

# SPORTS REPORT



SEDBERGH  
SCHOOL

FOUNDED 1525

10 JUNE - 16 JUNE 2024



*“ALL IT TAKES IS  
ALL YOU’VE GOT.”*



@SEDBERGHGIRLS



@SEDBERGHSPORT

# SPORTS RESULTS

## Special Mention

Congratulations to Isabelle, Bea and Olivia who completed their Half Ironman yesterday, raising money for Breast Cancer Research Aid.

The trio have raised over £1500 so far and if you would like to donate, you can do so by clicking [HERE](#).



## Cricket

### Girls U18A v Scarborough College (H) Lost

In Round 3 of the U18 National Schools T20 Cup, Sedbergh Girls 1st XI faced Scarborough College. Sedbergh elected to bat first, with openers Hetherington and Hawson providing a cautious start against Scarborough's formidable bowling attack. After a partnership of 21 runs, Scarborough dismissed Hetherington and captain Jones-Perrott in quick succession. Hawson attempted to stabilize the innings with Jones, but Sedbergh struggled after Hawson's dismissal. Jones helped the team reach a total of 64 before being bowled out in the 18th over.

Chasing the score of 65, Scarborough, led by captain Khan and Marumani, chased down the target in the 15th over, securing a decisive victory. Sedbergh aims to recover in upcoming fixtures.

### **Boys U18A v Myerscough College Old Trafford (A) Lost**

The North West Final of the National T20 saw Sedbergh travel to Myerscough Old Trafford. It was always going to be a tough game against a strong team on their own ground. Sedbergh lost the toss and were put in to bat. An impressive opening stand got us off to a flyer, 83/1 was the score in only the 8th over. One brings two is the old saying, two balls later Aldersly was caught at long off for 56 off just 39 balls. Tomlinson and Firth took the score to 144 before Zeri was run out for 42 off 25 balls. Unfortunately we could not keep up the momentum after that and finished with score of 172, a good score but we felt 15-20 runs short on a small ground.

The game looked evenly matched, Myerscough's first wicket also fell at 83 but we didn't strike again until the score was 133. The game was probably decided just before that wicket, 28 runs scored in 6 balls across two overs had brought the run rate down enough to take away and scoreboard pressure. Myerscough won the game with a couple of overs to spare, but it was a closer game than the 7 wicket win suggests. It was our strongest performance so far, to do it a final under pressure was good to see.

Unfortunately our cup run came to an end 3 games from a Lords final, we will be back next year looking to get closer to a day out at the home of cricket.

### **Girls U18A v Barnard Castel School & Shrewsbury School (H)**

#### **Sedbergh Girls 1st XI V Barnard Castle - Won**

In the next round of the Girls U18 100 Ball Cup, Sedbergh Girls' 1st XI faced Barnard Castle. Winning the toss, Sedbergh opted to bat first, with Jones and Hawson opening. Despite Jones's early dismissal, Hawson showcased remarkable composure, anchoring the innings. Partnering with Starling, they forged a crucial 55-run partnership, elevating the total score to 90. Hawson remained unbeaten, demonstrating exceptional poise.

Barnard Castle began their chase cautiously, hindered by the superb bowling from Jones, Jones-Perott, and Cosgrove. A strategic bowling change saw Harrison strike, dismissing both openers in her first over. Captain Jones-Perott delivered a stunning performance in the 14th over, securing a hat-trick aided by Pattison's stellar fielding. Sedbergh's collective effort shone through, leading to a convincing 38-run victory.

This triumph highlighted Sedbergh's balanced team effort, with every player contributing significantly, from batting and bowling to fielding. Their determination and unity were truly inspiring, setting a high standard for future matches.

#### **Sedbergh Girls 1st XI V Shrewsbury School - Lost**

Riding high on their previous victory, Sedbergh Girls 1st XI faced Shrewsbury in their next match. Sedbergh won the toss and chose to bat first, but their batting lineup struggled against Shrewsbury's experienced and disciplined bowling. Despite valiant efforts from Starling and Newman, Sedbergh was bowled out for 48, leaving the team under pressure.

Defending the low total, Captain Jones-Perott made an early breakthrough, dismissing Shrewsbury's Captain Hurford in her second over. However, Shrewsbury's batters Khan and Millar steadied their innings and successfully chased down the target, securing victory in the 12th over. Despite the setback, Sedbergh remains focused and determined for the upcoming cup matches. The team's resilience and positive spirit continue to drive them forward, learning from each game and staying united in their pursuit of success.

