular credit should be given to Bella, Ursula, Emily-Pearl and Lara, who all managed to achieve 100% shooting accuracy or very close to it. The final score was 15-49 and the player of the match was our captain, Caitlin.

Girls U16A v South Hunsley School (H) Lost 34-26

Fridays netball fixture saw an incredible match up between Sedbergh School Girls U16A v South Hunsley School (H). Our girls had an impressive start being up at the end of the first quarter. This was due to excellent attacking and goal scoring from the likes of Dani, Lili, Ava and Martha. However, it became an extremely tight match moving forward as there were a couple of silly errors which resulted in some turnovers for South Hunsley. Nonetheless, the defence was superb in the last quarter especially, thanks for Darcie, Stella and Martha who were able to close the scoring gap. The result at the end of match play was 34-26 to South Hunsley.

Girls U18A v RGS Newcastle (H)

Sedbergh secured a victory in their first match of the term over RGS on Saturday. The game started slowly for Sedbergh, with some early errors in the first quarter. However, Sedbergh quickly regained their focus, and started to build some momentum as the game progressed. Some strong defensive pressure resulted in some key turnovers in Q2. Sedbergh's attack capitalized on these opportunities, pulling ahead and maintaining control for the remainder of the match. It was a great game, with opportunities to see everyone take to court and get some vital match play in at the start of term.

Girls U18B v RGS Newcastle (H) Lost 28-33

The first fixture of 2025 saw Sedbergh come up against a very physical and well-drilled RGS team. The game was closely contested throughout the four quarters, with just 1 goal difference heading into the final quarter. Sadly, the result ended in favour of RGS with a final score of 28-33. Despite the result, the Sedbergh girls showed great tenacity and drive. The set pieces we had been practicing in training were performed with confidence and helped the girls to bring the ball through to the attack with ease. The shooters had a fantastic game, producing some brilliant percentages, especially when up against the physicality of the RGS defence. A brilliant first game of the season for the 2nd team. Well done girls.

Girls U16A v RGS Newcastle (H) Won 19-15

The weekend fixture today saw Sedbergh School U16A face off against RGS Newcastle in a thrilling match up. It was clear from the very beginning that both teams were on a mission to see just who would come out on top. From the first whistle, Sedbergh girls were on the attack with Dani, Ava, Martha, Elsie May and Lili on the attacking end ensuring that the first goal was ours. Sedbergh led the scoring in all quarters. There was impressive defending by the likes of Poppy, Stella, Martha and Darcie who delivered turnovers to ensure that we kept the lead throughout the match. Altogether, an excellent match for Sedbergh girls as they ran away with the match 19-15 in favour of Sedbergh.

Girls U15A v RGS Newcastle (H) Won 29-23

The U15A netball team opened their season with a fantastic home victory against RGS Newcastle in a closely contested game. Both teams showed determination and grit, but it was Sedbergh's teamwork and resilience that secured the win.

Throughout the match, the girls worked tirelessly, demonstrating excellent through-court passages of play. By using width and depth effectively, they created space and opportunities that proved pivotal in breaking down the opposition's defence.

Standout performances came from the shooting duo, Mariella and Ruby, who worked seamlessly together to convert key opportunities into goals. Ruby's clinical finishing and composure earned her the opposition's Player of the Match award, a well-deserved accolade. In the mid-court, Sophie was instrumental, excelling both in attack and defence. Her ball placement, ability to read the game, and unwavering grit made her a crucial link between defence and attack. Her efforts were recognised with the Coach's Player award.

Betsy put in an outstanding shift at Centre, tirelessly creating numerous goal-scoring opportunities for the team. She capped off her performance with an impressive showing in the Symonds run, showcasing her all-round athleticism. A huge well done to all the girls for a superb first game of the season. Special thanks to Savansha for stepping in at the final hour, to Mrs Christy for her excellent umpiring and to Kathy, Dan, and Vivian for their invaluable support from the sidelines.

A promising start to the season – well done, team!



Girls U14A v RGS Newcastle (A) Lost 15-42

The Sedbergh defence of Lottie, Penny and Annabel started well but they had to work hard as the RGS attack showed some excellent set plays and shooting accuracy. There were some excellent intercepts and touches forcing RGS into making a few mistakes. Caitlin controlled the game well at centre running hard and contributing to some excellent shooting from Ursula and Bella. The game got increasingly physical over the next couple of quarters but the girls kept their cool and Minnie also directed play well from the centre position. Emily put in a great stint at shooter getting some really good long shots in. Player of the match was Caitlin. Overall there were lots of positives to take from this but unfortunately RGS were just the stronger team on the day.

