

SPORTS REPORT



SEDBERGH
SCHOOL

FOUNDED 1525

06 NOVEMBER - 12 NOVEMBER 2023



*"ALL IT TAKES IS
ALL YOU'VE GOT."*



@SEDBERGHGIRLS



@SEDBERGHSPORT

SPORTS RESULTS

Special Mentions

Congratulations to **I. Dunkin** on receiving her Hockey Colours for '*her fantastic efforts for the team over the last two seasons. Brave, humble and completely committed!*'

Rugby

U14B v Durham U14A/B (H) Lost 17-12

In a tight match, C2 just lost out to a good Durham A team. Great learning experience for this talented group going forward.

3rd XV v Wilmslow 1st XV (H) Won 63-7

The 3rds were too strong for a competitive Wilmslow 1st XV who battled to the end, but could not match the speed of the Sedbergh backs.

U16B v Durham U16A/B (H) Won 23-0

A2 put in outstanding team performance to beat Durham on Lupton. They continue to get better in every match and were too good for a strong A team opposition. Delighted with this result.

U14A v Manchester GS (H) Won 67-0 (National Cup)

C1 weren't at their best in this encounter but proved too strong for Manchester, running in a total of 11 tries to run out 67-0 winners and progress to the 4th round of the national Cup. Tougher tests will follow when the team will have to look after the ball better and attack with more patience but C1 are progressing well at this stage of the season.

1st XV v Warwick (H) 24-24 Draw

The 1st XV at times played some great rugby – particularly early in the second half where we looked completely dominant with a good lead. Unfortunately, a mix of discipline and errors in the final 20 minutes gave Warwick opportunities back into the game and they deservedly took these to gain a 24 all draw on the last play. We now look forward to MSM on Wednesday under lights in an exciting opportunity to play again as a group.

2nd/3rd XV v Warwick (H) Won 38-17

Sedbergh Second Team delivered a commanding performance in the first half, showcasing swift, multi-phased attacks that left Warwick struggling to cope. The scoreboard reflected Sedbergh's dominance as they headed into halftime with a convincing lead. The second half saw Warwick gaining possession, but Sedbergh's defence proved crucial in weathering challenging moments. Cooke stood out with an outstanding first-half performance, contributing significantly to Sedbergh's win.

4th XV v Warwick 3rd XV (H) Won 24-19

The 4th XV faced their toughest test of the season so far against Warwick's very large 3rd XV. After a promising start where we had multiple chances that we narrowly failed to complete we suddenly found ourselves 0-12 down. The fight back ensued with tries from Naylan and Rummun both converted by the ever reliable Green allowing us to close on HT 14-12 up. Another poor phase of defence however saw us concede 7 points just before the whistle.

'Own the brown shirt' was the message at half time. It worked and a rapid response from Stemp and Green's boot saw us reestablish the 2 point lead. A slogging match for 25 minutes saw neither team capable of breaking the deadlock. With minutes to go the 4ths suddenly had to learn that running the clock down was as important as heroics. A 40 yard penalty kick from Green soaked up a vital two minutes and remarkably added another 3 points to a slim buffer.



U16A v Warwick (A) Won 26-22

A1 travelled down to Warwick off the back of an industrious week having learnt a lot from their tussle with Clifton the weekend before.

It was the hosts that set the early tone, with the Brown making too many unforced errors and second to the Rick duels. Warwick took advantage of these and we're very disciplined in scoring two good Lineout catch and drives. One of these converted. A1 replied well and began to push the ball through numerous phases but the hosts continued to frustrate the Brown attack. Moments before the half time whistle whilst A1 pushed hard, an interception on the 10 metre meant a third try for the hosts, and fir the first time this season A1 to trail 17-0 at the break. After an honest half time chat, a positive reaction followed. Immediately from kick off the Brown had their hunger back. A fantastic second half performance by Lock Moore started the ball rolling and he deserved the first of four tries for A1. Captain Jewsbury continued to lead from the front, scored the second try which was converted by Jacques.

