



Sedbergh
SCHOOL

SPORTS REPORT

11 NOVEMBER - 17 NOVEMBER 2024

SPORTS RESULTS

Sport Colours

Rugby

Harry B, Oli H, Eliot M, Scott J, Fergus M, Leo W, Gus S and Jack B have been awarded their 1st XV colours for consistently strong performances throughout the season so far.

Hockey

Millie J-P and Hattie N have been awarded their Hockey colours for their outstanding contribution to Hockey at Sedbergh over their five years at the School, and their three years in the 1st XI.

Badminton

U18 Mixed Badminton v Giggleswick

In only the second fixture of the year, Sedbergh travelled to Giggleswick, to play a return match from our previous encounter before half term. There was a change in personnel, and we welcomed some rookies to the team, who brought a mixtures of approaches and styles; we also had firm leadership from Hannah N, who stepped up to the plate in the absence of Akira, who was off shooting.

Across the afternoon, the team, consisting of Hannah and Felix, Christa T, Quentin W, Caspar F, Elena Z, Mickey M and James M, played 16 doubles games and eight singles. Sedbergh ran out 14-10 winners across the 24 games played – keeping our unbeaten record for the season intact!

Running

Stonyhurst Invitational

On a picturesque evening at Stonyhurst College, Sedbergh's Senior XC team competed against five other schools in an invitational cross-country challenge. The still conditions and stunning grounds provided the perfect backdrop for the 5km course, featuring two laps for both Senior Boys and Girls.

Girls' Race

Daisy F (11L) delivered an outstanding performance, taking an early lead and never looking back to secure a dominant victory. It was a well-earned win for Daisy, who seems to have rediscovered her top form. Ruby C (11L) showed her usual consistency and grit, racing to an impressive 3rd place finish. Strong runs from Jemima H (12L) and Maddie B (13R) rounded out a cohesive team effort, earning the Sedbergh girls a well-deserved first place in the team competition.

Boys' Race

The boys faced a fiercely competitive field. Hugo B (11SH), fresh off back-to-back races, found himself in an unfamiliar 3rd position early on. Despite his determined charge down the final stretch, past the scenic avenue and swans serenely gliding in the ponds, he couldn't quite close the gap to the runner from Lancaster Royal Grammar School (LRGS) ahead of him. Joe H (12P), Angus G (13W), and Walter B-C (13P) contributed solid performances, but it wasn't enough to overcome a strong LRGS team, who claimed the boys' team prize.

This invitational highlighted both individual excellence and team camaraderie, with several strong performances and lessons to carry into the next race. The girls celebrated a well-earned team victory, and the boys will be eager to turn the tables in future competitions.



Golf

Mixed U18A v Birkenhead School (A) Lost 3-0

The score line did not reflect the incredible competition on the day. The team was invited to play at the world famous Royal Liverpool Golf Club. This is a real treat and a fabulous experience. Birkenhead were the worthy winners for sure but our three players; Williams, Brooks and Cameron put up an incredible fight against superior golfers. We had clear blue skies and zero wind. It was paradise!



Netball

Girls U16A v County Round (H)

In the pool matches they had four matches against Keswick, Appleby, Dowdales and Trinity. With 2 wins from their first 2 matches the girls had started strong and started to build their connections on court. A closer game against Trinity in the third match saw some errors creep in but with some excellent turnovers from Betsy in the mid court, the girls took the win with only one match left in the pool rounds. Taking the confidence from the previous game the girls played with some freedom and with some great defensive pressure and excellent shooting, they finished top of their pool.

In the semi final the girls faces QES who had played some good netball all afternoon. However the girls knew if they won this it would secure them a place at regionals so they were ready and raring to go. Some early turnovers it gave the girls confidence and they continued to apply the pressure in defence. With some great connections through court, the mid court found the shooters under the post and they took the win in great style.

In the final the girls faced KSKG and we knew this would be the toughest game. A well drilled side saw them take the early lead but the girls were not giving up and managed to pull back a couple of goals. Some mistakes did creep in and the KSKG capitalised on this and took the win but the girls put on a great display of netball.

Runners up and through to the Regionals rounds it was a great afternoon of netball. Well done!

