



Sedbergh  
SCHOOL

# SPORTS REPORT

02 DECEMBER - 08 DECEMBER 2024

# SPORTS RESULTS

## Sports Colours

Hockey: Ruby H & Amber G

## Rugby

### Boys U14B v Lancaster Royal Grammar School (H) Lost 46-10

This match was an opportunity for some to play their first game of rugby at Sedbergh, and for some to play their first game of rugby ever! Lancaster were a strong team of some big boys, and we struggled defensively, but the team show grit and determination throughout. Team cohesion has improved massively over the term, with players having each other's backs throughout the match. Those who played their first game did really well, and should be proud. C2 unfortunately lost 46-10, but it was a day of first starts and teamwork. well done boys.

### Boys U18A v Millfield School (A) Lost 33-10

In a much-anticipated fixture against traditional rivals Millfield Sedbergh started well but unfortunately couldn't turn early territory into points. Millfield then opened the scoring against the run of play with an intercept try and quickly followed this with another score next to the Sedbergh posts. Down 14-0 Sedbergh hit back with a great try from E Marschall but this was immediately followed by another easily executed try from the home side. Down 26-10 Sedbergh again started the second half well, but consistently desperate Millfield defence stopped any momentum as they held us up on four separate occasions and finished with another try of their own to ultimately seal a comfortable victory. Millfield were deserved winners.

### Boys U18B v Millfield School (A) Won 26-14

Sedbergh travelled to Millfield for one of the most highly anticipated fixtures on the school rugby calendar. With this being their first outing since a tough defeat to Wellington, Sedbergh's 2nd XV were determined to put in a strong performance to close out their season on a high.

The first half was a tightly contested affair. Sedbergh opened the scoring with a well-taken penalty, but two errors handed Millfield the opportunity to capitalise, resulting in two tries that seemed to put Sedbergh on the back foot at 14-3. However, just before halftime, Sedbergh scored a crucial try through a driving maul, narrowing the deficit to 14-8. That late score shifted the momentum significantly and provided a much-needed boost going into the break.

The second half saw exceptional game management from Sedbergh. Recognising the value of points in a tightly fought contest, they took advantage of penalties in key areas to add three points at a time, gradually chipping away at Millfield's lead. In the final third of the match, Sedbergh took control, dominating field position and possession. Sedbergh were rewarded with two vital tries from Hugo H and Freddie W, which turned the game decisively in Sedbergh's favour and ensured a memorable victory.

Special mention must go to Fred GS, whose kicking under pressure was instrumental in keeping Sedbergh in contention throughout the match. Ben J also deserves recognition for an outstanding performance in the second half, especially in his first game back after a long injury layoff.

### **Boys U18C v Millfield School (A) Lost 7-38**

The 3rds were well beaten by a lively Millfield team who were very dangerous with ball in hand. Again the 3rds were guilty of missing a few good chances when on top and an interception from his own line by the Millfield fly half in the second half made a big difference. Although a disappointing final result the 3rds can be proud of a very good season. Well done boys.

### **Boys U18D v Millfield School (A) Lost 50-19**

The 4XV faced a tough game against a dominant Millfield team. The team showed resilience despite a challenging first half. In the second half, their persistence paid off, resulting in three well-earned tries. Unfortunately, Millfield's lead was too great, and Sedbergh were unable to catch them. It was wonderful to see the Year 13s play their final game for SSFC, with many parents there to support them.

### **Boys U16A v Millfield School (A) Lost 29-5**

Once the squad had ridden out the nervous start and seen their ability to apply pressure, the team performance in the first half was strong. Soft tries were conceded due to poor decision making but there is no better way to learn how to manage these scenarios than in this important fixture. The boys went into the break one score behind.

The second half was challenging, chasing the game and this led to mistakes being made after good initial breaks when in attack. Even though Millfield produced more scores, Sedbergh's defence has improved dramatically since Wellington and the coaching staff were proud with the development shown.