The forwards took it upon themselves to up the physicality and flanker Kirby was next to dot down. Again well converted by Jacques. Momentum was then definitely on the visitors side, however the talented Warwick side fought back and scored through their left wing after a kick through. With the score now 22-19 to Warwick and time running out, once again up stepped the Brown and from a turnover scrum, 5/6 phases later a winning try was scored in the last play by Captain Jewsbury. The conversion made and the whistle blown.

U16B v Warwick (A) Lost 24-5

In very competitive and hard-fought fixture, Warwick held on to claim the victory in a great game.

U15A v Warwick (A) Lost 33-22

B1 fought very hard all game. We came out slower than expected but a great carry and offload from Patterson got them going. The ball never seemed to bounce B1s way and despite all their effort they came up just short. Lots to take from the game.





U15B v Warwick (A) Lost 26-7

Many positives to be taken from this performance, namely strong defence and the willingness to move the ball.

A bigger pack scored 4 drive over tries from close range to ensure victory for our hosts.

U14A v Warwick (A) Won 19-0

An injury to fly-half Riley at kick-off meant that C1 had to reshuffle, and several players had to slot into unfamiliar positions. Inevitably, this caused some initial disruption but the side soon found their rhythm. We had most of the territory in the first half but found it hard to score against a tenacious Warwick defence on a narrow pitch. However, Carss intercepted and scored under the posts to give us a well-deserved half-time lead. C1 then put some good phases together after the break and had the better of the second half as well. Patient play resulted in tries for Heslip and Dunkin and enabled Sedbergh to run out 17-0 winners. The defence was excellent again, this being the third game in a row when the opposition failed to cross our line.

U14B v Warwick (A) Lost 22-17

C2 lost narrowly to Warwick in a great match up between two good teams.

Basketball

1st V Basketball v Rossall (H) Won 35 v 27

In what was at times a frantic match, Sedbergh did just enough to win against an accomplished opponent. With the scores at 21-20 at half time it looked as though the questionable decisions of the referee (IL) might put paid to Sedbergh's winning run, but Captain Mulligan sank a 3 pointer and Barrett and Robinson scored a couple lay-ups in the final quarter. Prinz zu Weid had a great debut for the first team scoring plenty of points and claiming over a dozen rebounds...a new 1st V star is born!

Badminton

1st Team (Boys & Girls v Rosall (H) Won 23-17

This was another win for the Badminton team with some very close matches throughout the afternoon along with some broken strings in rackets. We won 23 games to 17. Aviv managed to record some games for his PE A level. Sam and Akira had some very good close matches, with long rallies, coming out on top for most of them. Aviv and Toby played some very close games too, the girls Valentina and Seme also won many of their games with Seme's competitive streak spurring her on and Valentina's smash.

Kit and Luke also played well winning a decent number of games too. Throughout the afternoon there were some long rallies from everyone and some well placed shots along with some killer smashes. A good and successful afternoon for Team Badminton.

Girls' Hockey

U15A XI v Solihull (A) Won 3-2

With ten minutes of the second half remaining Sedbergh's third goal, an excellent roll and finish from Darcy C from a well worked short corner, should have sealed the deal with Sedbergh leading 3-0. However Solihull, inspired by their excellent inside right who threatened throughout the game, scored two quick goals to set up a tense final five minutes as the girls tired. However excellent defence and two fine interceptions from centre back Harriet B meant that Sedbergh progress to the quarterfinals.

Earlier in the game Sedbergh had dominated possession and territory and fully deserved their two goal lead at half time, Danni B and Lucy H the goal scorers both set up by drives into the D from Penny V and Darcy C in the right hand channel. Sedbergh had also hit the post and forced several good saves from the Solihull keeper. However Sedbergh did not have it all their own way, Solihull looking at their most dangerous on the break but goalkeeper Heidi H made three good saves to keep Sedbergh in the lead.

A gritty win from the girls with plenty of positives but equally some really good learning opportunities that coach Milburn will no doubt look to work on before the next round.

