

SPORTS REPORT



SEDBERGH
SCHOOL

FOUNDED 1525

02 OCTOBER - 09 OCTOBER 2023



*“ALL IT TAKES IS
ALL YOU’VE GOT.”*



@SEDBERGHGIRLS



@SEDBERGHSPORT

SPORTS RESULTS

Basketball

1st Team v QEGS Penrith (A) | Won 43-34

QEGS were already warming up when we arrived and looked strong with some big players. The Sedbergh boys looked short in comparison with our tallest players missing from the squad. However Isaac S (W) has springs for legs and can leap higher than trigger and so it proved with the number of rebounds he claimed against far taller opposition time and again. All the boys put in a good shift; Paidi R (W) sunk a few 3's, Seth F (W) controlled the game superbly as point guard, and Benedikt T (E) again was all over the court breaking up attack after attack. But the performance of the match was from our Captain, James M (P) who was simply sensational. His superb dribbling skills split apart their defence time after time and his skill allowed him to score points at will. The Sedbergh boys won 43 points to 34, and the manner in which they did this is a credit to Sedbergh. No back-chat to the referee, no arguments or taunting the opposition, just all out commitment to play well, play for each other, and play fairly. They are a great group of boys.

Badminton

1st Team v QEGS Penrith (A) Won 14-12

A very good match which we won 14 games to 12. There were some very close games that were fought to the final point. All players won at least one game. The Team played some good badminton with Captain Sam displaying some excellent jump smashes. Aviv and Seme showed gritty determination. Birthday girl Seme was rewarded with some donuts from Sainsbury after the match. Lots to learn but everyone played some long hard-fought rallies. Well done, Team Badminton!

Rugby

2nd XV v Kirkham (A) | Won 36-21

Sedbergh Second XV played Kirkham, in what always is a fiery occasion. The decision to play the second team on a smaller pitch was clearly an attempt to stifle Sedbergh's renowned expansive style of rugby. However, what unfolded was a dominant performance from the Sedbergh Second XV that showed they were more than up to the challenge. From the outset, Sedbergh demonstrated their mettle as they matched Kirkham's physicality head-on. The game showcased Sedbergh's ability to patiently construct multi-phase attacks, biding their time and waiting for the opportune moment to strike.

While Kirkham did manage to sneak in a couple of late scores, it was merely a consolation as Sedbergh had firmly established their dominance throughout the match. One standout performer was Paddy JB, whose physicality in defence and his ability to gain crucial go forward in attack was pivotal to the team's performance.

In the end, Sedbergh's adaptability, patience, and physicality prevailed, securing a well-deserved victory.

3rd XV v Kirkham (A) | Won 33-19

On a blustery day at Kirkham the 3rds played into a strong wind and had a narrow advantage at half time after fine tries from Spencer and Eyres. The home forwards piled the pressure on in the second half but strong defence in particular from Veiner held them out and the 3rds recorded a fine win in difficult conditions.

5th XV v RGS Lancaster 4th XV (A) | Won 36-5

The 5th team played a great game against a solid 4th Lancaster 4th team. The two teams were evenly matched for a considerable period before a Sedbergh turnover leading to a the first try. This opened the door for a further two tries before half time from keeping the ball through multiple phases. Changes at half time sparked another early try from a back move. Lancaster were well structured in the second half and put Sedbergh under some defensive pressure. However, Sedbergh dug deep and were able to add more points to the total. Following a penalty, late in the game, Lancaster were able to get on the score sheet from an impressive set piece. Sedbergh reacted well and replied with a final try to finish the game 36-5.

U14C v RGS Lancaster (A) | Won 17-15

1st XV v St Peters (H) | Won 52-14

Sedbergh put in a good performance against a spirited St Peters side on Busk. Sedbergh's physicality and skill set in slippery conditions proved to much for the opposition on the day. We now look forward to welcoming Blackrock to Busk in a huge clash on Saturday.

2nd/3rd XV v St Peters 2nd XV (H) | Won 50-0

In a match against St. Peter's York, Sedbergh showcased their depth by fielding a mixed 2nd and 3rd team. Despite the introduction of many new faces and combinations, Sedbergh delivered a dominant performance, with several outstanding moments of rugby.

Notable contributions came from players like Oliver S, Zak H, and Oliver H, who made their presence felt on the field. However, it was Elliot M who earned the Man of the Match title, particularly for his leadership in what could have been a challenging afternoon due to the number of new faces.

Sedbergh's Second XV capped off a successful week, securing three wins in a row and building valuable momentum. With their sights set on the upcoming match against Blackrock, the team is in a strong position and ready for the weekend ahead.