### **Boys U16B v Millfield School (A) Lost 17-5**

A2 put in their best performance of the season against an unbeaten Millfield. A2 were the first to score early in the first half but then conceded three tries rapidly whilst playing up the slope. However, in the second half A2 put Millfield under a lot of pressure and if it weren't for some handling errors in key moments the result of the match may have been reversed. H Shuttleworth led the side incredibly well, his lineouts were accurate and he carried exceptionally well. M Lythe and T Follett could have been mistaken for Victor Matfield and Bakkies Botha with their work rate and ferocity in contact. Whilst Millfield were deserved winners A2 can be proud of their efforts; the key learning point is for them to take their chances and keep a calm head in the opposition 22.

### **Boys U15A v Millfield School (H) Lost 10-5**

In a long-awaited final fixture of the season for both teams, it was the visitors that sneaked the victory by a score. In an even match - where both defences gave everything, it was the home side that scored a superb try to go 5-0 up in the first 10 minutes.

B1 missing a number of players, were in no mood to be rolled over and a huge performance in their tackling and breakdown work, as well as the desire to look out for each other meant the Brown stayed in front for most of the first half.

It was though the power and tenacity of the Millfield side that wore down the home side and scored out wide after many phases. 5-5.

The second half was no different to the first and in a battling game, where neither side took a step back it was a kick over the top from the Millfield scrum half that eluded both Sedbergh winger and half back for the Millfield winger to pounce on the ball in the corner and score.

The game ebbed and flowed this way and that, but neither side could make any inroads and at the final whistle both sets of players were exhausted.

Lessons learnt from a season where there have been many highs and many positive reflections. All in all, every player that has worn the Brown shirt has done so with pride and passion.

## Boys U14A v Millfield (A) Lost 38-7

Colts C finished their season against their strongest opposition yet. Millfield were physical, quick and skillful. Sedbergh were brave, dogged and showed some moments of inspiration in attack. Individually Sedbergh defended well with the backs in particular making some excellent one-on-one tackles. However, collectively Sedbergh failed to shut down the Millfield attack and drift effectively, allowing the opposition runners in wider channels too much time and space. Some poor decisions at key moments also allowed Millfield to take control of possession and field position too easily.

Sedbergh caused Millfield problems when they attacked at speed and looked to move the ball. The scrum held up well and Sedbergh almost converted a line out drive into 5 points but came up just short. Most pleasingly, Sedbergh continued to show great determination and enthusiasm right until the final whistle.

Reflecting on the season, this young team has come a long way already and with some physical development, greater game understanding and on-field maturity and leadership, could flourish over the next few years into a highly competitive Colts XV.



## Hockey

### Girls U18A v Malvern College (A) Won 5-0

The first team travelled to Malvern College to play out a cracking game under lights. The girls were calm, crisp in their passing and decisive on the ball. Playing with flow and confidence. In opening the scoring they scored the team goal of the year. As Hawson fed Renison who then played a perfect ball down the line to Cosgrove. Cosgrove then found Gresswell who then connected to Goodhart who placed the ball into the left corner of the goal. On the stroke of half time Hawson smashed in a rebound to take a 2-0 lead.

In the second half Sedbergh controlled the play. Glover scored a great breakaway goal and then through a great ball from Herring found the goal again. Into the last quarter and Herring was involved again as she provided an airborne cross for Gresswell to smash away.

### Sedbergh HC v Penrith 2 (H) Won 9-1

On Tuesday, Sedbergh HC delivered an outstanding performance in their fixture against Penrith 2s. It was their best game of the season, with incredible energy and determination evident on the pitch. Their hard work was reflected in the final score. The team now looks forward to their next match against Kirkby Stephens 2s, their toughest challenge yet.

### Girls U16A v Kirkham Grammar School (A) Drew 2-2

Under 16 girls travelled down to Kirkham Grammar School on Tuesday unfortunately we had a rough start not playing our best and we're two goals down at halftime. The second half began as a far more open game with chances on both ends. We were relentless and fought back despite some challenges and frustrations. We brought the game to 2-1 with a goal from Sophie. Within the last 5 minutes we managed to level the game at 2-2 with a goal from Penny. An awesome fight back from the girls to get the draw.