Girls U14B v RGS Newcastle (A) Lost 12-25

The U14B team played their first match together after the Christmas break, showing great determination and teamwork despite a tough result. The match started on a positive note with a 5-5 draw in the opening quarter, demonstrating their solid start. However, some unfortunate errors allowed the opposition to slowly pull ahead, and the final score ended in a 12-25 loss.

Despite the result, there were plenty of positives to take away. The shooting duo of Tilly and Abi was strong throughout, with both players showing accuracy and composure in front of goal. A special mention must go to the defenders, Daisy and Emily, whose relentless determination and strong work in the defensive circle kept the opposition on their toes.

In the centre court, Grace, Blue, Riley, and Georgie linked up well, with some lovely connections through the court and lots of positive communication to keep the ball flowing. Abi was awarded Player of the Match for her all-around contribution to the game, but Daisy and Emily's effort in defence also deserves a special mention for their perseverance.

The team worked hard and learning from this experience, there's no doubt they'll keep improving as the season progresses.

Girls U14C v RGS Newcastle (A) Lost 13-32

The team started well and were four up within the first few minutes due to some excellent shooting from both Grace and Freya. RGS then fought back hard and showed very impressive girls which our girls tried hard to match. Issy got some amazing intercepts, despite playing Goal Defence for the first time in a match- this presents an exciting prospect for the future.

With some positional changes, Isla also put up some good shots and Hetty did a brilliant job of feeding into the circle as well as getting a couple of intercepts. Aurora then took a turn at WA and she showed amazing improvement from the start of the year, matching her opponents pace and communicating well. Overall this was a good start to the season for the U14C and shows real potential for future matches. The player of the match was Issy.

Running

Senior, Intermediate & Junior Boys and Girls CSAA Cumbria XC Championship (A) Cumbria Schools XC Championships

Wednesday, 15th January 2025 – Fitz Park, Keswick

On a sun-soaked day in the heart of the Lake District, 21 members of Sedbergh School represented the South Lakes District in the Cumbria Schools Cross Country Championships. With temperatures reaching a relatively balmy 5°C after weeks of sub-zero weather, the scene was set for an exciting day of racing at Fitz Park.

Athletes were not only vying for the title of County Champion but also for a coveted spot in the Cumbria team, with the top 16 finishers in each race earning selection for the Northern Inter-Counties Schools XC Championships in Middlesborough on 8th February.

Senior Boys (Years 12/13)

George D (13Sc) led the way for Sedbergh in the Senior Boys race, delivering a gutsy performance to secure 7th place. Despite strong efforts, the remaining Sedbergh boys fell short of the top 16 in a competitive field.

Junior Girls (Years 8/9)

Lucia C (9R) delivered a masterclass in cross-country running, dominating the Junior Girls race from start to finish. Pulling away steadily from the pack, Lucia crossed the line over 30 seconds ahead of her nearest rival, cementing her status as County Champion.

Intermediate Girls (Years 10/11) & Senior Girls (Years 12/13)

In a combined race that made individual standings hard to gauge, the Sedbergh girls put in strong showings. The Lupton quartet of Julia F (10L), Daisy F (11L), Betsy H (10L), and Sophie N (10L) performed admirably in the Intermediate race, while Elif S (12R), fresh from biathlon training, impressed in the Senior Girls category.

Intermediate Boys (Years 10/11)

The day's most thrilling contest came in the Intermediate Boys race. A breakaway group of six runners, including two Sedbergh stars, set a blistering pace. Hugo B (11Sc) was pushed to his limits but held his nerve and unleashed a powerful sprint finish to claim the title of County Champion. George M (10H), competing against older athletes, displayed exceptional composure and endurance to finish 4th—a remarkable achievement for a Year 10 pupil.

A Banner Day for Sedbergh

With two County Champions crowned—Hugo B (11Sc) and Lucia C (9R)—and several other runners in contention for county selection, it was a stellar day for Sedbergh. The official results will confirm who has earned a place in the Cumbria team, but the school can already celebrate a fantastic showing.

Next stop: Middlesborough for the Northern Inter-Counties on 8th February, where Sedbergh's best will take on the finest runners from across the region.