4th/5th XV v St Peters 3rd XV (H) | Won 62-0

The 4th/5th combo looked convincing against St Peter's keeping them on the back foot for 90% of play. As the second half wore on some champagne rugby support play saw several great tries as Peter's simply ran out of defence. It was frustrating at the end that when told on the last play to simply close the game out and imagine they were two points up against Millfield that we managed to give away 3 penalties and nearly conceded a try over the course of 10 minutes. Definitely something to work on as we will need a brutally clinical edge if we are to beat big tests in the second half of the season.

U15A v St Peters (H) Won 26-14

In a game of two halves Sedbergh held on to the win after an impressive first half on Powell.

U15B v St Peters (H) | Won 43-0

After an untidy start to the game B2 settled into a controlled performance building pressure as the game went on.

Once the St. Peter's line was breached tries came at regular intervals.

This was a really good performance by the boys founded on the back of some hard work in defence.



U16A v St Peters (A) | Won 48-5

A1 continued their good form away against a resolute St Peters side that battled right until the end. The Brown played some of their best rugby to date in the opening 30 mins and scored five strong team tries through Brookes, Thompstone, Bayston and a double for Jacques T. The A1 side were very much purring at half time. The second half was a bit more fragmented, but still A1's dominance shone through with two more well worked tries through Jewsbury and a Hat trick for Jacques T. However, St Peters did not give in and forced an error in the Brown 22 and pounced to score their only try. A1 bounced back and finished off a try from their own 22, with all five of their front five carrying and offloading to score a brilliant try. A week of prep now for the Millfield festival where we play Blackrock and Clifton on day 1.

U16B v St Peters (A) | Won 27-7

After a tough start of the season A2 put together the performance of the weekend in an outstanding victory at St Peters. Sedbergh played some brilliant rugby on both sides of the ball and thoroughly deserved the win in a very impressive team display.

U14A St Peters (A) | 62-12

C1 ran out comfortable winners against a gutsy St Peter's side and played some of their best rugby of the season to date. In a competitive first half St Peter's had the majority of possession but a loose kick straight to Fred T saw the winger score a fine individual score which was quickly followed by a Conrad B interception try. Bruce added a second after some excellent phase play but Peter's responded with a score of their own just before half-time to keep the game alive. However, Sedbergh started to put more width on the game after the break and this paid dividends as we ran in 7 second half tries, with Taylor bagging 4, Bruce a hat-trick and Carss a brace. As always there are things to improve but this win will give the side confidence heading into their opening cup game at Lancaster on Wednesday.

U14B v St Peters (A) won 50-0

Hockey

U16A v Grammar School Leeds (A) | Won 5-4

The U16A had their first match of the tier 1 competition on Monday as they opened their account against GSAL. The game was played with real intensity with many of the girls getting their first taste of U16 hockey in what turned out to be a very tight affair.

Sedbergh found much joy down the left hand side with captain Olivia beating her player on a number of occasions. This came to fruition after 7 minutes as Olivia beat her opposite number before playing a ball across the P spot which was put away nicely. GSAL responded quickly finding a well worked goal of their own. However, Sedbergh stuck to their basics and a period of pressure was rewarded when Darcie found herself one on one with the keep. Some calm skill saw her shift the ball to her right foot before guiding a reserve in the top left. The first of two goals for Darcie. Again the game hung in balance with GSAL replying with another goal of their own. Sedbergh put on a real show in the final 10 of the first half firing home three goals in quick succession. The highlight a drag flick from Ginnie on the half time whistle, which provided Sedbergh with a 5-2 cushion going into the break.

GSAL came out of the gates and a few loose passes gifted GSAL two easy goals. Sedbergh showed a real fortitude in the final 5 minutes and outstanding defending from Freja and Bella helped close out a highly competitive affair against tough opposition. A win to be proud of but much to work on!

1st XI v Repton Lost (H) | 6-1

The girls had a tough day on Newfield against the reigning National Champions. Battling hard and showing true grit Sedbergh made it to the break just 2-1 down thanks to an excellent Lindsey goal.

However, the sheer effort required to stay with Repton eventually told with Repton finding the net 4 more times throughout the half.

Along with Captain Lindsey, all the girls should hold their heads high for fully committing to the game.





2nd XI v St Peter's (H) | Won 7-1

The second XI returned to action this week at home to St Peter's York second XI

Saturday was by far the best second team performance of the season to date. From the outset Sedbergh took control of the game. Sedbergh dominated possession in the first five minutes and were rewarded when a well worked penalty corner saw Sedbergh take the lead with an easy tap in on the near post.