Hockey

Girls U18A v Oakham School (H) Won 4-0

Sedbergh's first team delivered their best performance of the season, dismantling Oakham in a match that showcased their complete mastery of the game plan. The contest was effectively decided in the first half, as Sedbergh's relentless energy and precision overwhelmed their opponents from the opening whistle.

The breakthrough came early, with a surging attack down the right wing culminating in a pivotal moment inside the D. Cosgrove's deft touch and quick hands forced a foul, earning Sedbergh their first penalty corner. While Newman's initial shot was parried, the rebound fell perfectly to Hawson, who smashed home her second goal of the season, celebrating with a jubilant skip of joy.

Minutes later, Sedbergh struck again from another penalty corner. This time, Newman's drag-flick was unstoppable, rifling into the bottom-left corner and leaving the Oakham keeper with no chance.

Sedbergh's third goal was a thing of beauty. Newman, pulling the strings in midfield, threaded a precise through-ball to Gresswell at the top of the D. The dynamic striker weaved past three defenders with breathtaking skill before lofting the ball over the onrushing keeper to make it 3-0 in just the first half.

The second half saw Sedbergh maintain their intensity, hunting for a fourth goal. Newman intercepted a loose pass and delivered another inch-perfect ball to Gresswell. Though her shot was partially blocked, the ball fell kindly to Goodhart, who showed great composure to flick it past the keeper for a clinical finish.

Despite the scoreline, Oakham fought valiantly, forcing Sedbergh's defense to remain vigilant. Herring and Hawson were standouts at the back, while Renison, Hope, and Pringle showcased excellent discipline and composure under pressure.

This dominant performance highlights the immense potential of this Sedbergh team. If they can sustain this level of consistency, combined with their evident hunger and intent, they will undoubtedly be a force to reckon with in the weeks ahead.





Girls U18B v Stonyhurst College (H) Lost 2-1

With only a few games left in the season, Sedbergh put up a determined fight in a narrow 1-2 loss to Stonyhurst. The team displayed resilience and skill as they tried to control the game, with Phillips and Starling driving play up the wings, while Pattison, Harrison, and Palmer worked hard in the midfield, aiming to connect with the forwards.

Sedbergh's efforts paid off just before halftime when Vincent found the back of the net, levelling the score at 1-1. The team carried their momentum into the second half, creating chances and holding firm. Unfortunately, Stonyhurst managed to break through Sedbergh's defence, slipping a goal past Dinsdale to end the game at 2-1.

Though disappointed by the loss, Sedbergh remains determined to finish the season strong. Man of the Match: Jem P!

Girls U18C v Stonyhurst College (H) Drew 2-2

An evenly matched contest saw Sedbergh twice come from behind to earn a 2-2 draw. Stonyhurst went in front against the run of play midway through the first half after the girls failed to capitalise of early opportunities. The girls started to come back into the game towards the end of the first half and Rosie N finished a good team move to equalise before half time. Stonyhurst again went ahead in the second half before Ava V squeezed a shot into the bottom corner from another good team move. Sedbergh hit the back of the net again from a short corner, but Vai J had the goal ruled out as it was inches over the backboard.

A draw was a fair result in an even game, the girls showed great character to come back from behind twice and produce their best display so far this season. Player of the match Vi Jones.

Girls U15B v Stonyhurst College (A) Lost 7-0

We knew from the first whistle that facing Stonyhurst's U15A team would be a tough challenge, but we stepped onto the pitch determined to give it our all. The speed and accuracy of their attacks took us by surprise early on, and they managed to score a quick succession of goals in the first half. Our defense worked tirelessly to contain their forwards, with some incredible saves from our keeper, but the pressure was relentless. We fought a hard game but unfortunately it wasn't our day and Stonyhurst came out on top.

Girls U14A v Stonyhurst College (A) Lost 3-2

The girls arrived at Stonyhurst feeling confident and ready to go. Even though they were 3-0 down at halftime, the girls didn't let their heads drop. After the break, Sedbergh came out fired up and determined to make a comeback.

The momentum shifted when Xanthe scored a brilliant goal from a short corner, and that really got them going. Then Penny added another fantastic goal, making it 3-2. In the end, they didn't quite get the win, but the girls gave it everything in the second half. It was a really physical game, but Sedbergh played some of their best hockey of the season. Despite they didn't win, the team fought until the last whistle.