Swimming

Mixed U13A, U15A & U18A v Stonyhurst College (H) Won 5-2

We were delighted to host our first multi age group gala on Wednesday against Stonyhurst which saw Sedbergh prep school bring a squad of swimmers. The atmosphere was electric and races proved competitive. In the U13 competition the score was 64-48 to Sedbergh with Evie Oliver and Kit Grandison particularly impressive across multiple strokes. The U15's score line was Sedbergh 60 Stonyhurst 46, with impressive performances from Oliver Stubbs and Ruby Anderson Bickley. Adam Campbell showed improved performance from consistent training with a win in the freestyle and Jack Shen with a PB for the breaststroke. In the U18 competition, Sedbergh were victorious with a 120-98 points victory. Alex Smith on his debut put in excellent performances, winning convincingly with a 24 second time on a 50m front crawl. The overall score was Sedbergh 368 points and Stonyhurst 298. Supportive team work was evident throughout and a competitive spirit shown from both sides.

Football

Boys U18B v Stonyhurst College (H) Won 5-2

We start the season with our newly formed 2nd team, before any first team players had even stepped on the hallowed Lupton ground, but when opportunity struck, our 2nd teams took to the field. The whistle blew and Sedbergh took off like a premier league freight train, passing the ball competently around the whole pitch and before Stonyhurst had as much as a touch it was 1-0 from Rocco, with Langley following up with his first as well, and only 7 minutes had passed. To be absolutely fair to the opposition, who though may have lacked some physical size to us in parts of the field, they didn't lack in skill and determination and made a great game of it from there on, stopping Sedbergh gaining any more headway before the half time whistle blew.

Sedbergh 2- 0 Stonyhurst (Halftime)

With still plenty in the tank and all wanting to play themselves into the 1st squad, we carried on with full momentum, Barnard slotting home the third. But the visitors head weren't going down, they came back with one of their own (3-1), Langley replied 4-1 to Sedbergh, before a well taken penalty by the other side made ripples in the back of our net and they weren't going away (4-2). It was fitting for Langley to grab his hat-trick, with the great effort he put in, well-earned for certain. 5-2 it ended, with Stonyhurst holding their heads high after a really enjoyable game from both teams.

Sedbergh 5-2 Stonyhurst (fulltime)

MOM J Langley



Boys U18A v St Peter's York (H) Drew 2-2

The 1st XI opener, after 2 frozen pitches games abandoned, and the lads were chomping at the bit to all start. We looked comfortable from the whistle on home turf, despite memories of a significant loss in the final game of last season from St Peters so knew how strong they'd be again.

We looked settled and controlled the game, passing between ourselves like we'd already played together all season and were so rewarded with the opening goal from an on fire Rocco that had played himself straight into the first team from the seconds last week. Beautifully controlled round the keeper he went to make it 1-0 to Sedbergh after 23mins. It stayed a balanced game for all that half, the back 4 working furiously with Konstantine and Evan stripping the ball from anyone who tried to come forward. Ensuring the visitors didn't sneak in a momentum changer before half time.

Sedbergh 1 – 0 St Peters (halftime)

St Peters were always dangerous on the break and were rewarded themselves, slotting one low past the keeper 10mins into the second half to make it 1-1 and if it hadn't been before it was certainly game on now.

Back and forth it went for the next 15mins, both teams looking for the break but stopped by great defences or solid centres intercepting everything, and it had to be great strike from their big forward at an angle get past Paidi and send St Peters into the lead, as nothing else would have. (2-1 to St Peters)

Both teams ran themselves ragged and first game cramps started grabbing players both sides. The captain had to be torn off the pitch to rehydrate, but he wasn't staying there long, after proving match fit again 10min later, he wanted on and super sub captain Mason who'd been everywhere all game ran straight on the pitch, didn't even break stride, onto a beautiful through ball direct towards the goal mouth he carried on running, round the keeper and slotted the ball home, like it had been written in a script 2 weeks earlier, 2-2 to the cheers of the Lupton terraces.

The final 5mins lasted an eternity, back and forth, neither coach hoping the other team caught a lucky ball, but despite hoping for the whistle, Joe took apart their midfield, as he had all game and sent practically the final kick of the game screeching a hairs width past their goalpost, it literally was, as it had been, that close between these two teams.

A great game to get the season properly started, a team that absolutely looks as good on the pitch as they did on paper, with everyone playing their part and giving their all, can't wait for the next one!

Sedbergh 2- 2 St Peters

(MOM – Captain A Mason)

Boys U18B v St Peter's York (H) Won 9-0

The newly formed Junior Boys Football Team kicked off their season with a dominant 9-0 victory over St Peter's 'B' Team.