This week's focus point has been leading with purpose. The axis of Annie and Freja at the back provided the perfect foundation for wingbacks Anna and Ella to play with height and width as they interlinked fantastically with Olivia and Jemima before re-leading once again! The expansive brand of hockey on display from Sedbergh created huge opportunities down the baseline and forward Evie seized this with her first of three goals coming from an audacious baseline strike that left the St Peter's York keeper perplexed and many in a state of awe. It will be a serious challenge for anyone to score a better goal this season!

Sedbergh entered the break 2-0 up and we're certainly not home and dry.

The off the ball work was even better in the second half. The press was fully formulated with all forwards working hard to backwards press. This increased pressure allowed Sedbergh to turn the ball over in much more dangerous places to which Sedbergh took advantage. Some calm and composed stick skills in the D allowed Sedbergh to find feet and win short corners. Sedbergh found a clinical streak with Scarlett, Evie and Hannah all netting in the second half from the set piece.

That said St Peter's fought for the entirety, scoring on the counter break midway through the second half. Sedbergh responded well with two goals on the last five minutes!

Saturday was a performance that has been brewing for some time now and the quality of some of the passages of play was truly outstanding!

U16A v (A) Altringham | Drew 1-1

The U16's second tier one game was away at Altringham Grammer school. Whilst Sedbergh created numerous chances, the final connection deserted Sedbergh and a combination of good goalkeeping and robust defence from Altringham made for a frustrating day. Despite holding almost all of the possession and chances Sedbergh we're 1-0 down at half time. Sedbergh did however show real character converting a short corner early in the second half. That said Sedbergh couldn't quite find a winner in a tough game that finished 1-1.

1st XI v St Peter's (A) | Lost 2-1

Sedbergh fell to their second successive defeat of the week on Saturday as they went down to St Peter's.

This was a tired performance and one that did not showcase the teams usual zip and precision. In fact they struggled to keep possession against a very aggressive and physical Peter's. When Dunkin took the lead it seemed that we might get away with 'winning ugly' but sadly the performance fell away in the second half and although Dinsdale but in yet another best ever performance in goal it was not to be.

3rd XI v St Peter's (A)

U18C had a fixture on Saturday against St Peter's. The Team worked hard in both halves, improved greatly within the second half after discussing feedback at half time. The team played to our strengths with Ellie scoring in the second half. After working on communication during games sessions we put that into practice, and we communicated to each other making the person in possession aware of spaces. In future, we need to work on looking up and passing through to the wings as the ball travelled through to the middle and the opposition multiple times when we were in possession. Quicker passes were needed and more efficiency but apart from that we played strong considering this was a mixed team of players. Overall, it was a great game but unlucky finishing score of 2-1 to St Peter. Player of the match went to Millie, well done everyone.

Sedbergh HC v Penrith (A) | Won 6-1

Sedbergh hockey club took the short journey to Penrith on Saturday to take on Penrith hockey club. It was a smaller team than usual, due to the St Peter's fixture being at the same time. It was fantastic for Sedbergh to be able to field teams for both fixtures.

The girls set out with intent, and brought together the drills they had practiced throughout the week. For the first time this season, the communication was excellent without prompt, and the girls have really started to gel together as a team. Sedbergh found the back of the net for their first goal after 10 minutes of play, following a successfully worked penalty corner. Following this, 3 more goals came from open play, with Robyn, Fran and Alice B all scoring. Penrith were able to score 1 goal in the first half after relentless goal keeping from Alice, who saved many of Penrith's on-target shots. Captain Bea unfortunately was injured in the first half and so the team were down to one substitute. The girls fitness prevailed in what felt like a long and gruelling 70 minutes, and they scored 2 more goals from Robyn and Miss Jennings-Adams in the second half, taking the final score to 6-0. Robyn and Fran played excellently on the wings and were jointly voted player of the match this week.



U15A v St Peter's (H)

We played the much-anticipated match against St Peter's yesterday! It did not disappoint! We started with a BOOM as we all chanted BROWN then we were off. The first half was steady and we kept the ball going both ways, then suddenly it all clicked into place and no one could stop us! The defenders were on a roll and wouldn't let anyone in the D.

Out of nowhere Darcey comes sweeping in and ready with aggression. She scores our first 3 goals earning herself a hattrick and definitely a comeback! During half time we had a stern team talk highlighting the positives but also chatting about what we can do better! #alwaysroomforimprovement. In the second half we were coming back with the sedbergh relentlessness that everyone's looks for.

Everyone was pushing over and over in this half working there socks of in every second. In the second half we were on a roll! And the team bonds were clicking. Darcey scoring another goal. Lucy's amazing 2 goals showing her skills. Penny hitting in 2 fabulous goals. This game was amazing. Thanks to St Peter's for showing up with resilience.