### Girls U18A v Millfield School (A) Lost 5-1

Sedbergh endured the toughest of matches as they failed to back up Tuesday's performance. There was no lack of effort or heart however, coming up against a very strong Millfield side proved a step to far. Initially Sedbergh looked to be positive and created the first chance of the game when Hearld first intercepted a pass and then found Glover who's first time shot just went wide of the post. This woke Millfield up and the following 15 minutes saw the home side completely dominate Sedbergh. Pressing high, aggressively marking they put the Brown on the back foot. From the first penalty corner of the game Millfield scored a great flick. Soon after a backhand strike from a tight angle squeezed past Conrad's at the near post. More pressure, Hope, Herring and Hawson all made great tackles but when a loose ball fell to a blue stick in the D the finish was emphatic, into the top corner.

3-0 at half time and Sedbergh had to regroup. The second half was a lot better. Jones-Perrott started to find some joy on the right, Goodhart was tireless upfront and when Milbourn won a corner Newman stepped up to score another flick. At this point Sedbergh looked like they might get back into the game. Carnochan, Gresswell and Glover had chances but couldn't find a finish. With 8 minutes left Millfield settled the game with a nice deflection.

Not the result that Sedbergh wanted but the second half performance showed what they can do.

### Girls U18C v Stonyhurst (A) Won 1-0

The 3rd XI signed off the season in style with a 1-0 win away at Stonyhurst College. Dominant from the start it took a while to make the breakthrough, Rosie Nelstrop scoring for the second game in succession. The winning margin could have been greater, a player of the match performance from the opposition goalkeeper keeping Sedbergh at bay.

Heidi Wearmouth was awarded the Sedbergh player of the game with an impressive performance in the middle of midfield. It's been a season of great improvement and a deserved victory to finish.





### **Girls U16A v Millfield School (H) Lost 4-1**

On Wednesday the U16 girls hosted Millfield. A fast start to the game saw the Sedbergh girls put Millfield under some serious pressure. A game full of many chances saw Millfield take 2 in the first half to be 2-0 up at the break. Knowing that they were not out the game, the girls piled on more pressure and managed to get a goal back through Penny. Millfield continued to be more clinical than us and took the game away with another 2 goals. A hard-fought 4-1 loss for the Sedbergh U16's but lots of positives to build on and finer details to work on.

### **Girls U15B v Stonyhurst (A) Won 2-0**

Sedbergh U15B secured a hard-fought 2-0 victory over Stonyhurst U15B. Despite facing challenges, the team's concentration and relentless effort paid off. Their ability to maintain focus and execute their game plan under pressure was crucial to the win. This victory highlights the team's potential and their commitment to the team.

### **Girls U14A v Millfield School (H) Lost 6-3**

In an exciting U14 girls' hockey match, Midfield came out on top, but Sedbergh played their best game of the season, making it a match to remember. It was an intense and closely contested game, with both teams showing great skill, determination, and passion. Although Midfield won, it was Sedbergh's impressive improvement and teamwork that stood out. From the start, Sedbergh played with energy and confidence, delivering great passes and keeping control of the game. Their defense was solid, and their forwards were well-positioned and communicated well. They stayed calm on the ball and put together some excellent plays that kept Midfield on the defensive.

Midfield showed their resilience, though, and made the most of their chances with quick counterattacks and sharp finishing, which ultimately secured them the win. Even though Sedbergh didn't get the win, their performance was fantastic. Every player gave their best, and you could see how much they'd improved since the start of the season. The team's hard work, sportsmanship, and progress were clear to everyone, and while the score didn't go their way, it was obvious they've got a lot of potential for future success. Great effort from everyone.