1st XI v Kirkham (A) Drew 3-3

Sedbergh travelled to Kirkham with high hopes of recording a win and getting some points on the board. The girls started brightly with Jones-Perrott continuing to impress on the right hand side, linking well with Sinclair-Bruce and Broderick. From this early pressure Sedbergh scored when the ball was worked to Dunkin who's goal bound effort took a handy deflection off a defender into the goal. For much of the first half Sedbergh dominated play and should have been more goals to the good in truth. However, just 5 minutes into the second half the lead was doubled when a nicely worked corner routine resulted in Sinclair-Bruce finishing neatly. As the half progressed though Sedbergh tired and Kirkham did not give up. They have some quick forwards and they capitalised on a defensive slip to halve the lead. Sedbergh wobbled, and in an instant Kirkham were level and then ahead in a crazy 5 minute spell. However, Sedbergh did not give up. They pressed high and created a number of chances before Captain Lindsey, returning from illness, scored the equaliser. Sedbergh pressed and pressed to find the winner but it wasn't to be.

1st XI v Scarborough (H) Lost 5-1

A tough afternoon on Newfield for the girls as they faced a very strong Scarborough team, seemingly drawn from all four corners of the globe, who played with pace and aggression. Sadly for Sedbergh they lost star full back Herring after just five minutes going down heavily on her shoulder after a trip.

This change really rocked the girls and in the following ten minutes Scarborough scored twice to give the home team a real task. Sinclair-Bruce dropped into fullback and had an instant calming effect. Giving some much needed reassurance. Just before halftime Scarborough scored another but Sedbergh's heads did not go down.

With some reorganisation at the break the girls came out fighting and should have had a couple of goals when first Broderick and then Goodhart went through on goal only to see their efforts saved. Sinclair-Bruce scored from a corner and at 3-1 it looked like a come back was on. As Sedbergh pressed a quick break by Scarborough led to an easy tap in and the game was gone. A great effort and one where truly the score does not tell the full story.



U16 v Scarborough (H) Won 4-1

On a sunny Saturday afternoon The Under U16 played some outstanding hockey against Scarborough. The team dominated the play from start to finish winning 4-1.

Very nice collective moves from Darcie Olivia, Ruby, Elsie, Jemima.

Scarborough tried to carved through the defence but Amelia, Bella, Sonia, Ginni and Anna made a good job along our Goalie Alice to keep almost a clean sheet.

This Team is a talented group who are really starting to turn into something special. Well done girls!

1st XI v Denstone (A) Won 2-1

An entertaining close battle saw Sedbergh in real fighting mode. With a changed formation Sedbergh looked tighter in defence and more connected with the ball. Jones-Perrott once again shone on the right while Sinclair-Bruce, newly installed on the right of a back three provide stability and calmness.

The first half was almost all Sedbergh, dominating possession the girls should have scored at least two of the numerous chances created however, the final ball or touch was always just wide.

The second half saw Denstone drop to a half pitch press which gave them a couple of counter attacking opportunities, Sedbergh dealt with these well at first but a Penalty Corner against resulted in the opening goal for the home side. Undeterred , Sedbergh pressed again, Thompson should aggression on the ball while Hodgins put in a big shift. A good period of pressure led to a penalty corner for the Brown and Sinclair-Bruce finished well.

1-1 and Sedbergh once again dominated possession. And showed great desire and passion. Broderick, on a one woman mission, made a great interception drove quickly into the heart of the Denstone defence beating three players before somehow getting a reverse shot off under massive pressure to score the winner.

A much-deserved victory that should give the team real belief doing into the next few matches.

2nd XI v Denstone (A) Won 1-0

The 2nd XI travelled down to Denstone this week.

The game was frustrating with the girls struggling to adopt to the slow pitch. However, this team showed once again their ability to persevere under pressure, eventually sequencing out a 1-0 win.

Sedbergh played on the front foot for almost the entirety of the game with Anna, Jemima and Liv all looking particularly dangerous. However, sedbergh struggled to find that last connection in the D with ample golden opportunities being wasted. Eventually, after relentless pressure in the second half Freya found Hannah who was able to slip it past the Denstone keeper to give Sedbergh a much deserved 1-0 win. Full credit to the Denstone keeper who was by far the busiest player on the pitch and we'll done to the girls for finding s way to win! The hallmark of a great team.



Sedbergh HC vs Wigton 3's (A) Lost 2-1

Sedbergh travelled away to play Wigton ladies on a glorious Saturday morning this weekend. On a beautiful day, the game started with a minute of silence to reflect and respect those who have lost their lives at war.