Rugby

Boys U18A v Mount St Mary's College (H) Won 57-3

Eager to get back on Buskholme 1 and put in a strong performance Sedbergh hosted Mount St Mary's in dry playing conditions. Straight from the first whistle it was clear that Sedbergh were hungry and excited to be back on the field together. Six first half tries laid the platform for a huge 38-3 lead at the break which included some outstanding scores from A Jacques, L Winkler, H Bellamy & W Bennett. Three further well executed tries followed in the second half from E Marschall, L Winkler & W Barrett as time was called early and Sedbergh recorded a dominant 57-3 victory. We now look forward to Wellington College at Broadstreet in a much-anticipated annual fixture between two great schools.

Boys U18C v Prince Henry's Grammar School U18A (H) Won 47-24

3rds played well to overcome a strong PH team who were very combative and physical around the breakdown. However the 3rds backs were just too quick and made the most of the open space on Riverside to record a good win.

Boys U18D v Ermysted's Grammar School U18A (A) Lost 0-31

We failed to complete our chances in the 1st half which otherwise should have looked like a respectable score line. It was however a case of always being on the back foot in the second and we never again looked like scoring. Just a bridge too far against some very big lads.

Boys U18E v Mount St Mary's College U18B (H) Lost 66-7

The 5XV took on their biggest challenge of the seasons so far, Mount St Marys, 2XV on Busk 2. The 5XV should great determination and resilience against a well drilled team, Sedbergh made some great try saving tackles in defence and they did not give up for the whole game. Sedbergh also looked strong with the ball at times, which led to a great try under the posts straight after half time. The visitors were very strong and won the game comfortably 66-7.

Boys U15A v ST Anselm's College, Birkenhead (H) Won 37-10

Buoyed by their victories over NSB and Warwick, the B1 side had a target to start fast. alas the opposition had other ideas and were very much up for this game. It was however the home side that dominated possession, though far too many errors or individuals trying to do too much meant it was a while until denting the scoreboard. Prop and co-captain Hewson scored a brace after some strong carrying. The visitors hit back through a penalty with the Brown scoring a third through evasive running from Carrs. However, it was the visitors that finished the half on top, scoring a strong pick and go...and converting.

Half time Sedbergh 15, the visitors 10.

The second half needed a step up from the Brown, and they produced just that. Centre Carrs finishing off a nice move to score out wide. Co-captain Hewson scored his third after a good drive from a lineout, before the game was sealed with scored from winger Gawthorpe and impressive running from Taylor.

Boys U15B v Ermysted's Grammar School U15A (A) Won 20-19

Buoyed by their victory at Warwick B2 made the short trip to Ermysteds ready to face a tough challenge and so it proved. They possessed some powerful and direct runners. Having weathered the early storm Sedbergh took the lead with a well worked try after some sustained pressure.

Unfortunately, the defence then found the bullfighting capes and gaps were exploited by the opposition such that despite another try of our own we reached half time 7 points down. Time for a chat about playing for your mates, the SSFC and having pride in wearing brown etc. A much better second half with B2 dominating possession and territory saw a try pulled back. Suddenly we are awarded a penalty and our kicker knows what the score is and the tee is heading on and the penalty puts us ahead. Still time to invite pressure and have to make many tackles near our line before the referee ends the game. A great reaction 2nd half from the boys.

Boys U14B v QES, Kirkby Lonsdale U14A (A) Lost 14-33

C2 were energetic and warmed up really well, going into the game in a positive tone. However, simple tackling errors lead to 2 early tries from QES. Unfortunately, it took the concession of 2 tries for the boys to step up in defence, and from then on, our defensive system was much more solid, and we let them play much less.

For the rest of the first half, we were the much better team, scoring a fantastic try, playing from edge to edge, making metres over the gain line each phase and exploiting gaps out wide. Continuing into the second half, we played flowing rugby in attack, but we struggled to get the pressure in defence that we showed in the first half. We let them play with too much space and again couldn't deal with their strong runners, leading to more tries.

A late pick and go try from Finn M added another try for us, but it was too late for a come back. The game ended 14-33. A positive performance from C2, as they displayed a lot of nice rugby, but our weakness in letting the opposition score easy tries has been something that needs to improve throughout out season.





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