## **Tennis**

### **Boys U15A v Stonyhurst (A) Won**

Stonyhurst welcomed the boys for an afternoon of friendly singles and doubles tennis. The boys have mainly played doubles this term so the opportunity to play singles meant that they were very excited. Each player played two singles and two doubles matches against their opposite pairs. Once again, some fine tennis was displayed, winning all their matches but one, ending in a 15-1 result. Well done boys!



## **Athletics**

### **ESAA Track and Field Cup Regional A Final (A)**

The year 9 /10 boys team competed in the regional A final at Blackpool. They went up against the best 11 schools in the Northwest. All pupils competed exceptionally well but the level of competition was exceptionally high and Sedbergh finished in 10th place.

### **Northern Schools Inter Counties Track and Field (A)**

13 pupils were selected to compete for Cumbria in the northern inter counties match. This again was a high standard competition, but the team rose to the occasion and achieve many personal bests and school records.

Starting the day, Iris achieved the school record in the pole vault. Emma continued her excellent season, winning the 200m and finishing 2nd in the 100m, achieving school records and national qualifiers for both. Victoria also won the 100m in a school record time/ national qualifier. She also achieved a personal best in the high jump, again with a school record placing her 3rd in the country. Carter and Sam both threw a personal best in discus. Lucas finished 2nd in the shotput, with a personal best.

Betsy finished 4th in the 300m, with a personal best time. Daniella put in a consistent performance in long jump. Daisy, George and Ben all performed well in their 1500m races respectively. Alex achieved a season's best in the javelin. Finally, Hugo ran a 1500m personal best, national qualifier and school record. Overall, this was a really positive day for Sedbergh Athletics.

Watch Hugo's blistering last lap [HERE](#)

Watch Emma's record-breaking 100m [HERE](#)



## **Golf**

### **Sedbergh Golf v Ermysteds**

On the most glorious day of the month, we faced Ermysteds at home and we played a full x18 holes on an incredibly beautiful evening. The Yorkshire Grammar School brought a young team but talented nonetheless.

Sedbergh too had a few young players and they did remarkably well and we were resounding winners. It was a truly fabulous day playing with great boys.

### **The Real Ryder Cup; Staff v Pupils Golf**

Ten pupils were confident in their pursuit of victory against the Sedbergh Staff. The confidence of the pupils didn't last long, indeed their hopes and dreams were dashed as the experience of the staff shined through from the start. Mr Oliver beat senior 1st team player, Evan Williams 5 and 4 and this became a common theme throughout. There was some hope for the youngsters in the middle groups as Taylor beat Mr Gunning on the 17th hole and Mr Toward lost on the last hole but then the pupils crumbled one-by-one and the staff were victorious. There is a rematch clause in the contract and we will look to play again in September.

It is worth noting that we have had 96 pupils playing golf regularly at the club. Despite some days of inclement weather, it has been a truly lovely term. We are delighted to see so many pupils and staff playing at the club and it has been lovely to get so many compliments from the members about the well behaved Sedbergh pupils.





## Running

### Hawkshead 10k Road Race (A)

On a rare still and warm evening of Wednesday, 12th June 2024, the picturesque village of Hawkshead was abuzz with the energy of the Hawkshead 10k road race. The Sedbergh team, comprising 15 runners, joined the race around the beautiful Esthwaite Water, adding to the total of 140 runners who lined up to challenge the undulating course.

The first Sedbergh runner back was Mr Davis, who finished his final run for Sedbergh in a commendable 12th place, clocking in at 36:49. Hot on his heels was Mr Wells, who secured the 1st V50 spot in 13th place. Mr Mather made a rare appearance on the road, stepping away from his preferred hill running to finish in 17th place.

The juniors also had a strong showing, with Euan W (10SRC) leading the pack in 23rd place with a time of 38:55. Close behind was Alfie S (13E) in 24th place, both achieving personal bests.

Valentin P (12E) made his final appearance for Sedbergh before his return to Germany. His contribution to the team will be greatly missed, and we wish him well on his journey. It was also a delight to see Nicole Jeffries (OS Carus) running.

In her last run for Sedbergh, Hannah F (13C) was the first female runner back for the Club, finishing in 44:35. Hannah has had a tremendous season and leaves us with some fantastic memories. Her endless joy has been a constant source of inspiration for the team this year.

Traditionally, Hawkshead marks the last race of the season for us. As everyone left the event, the air was filled with a sense of accomplishment and anticipation for running together again in September. Here's to another season of great runs and personal bests!







**SEDBERGH  
SCHOOL**

**FOUNDED 1525**

**Admissions@sedberghschool.org  
015396 20535**

**WWW.SEDBERGHSCHOOL.ORG**