### **Girls U16A v Trent College (H) Lost 8-1**

The U16 girls faced Trent College on Friday afternoon in the last of our National Cup group games. A strong start led to the first 10 minutes flying by with no score. Trent managed to score a couple goals in pretty quick succession. Penny managed to make it 3 in 3 games, scoring and bringing some energy and a potential come back for the girls.

The last 10 minutes saw Trent regain energy, and they managed to put away another few goals. The girls fought super hard, and a few played the full 70 minutes, including the centre back pairing of Daisy and Hettie who were super busy, as well as Ginny and Penny who ran the middle of the field well. A hard game for the girls saw us lose 8-1.

### **Sedbergh HC v Kirkby Stephen 2 (H) Drew 2-2**

Sedbergh HC faced a highly competitive match against league leaders Kirkby Stephens 2. Despite challenging weather conditions of rain and wind, Sedbergh HC made a strong start, with Foxton scoring the opening goal, followed by a second from Herring. In the second half, Kirkby Stephens mounted a determined comeback, equalizing in the final minute to end the game at 2-2. Knowing this fixture would be their toughest of the season, Sedbergh HC displayed remarkable resilience and determination. Their performance reflects the true spirit of Sedbergh, and they should be proud of their efforts.

## **Netball**

### **Sedbergh 1s vs Malvern 1s**

After a long journey down it was great for the girls to have a run out on court ahead of Millfield the next day. It was an opportunity to play some good netball against a good Malvern side but also to try out some combinations and tidy up our error count. It was a good game of netball played by both teams and the Sedbergh girls enjoyed playing with a bit of freedom and letting the ball go down court. Some great defensive pressure resulted in lots of turnovers which the mid court were clinical in taking the ball through court. The shooters were on form shooting goal after goal and keeping high in the percentages.

A good game with lots of opportunities for all the girls to contribute and have the chance at some valuable court time. Sedbergh took a convincing win.

### **Sedbergh 1s vs Millfield 1s - Loss 39-27**

It was a great match up as always between the two teams. The game started strong from the sedbergh girls, opening up a small lead but Millfield soon warmed up and a couple of turnovers saw them level the match in Q1.

We knew the match was going to be very well contested and that it was for the full four quarters. Every ball on court was contested by both teams, determined to take the win. However, it was Millfield ability to be clinical under pressure and continue to apply the pressure through court that gave them the edge and ultimately the win.

A great game of netball on display by both teams and despite the loss, the Sedbergh girls took lots of positives from the game and some really key work ons as we head into netball term in January.

PPOM - Annie

OPOM - Ella

### **Girls U18B v Malvern College (A) Won 28-6**

After a very long bus journey, the girls shook off their tired legs and got straight into a competitive fixture. Sedbergh dominated the first quarter with lots of intercepts in the defensive third and good rotations between the shooters in the circle. As the game went on, Sedbergh continued to grow in strength. The midcourt were able to master centre pass attack and show some strong direct drives through court. It was great to see lots of different combinations in this fixture and the girls trying out all of the structures practiced in training. Overall, a great fixture for all who took to the court.

CPOM: Bella Smith

### **Girls U18B v Millfield School (A) Lost 47-27**

The girls went into this fixture with positivity and determination. The first quarter was very close with only 4 goals difference between the teams. Sedbergh turned lots of balls in the defensive circle and also put pressure on Millfield on centre pass defence, causing errors by the opposition. After capitalising on this, the girls managed to break some of Millfield's centre passes, carrying this momentum on into the second quarter. Despite the girls best efforts, Millfield went on to win the match 47-27. Overall, this fixture was a great learning experience for the girls and their performance was one to be proud of.

OPOM: Eleanor Hanson

CPOM: Bella Smith



EST. 1525

# Sedbergh

---

SCHOOL

[Admissions@sedberghschool.org](mailto:Admissions@sedberghschool.org)  
015396 20535

[WWW.SEDBERGHSCHOOL.ORG](http://WWW.SEDBERGHSCHOOL.ORG)