Kicking downhill in the first half it didn't take long for a lively Sedbergh team to open the scoring, a neat back post header from an unmarked Zapata, put us ahead after only 3 minutes. Buoyed by this early success, a second followed four minutes later with a neat finish from Follett after good work from Firth. Confidence, now sky high, the young Sedberghians extended their lead to 5-0 by half-time, through strikes from Zapata, Souttar, and Firth.

With the upslope to contend with in the second half, the defence absorbed St. Peter's pressure and caught them on the counter attack. Another long range effort saw Souttar double his own personal tally, and make it 6-0. Sub Riley added a seventh, mid-way through the half, followed by a 50 yard dribble and finish from Firth. Zapata completing his hat-trick to round off a 9-0 victory. Man of the match was Souttar who marshalled the midfield, but it could have been awarded to a number of players after such a strong performance.

Badminton

Mixed U18A v Stonyhurst College (H)

The first competitive senior badminton match of the term brought with it some great competition and sportsmanship. As Stonyhurst only brought 4 members, our 8 players took it in turns to play. With games played top 21 points, the score was back and forth right up until the last games, where Stonyhurst just took the victory, winning 6 games to 4. Both sets of players played with enthusiasm and the Sedbergh players were patient whilst waiting for their next game. A positive start for the Badminton team!

Basketball

Boys U18A v Stonyhurst College (H) Won 49-39

After 3 years of being beaten by Stonyhurst, it felt a little inevitable that our 'bogey' team would continue the trend and pummel us once again. With squad absences for other commitments, Traill, Bulanauca and F. Taylor of Year 10 were drafted into the squad, all making their debut for the 1st team, and what a debut they had.

The first quarter was tight, and it was clear Stonyhurst had some serious talent on their team, particularly their point-guard who had everything, including a pin-point accurate 3 point shot. But Sedbergh played superbly; every attack seemed to end with us scoring points, and every time we lost the ball we tracked back as one and defended as a team. Mulligan was once again a major driving force with his skilful dribbling and 3 pointers, Barrett was his usual energetic self, Nowak played well getting some important points and rebounds, Stephens was his usual niggly self getting up and down the pitch and defending well, and Otten scored the basket of the match with a full court full-pace sprint through their entire time to score a delicate lay-up; it was quite something.

Traill did his part with his dynamic play, and Taylor seemed to be really enjoying himself by seemingly scoring lay-ups for fun. But player of the match was Bulanauca who was an absolute rock in defence, his athleticism with rebound after rebound meant that Stonyhurst's very tall centre had little time on the ball as Bulanauca had the complete measure of him; it was total dominance.

There is a danger that when two 1st XV boys and a Year 10 join the squad that the dynamic of the team changes, but not so. Traill, Bulanauca and Taylor slotted in superbly; they were friendly, competitive, and seemed to enjoy every second on the court. It was a true team performance.

Equestrian

National Schools Eventers Challenge Qualifier at Kelsall Hill, Cheshire.

Our Equestrian Team which included Elsie, Stephanie, Olivia, Lily, Natasha and Izzy were incredible, displaying an amazing attitude and motivation to give their all when faced with challenges. The course posed many tough questions early in the season, which proved to be a great test. Our riders rose to the occasion, working with new horses and learning so much in the process. They came back beaming with pride and accomplishment.

Sedbergh won the 80cm and 90cm Team events in highly competitive classes. A huge well done to Izzy and Natasha for taking the individual wins, and to Lily for securing 2nd place against many strong competitors. The support they showed each other was truly special. The team was led by our Co- Captain, Elsie, who rode 4 rounds with positivity and determination. These riders are always a pleasure to be with and the passion they have for this sport and their horses is clear to see.

National Schools Dressage Qualifier at Greenlands, Carlisle

Elsie and Lily went on to compete for Sedbergh on the Sunday at the National Schools Dressage Qualifier, alongside our ten Prep Riders. Both riders earned individual qualifications in the Prelim and Novice Tests with high percentages, playing an essential role in helping the team qualify, alongside Tom and William from our Prep School.

It's fantastic to see such strong links between the Prep Riders and the senior team, with Elsie and Lily setting a great example as role models for the younger riders just starting their journey in the intro tests. With our youngest rider being just five years old, and a growing group of girls and lots of boys coming through, it's clear there's an exciting future ahead for Sedbergh's Equestrian Team. Well done to all who took part!





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