Following this, Sedbergh started the game with some beautiful hockey. They maintained possession for the first 8 minutes of play and were looking very dangerous on the ball. Wigton, once they gained possession, were able to break away leaving a player high. They were able to score a goal through a one on one attack. This put fire in the bellies of Sedbergh, and the girls were able to claim a goal back, through a fantastic run from Francesca. She took a hard strike from the top of the D, which Ellie was able to convert having positioned herself perfectly on the post. At half time everything was still all to play for.

During half time, we talked about keeping possession, and communicating well, particularly by putting a name on the passes. We also discussed moving forwards with the ball in our attacking 25. There were some beautiful transfers throughout the game, but we were most threatening when we drive forwards. This was much better in the second half, which we entered very keen for the win. Sedbergh maintained possession throughout most of the second half, with many shots on goal. Unfortunately, none of these were converted. Wigton received a penalty corner, which they successfully converted after 3 excellent saves by Alice, followed by rebound shots.

Sedbergh had one final attack which was looking very promising, but, unfortunately, the final whistle was blown just as Sedbergh were about to strike from the top of the D. It was a disappointing end, particularly as Sedbergh had most of the possession throughout the end. However, there were lots of lessons learned, and the girls are eager to secure the win when we play Wigton again at home after Christmas. Some notable performances from Sonia in defence, who was exceptionally reliable, and Robyn in midfield, who managed to be everywhere on the pitch all at once! Francesca was voted player of the match by the team, and this decision was almost unanimous!

U15A v Denstone (H) Won 8-0

Report written by Ruby

We were slow to start, but we soon began to connect with each other and link well. The forwards were all ready in the D for Lucy's great ball and Violet got on the end of it, to open the scoring. The defence, by Bella, Hettie, Martha, Daisy and Lili transferred the ball well and always dropped back, strongly defending our side. Ruby, Ginny, Poppy and Penny carried strongly in the middle of the pitch, using the width well and acting as pivotal players. At the front the forwards, Lucy, Violet, Daniela Ava and Darcey played really well, creating lots of shots at goal.

Our second goal was created by Poppy on the post creating a wider goal as Ava passed it in.

We scored 3 goals in the first half, with the last on a strong flick from Ginny, who gave us a penalty flick. Top right hand corner goal as Ginny stayed calm and composed.

The whistle blew and the second half began. We went off stronger, attacking with enthusiasm. We adapted to their play and changed our press to 100%. We started to use the width which created many more opportunities. A cross from Ruby to Lucy and then Darcey secured our second goal. Darcey did not stop there, bringing the score up to 5-0. Bella came all the way up from defence firing the ball into Darcey on post, as the score changed to 6-0. Poppy received the ball and passed a lovely ball to Penny, who looked up and positioned it into space as Lucy hit the bottom corner, 7-0. Daisy's great drive from the wing crossed it to Darcey who dribbled through the defensive line with another goal. The forwards really worked hard. Hettie and Bella communicated very well and understood when to cover for each other. We finished 9-0 from a short corner of Ruby. The team played really well and were pleased with the win, although after some reflection we decided on aiming to focus on making the pitch as big as possible. Well played to Denstone and thank you for the great game. A special shout out to their defender and to Darcey for receiving player of the match!

U15B v Denstone (H) Lost 3-2

The U15B girls hockey side took on a strong Denstone 11 this Saturday. After scoring two early goals, the girls kept possession of the ball extremely well and made it hard work for Denstone. Unfortunately in the final 10 minutes the girls conceded 3 goals in what was a fantastic game. With stand out performances from Martha and Violet.

U14A v Denstone (H) Won 10-0

Report written by Harriet B

The U14A played Denstone College and we won 10 - 0 and it was a very good match. Denstone were not as strong as us, but we made sure to keep the quality of our hockey high and not lower the standard of our game. We played a very good strong and fierce match. We were able to create lots of space and worked hard to make the pitch big in attack, and play simple effective passing hockey, and then make it small and compact when defending. Bea played exceptionally well not only on the ball but off as well. At some points we did go back to trying to pass through sticks but we have improved so much since the start of this season.

