



Sedbergh
SCHOOL

SPORTS REPORT

06 JANUARY - 12 JANUARY 2025

SPORTS RESULTS

Rugby

Boys U17 A & B v Gosforth Academy, Dame Allan's Schools & Tyne Metropolitan College (A)

In very cold playing conditions at Kingston Park in Newcastle, the JBS squads played two games each under lights. Both sides won all matches v Dame Allan's and Tynemet and in the process played some great rugby at times. Lots of time in possession allowed Sedbergh to stretch the opposition with their superior skill set and fitness on a fast Newcastle Falcons 4G surface. The A team forwards in particular were extremely impressive consistently providing front foot ball with some outstanding decision making when in a passing or carrying position based on the opposition defence. In a week where very little fixtures have been played across the country this was a great experience for our players to get some valuable minutes in against different opposition.

Athletics

Senior, Inter and Juniors Boys and Girls Manchester Indoor Open (A)

The under-17 and under-20 athletes competed in the Sale Harriers Open League at Sports City, Manchester. This was a competitive event attended by club athletes from across the country. It provided a great opportunity for our athletes to start their season, achieving early success with personal/season-best performances.

Notable performances included:

Daniel De Lannoy (H) setting a 60m school record (7.48s)

Vicky Chapman (L) setting school records in the 60m (8.04s) and high jump (1.61m)

Cross Country

UK Athletics Cross Challenge – Glasgow

The third round of the UK Athletics Cross Challenge Series saw three of Sedbergh School's top runners journey to Glasgow to compete against the nation's best. Following the previous rounds in Cardiff and Liverpool, the event once again showcased the highest standard of cross-country running in the UK.

U15 Boys

George M (10H), determined to bounce back from his 39th-place finish in Liverpool, delivered an exceptional performance. Racing on a frost-covered course with frozen ground, George established himself in a competitive group of six runners near the front of the pack. While he faded slightly in the final stretch, he crossed the line in an impressive 13th place—a significant improvement and a testament to his grit and determination.

U15 Girls

In the U15 Girls race, Lucia C (9R) continued her fine form. From the starting gun, she positioned herself well among the frontrunners and held her pace throughout. Her strong effort earned her 9th place, improving on her 14th position in Liverpool and demonstrating her growing consistency at this level.

U17 Boys

The final race of the day featured the U17 Boys, with Hugo B (11SH) once again stepping up to the challenge. In a mixed-age race that included U20 athletes, Hugo ran aggressively from the start, navigating the challenging course with precision. He climbed through the field steadily, finishing an outstanding 7th—up from 11th in Liverpool.

Building Experience at the Highest Level

These Cross Challenge events are unparalleled in their competitiveness, providing invaluable experience for Sedbergh's athletes. With each race, their confidence and capability on the national stage continue to grow.

The next stop in the series is Leeds on 8th February, where the Sedbergh runners will aim to build on their remarkable performances.





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