U15B v St Peter's (H) | Drew 1-1

The U15B's had a very successful game on Saturday drawing 1 all with St Peter's. Throughout the entire game it was a close contest for the ball and after St Peter's scoring their first goal the girls turned it around and played very well in the second half. With Stella M playing a new position, and Sophie L being ready on post, we managed a very exciting goal. Overall the team played with confidence and joy to end with a great result.

U14A v St Peter's (A) | Lost 4-2

The U14's went down fighting against a physically superior St Peter's, whose well drilled long ball tactics and agricultural defensive style upset any Rhythm and passing patterns the girls tried to fashion. Barker, Luckin and Renison all had moments however, the performance was disjointed and struggled for tempo at times. Luckin's reverse stick goal was a fantastic piece of individual skill. Lots of positives and with more time together this team has the potential to grow into a good unit.

U14B v St Peter's (H) | Won 3-1

Report written by Sophie N

We played really well in our match against St. Peters, getting the first win of the season. Some of our focuses for the game included ensuring with marked tightly in defence, used the midfield players as playmakers linking between the defence and forwards with lots of passes and not trying to carry through the middle and our forwards to attack with speed, but also be able to get back when needed and be able to recognize when we had to stay up.

The first goal was scored by Ruby D in the first half on the game. She scored an excellent goal by tapping it into the corner from a cross in, getting her first goal of the season. The second goal was scored by Amelia L in a short corner with an excellent hit into the goal. The third goal was scored again by Ruby D only seconds after the center pass was taken.

Overall, the U14 played an excellent game and had great fun doing it.



U19 South Lakes Netball Tournament (H) | 1st Place

The 1st VII put out a very enjoyable display of netball on Wednesday taking part in the U19 South Lakes tournament. The girls looked to build upon their units and connections and they certainly did that coming away with 4 wins out of 4 and winning the tournament. Every player made their mark and contributed throughout with intercepts, feeds, goals and it was good to see the relationships on and off the court growing. A great afternoon of netball played and made even better seeing the team really enjoy playing their netball.

U15A/B v Stonyhurst A (A) | Won 20-13

U15B/C v Stonyhurst B (A) | Won 19-8

Written by Amelie M

Today we played Stonyhurst U15 B's, we were off to a great start in the first quarter leading by 3 goals and continued playing well throughout the whole game and finished the game winning 19-8. There was great defensive partnership from Macarena and Stella M, with Amelie M bringing the ball nicely through court. Hettie C and Violet J were great at shooting and it all paid off in the end.

POM - Hannah S

Coaches Player - Amelie M

U14A v Stonyhurst (A) | Won 25-19

The match against Stonyhurst was successful with a ending score of 25 - 19. while we started with a few rushed decisions it was quickly cleared up by some quick controlled passes and excellent placing, a special shout-out to Bea's constant control of the ball and Ruby's on-point shooting with a well deserved player of the match to Betsy.

U14B v Stonyhurst (A) | Won 10-6

The under 14B girls played a successful match against Stonyhurst on Wednesday the 4th of October. Coming away with a win of 10-6. The girls played very well, created space and made good accurate passes. The player of the match was Savansha K which was well deserved after keeping calm when shooting against some harsh defenders. Well done, Sedbergh.

U14C v Stonyhurst (A) | Lost 8-22

Despite the result, the girls really enjoyed the fixture and it proved to be a very valuable learning experience to face a tougher opposition and know how to work the ball safely through the court. Well done to Ana who got player of the match as a great all rounder in the game.

Running

English Schools XC Cup (A)

Thursday 5th October saw the first round of the English Schools XC Cup competition take place at Hunter Hall School, Penrith. Emphatic performances from Sedbergh pupils saw all four of our teams taking part qualify for the Regional Round of the Cup. Teams comprise six runners with the highest placed four runners scoring for the team .

The lowest scoring four teams progress. With many Cumbrian schools unable to field Senior teams, both our Senior teams received a bye through to the Regional Round of the competition which will take place at Sedbergh on Wednesday 8th November.

Our Y9 and 10 boys team placings saw George coming 3rd, Harry 4th, Ollie 8th and Ben 15th meaning overall they finished in 1st place. The Y9 and 10 girls team saw Julia come 3rd, Daisy 4th, Ruby 7th and Emily 8th meaning they also finished 1st . Both teams ran well and progress to the next round.



**SEDBERGH
SCHOOL**

FOUNDED 1525

**Admissions@sedberghschool.org
015396 20535**

WWW.SEDBERGHSCHOOL.ORG