U14B v Denstone (A) Won 1-0

A very close game for the U14B team. For most of the game, it looked like neither team would break the deadlock with the ball going from end to end but neither team managing to convert their chances. The Sedbergh girls worked tirelessly up and down, linking well between the midfield and forwards and Ruby D scored the goal to give them the win. Well done all!

Boys' Hockey

U18 Cumbria Tournament – Won the Tournament

After a slow start against Windermere the boys broke the deadlock after an interception released the front three who calmly bypassed the Windermere keeper. A press change and an injection of intensity at half time saw the boys score 6 well worked goals with debutant Luis finding the net three times.

Sedbergh 8 - Windermere 0

The second game saw Sedbergh play Kirby Stephen. A fixture that finished 1-0 the previous year in favour of Sedbergh. This was a much tighter game and the boys found themselves 1-0 after five minutes following some flash skill from their centre midfield. That said, the boys stuck to their processes and principles and showed real character under pressure. This was rewarded when when a Henry played a spectacular ball to Jamie who was taken out by the keeper. Captain Tom making no mistake in converting the flick. With two minutes on the clock Sedbergh won a short, jumping in the rebound to take the lead just before half time.

Rory and Jack put in standout defensive performances, as Sedbergh held on to secure their place in the North west finals next term!

Sedbergh 2 - Kirby Stephen 1

Netball

U16A v Queen Ethelburga's (A) Losy 33-34

Report written by Daisy

Sedbergh U16 A traveled to Queen Ethelburgas on Monday afternoon. In the first round of the Sister in Sport cup. In quarter 1 the nerves were high, and the opponents started off strong taking an early lead. In quarter 2 we started to warm up and start working better on our connections through court. Quarter 3 came around, and we came back much stronger leaving us up by 6 goals by the end of the 15 minutes. In quarter 4 we worked hard till the last minute, making it our best quarter. Overall everyone worked well together, our effort increased as the quarters went on and the travelling supporters made it even better. Unfortunately we just missed out on the win and the final score was 33-34 to Queen Ethelburga's.

1st VII in County Finals (H) 1st place

The 1st VII took to court in the U19 Cumbria county round on Wednesday. It was a great opportunity to try out some different combinations and work on some key things we are looking to improve upon following our previous games. High percentage shooting for Liz, Heather and Ella saw a flurry of goals in all the games, being fed by our mid court trio of Pippa, Maddie and Sadie putting in some confident balls. Our defence unit of Hannah, Libby and Kaia applied the pressure, turning lots of ball to work down to our attackers. The girls played some confident netball and were all in high spirits which was great to see and made an enjoyable afternoon of netball.

4 out of 4 wins sees them through to the regionals round in the new year.

U15A v Harrogate GS (A) Lost 21-29

Following a slow start in the first, the team of 9 worked tirelessly in the next two to take a win 14-9 in the middle two quarters, Poppy D. worked the defensive half tirelessly to prevent a determined and drilled Harrogate shooting duo from getting ball to goal. In centre court it was Bella R. who shone, her direct drives and well-placed passes combined with rapid speed and half court press maximised the team's possession in attack.

Despite a valiant team effort, lack of continuity, precision and accuracy prevented us from maintaining the momentum needed in the 4th to secure the win and despite coming within 3 Harrogate were just too in sync to crack, stealing the win with a final quarter victory 11-6. Well done to Lucy H. for receiving players player and to Poppy D. and Bella R for receiving coaches' player. Thank you to all the parents for their support and to Miss Ascough as our travelling coach, scorer and wing women!

Running

English Schools XC Cup

Three Sedbergh teams progressed through to National Finals (only school to do that).
Junior Girls (Yr 7/8 - Prep)
Intermediate Girls (Yr 9/10)
Intermediate Boys (Yr 9/10)

Tennis

U15A v Manchester GS (A) (National Cup) Lost 12-0

A tough fixture for the boys who qualified for this round last summer and came up against some top seed junior tennis players. The doubles fixtures were more competitive with pair 1+2 losing out 6-3 with some long rallies. Huge well done to Will, Bruno, Toby and Isaac for their efforts during the fixture.





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